

HERTFORDSHIRE COUNTY AAA 10000m CHAMPIONSHIP

Thursday 1st July 1999

Woodside Stadium, Watford

Ian Johnston	SM	Puma TVH	1st	31:53.1
Richard Dally	Guest	Puma TVH	2nd	36:57.3
Martin Grimsdale	V40	Watford Harriers	3rd	38:34.3
Debbie Knott	SW	Chiltern Harriers	4th	48:54.8