**HERTFORDSHIRE COUNTY AAA CROSS-COUNTRY CHAMPIONSHIPS**

**SATURDAY 15 DECEMBER 1990 AT CASSIOBURY PARK, WATFORD**

**MINORS - U/13 GIRLS (3000m)**

 1 E Reeve Stevenage 13:27 19 S Hickey Watford H 15:07

 2 T Allen St Albans G Sch 13:42 20 K Duncan Stevenage 15:28

 3 C Kershaw Stevenage 13:46 21 K Chomka St Albans G Sch 15:35

 4 A Fisher Watford H 13:49 22 L Viallard Tring 15:41

 5 N Henson Shaftesbury Barnet H 13:50 23 A Matteson Verlea 15:51

 6 L Joslin Enfield 13:55 24 H Prowle Tring 16:27

 7 N Holloway Watford H 13:57 25 N Harrison Tring 16:30

 8 G Ripper St Albans G Sch 13:59 26 L Houston Verlea 16:43

 9 K Power Shaftesbury Barnet H 14:02 27 J Davis Verlea 16:43

10 C Murphy St Albans G Sch 14:15 28 T May Verlea 17:15

11 Al Trussler Watford H 14:16 29 C Costello Nicholas Breakspear Sch 17:52

12 E Burns Hertford&Ware 14:21 30 S Rabbitt Nicholas Breakspear Sch 17:54

13 R Felton St Albans G Sch 14:23 31 E Liminski Nicholas Breakspear Sch 18:00

14 N Saunders Stevenage 14:29 32 V Swaile Hertford&Ware 18:08

15 S Maughan Shaftesbury Barnet H 14:32 33 G Reffell Hertford&Ware 18:14

16 J Hinton Stevenage 14:39 34 M Tiwana Northfield Sch 18:34

17 K Locock Stevenage 14:57 35 An Trussler Watford H 18:42

18 R Nicholson Tring 15:06

TEAMS 1 St Albans Girls School (2,8,10,13) 33

 2 Stevenage & N Herts AC (1,3,14,16) 34

 3 Watford Harriers (4,7,11,19) 41

 4 Tring AC (18,22,24,25) 89

 5 Verlea AC (23,26,27,28) 104

**GIRLS - U/15 GIRLS (3000m)**

 1 J Mackay Kings Langley Sch 12:16 17 L Bradley Tring 14:37

 2 M Sears Fairlands Valley Spartans 12:56 18 S Kearsey Stevenage 14:43

 3 E Murray St Albans G Sch 13:03 19 V Holloway Watford H 14:50

 4 A Leach Stevenage 13:13 20 S Ogden Tring 15:01

 5 K Garner St Albans G Sch 13:18 21 K Holland Verlea 15:04

 6 S Bradburn St Albans G Sch 13:23 22 A Chandler Watford H 15:14

 7 M Hall Stevenage 13:28 23 K Meredith Enfield 15:21

 8 J Reynolds Enfield 13:45 24 R Taylor Enfield 15:45

 9 J Bracebridge Enfield 13:49 25 T Sampson Verlea 15:56

10 G Smith Hertford&Ware 13:53 26 M Mitchell Barnet 16:53

11 L Copeman Barnet 14:02 27 R Redwood Nicholas Breakspear Sch 17:03

12 V Quincy Tring 14:03 28 T Sanson Tring 17:17

13 K Watson Stevenage 14:15 29 L Robins Barnet 17:42

14 B Robey St Albans G Sch 14:20 30 Z Mead Northfield Sch 19:35

15 A Jackson St Albans G Sch 14:23 31 S Vincent Northfield Sch 19:36

16 A Albon Stevenage 14:31 32 C Thomas Northfield Sch 20:55

TEAMS 1 St Albans G Sch Girls School (3,5,6,14) 28

 2 Stevenage & N Herts (4,7,13,16) 40

 3 Borough of Enfield (8,9,23,24) 64

 4 Tring AC (12,17,20,28) 77

**INTERS - U/17 WOMEN (5000m)**

1 H Hutton Stevenage 18:34

2 V Hill Enfield 19:02

3 H Johnson Stevenage 19:13

4 T McKeown Verlea 19:22

5 M Papadopoulos Barnet 23:35

6 E Langston Verlea 23:51

NO TEAMS

**SENIOR and VETERAN LADIES (5000m)**

 1 K Mackay Shaftesbury Barnet H 16:17 31 J Simmonds Garden City J 20:15

 2 C Brace Verlea 16:23 32 K Flack Verlea 20:27

 3 S York Shaftesbury Barnet H 16:37 33 P Hicks Watford H 20:29

 4 M Brown Shaftesbury Barnet H 16:51 34 H Timmington Hertford&Ware 20:31

 5 R Cox St Albans S 16:57 35 S Gandee Hertford&Ware 20:36 v10

 6 J Drury Stevenage 17:15 36 C Markham St Albans S 20:38

 7 Z Lowe St Albans S 17:19 37 L Thompson Garden City J 20:49

 8 J Rogers Enfield 17:57 38 J Heathman Watford H 21:05

 9 J Adams Shaftesbury Barnet H 18:06 v1 39 M Anstey Garden City J 21:12 v11

10 Z Hilton Hertford&Ware 18:08 40 S Cordrey Verlea 21:14 v12

11 J Saunders Stevenage 18:12 v2 41 G Elliott Fairlands Valley Spartans 21:26 v13

12 J Vernon Stevenage 18:27 42 Ju Allen Shaftesbury Barnet H 21:45 v14

13 F Suter St Albans S 18:31 v3 43 S Hughes St Albans S 21:48 v15

14 M Millward Garden City J 18:41 44 M Shirley Barnet 21:56 v16

15 J Tofts Royston R 18:45 45 S Fletcher Garden City J 21:59 v17

16 R Robins Enfield 18:48 46 S Dillon St Albans S 21:59

17 D Prentice Verlea 18:52 47 D Hollick Luton 22:04

18 J Beggs Fairlands Valley Spartans 18:57 v4 48 M Ryan Barnet 22:25

19 L Skinner Garden City J 18:59 v5 49 S Harding Garden City J 22:40

20 J Mitchell Shaftesbury Barnet H 19:02 v6 50 J Holdsworth Garden City J 22:41

21 E Walls St Albans S 19:08 51 B Forster Shaftesbury Barnet H 23:20 v18

22 V Mitchell Garden City J 19:09 52 P Knowles Verlea 23:32 v19

23 K Cooper Hertford&Ware 19:21 53 S Keegan Barnet 23:34

24 S Berti Verlea 19:31 54 L Scheuber Royston R 23:45 v20

25 J Swinburn Royston R 19:33 55 E Draper Garden City J 24:27 v21

26 R Dungey Stevenage 19:43 v7 56 H Harrison Verlea 24:51 v22

27 D Lomasney Barnet 19:44 57 C Morgan Garden City J 24:54 v23

28 C James Watford H 20:01 v8 58 J Waller Watford H 24:58 v24

29 D Garwood Tring 20:03 59 M Lane Verlea 25:32 v25

30 C Jefford Hertford&Ware 20:15 v9

SENIOR TEAMS (Vets count as Seniors)

1 Shaftesbury Barnet H (1,3,4,9) 17 6 Hertford & Ware (10,23,31,34) 98

2 St Albans Striders (5,7,13,21) 46 7 Watford Harriers (28,33,38,58) 157

3 Stevenage & NH AC (6,11,12,26) 55 8 Barnet & District (27,44,48,53) 172

4 Verlea ‘A’ (2,17,24,32) 75 9 Garden City J ‘B’ (39,45,49,50) 183

5 Garden City J ‘A’ (14,19,22,37) 92 10 Verlea ‘B’ (40,52,56,59) 207

VETERANS TEAMS (Using Vet position only)

1 Shaftesbury Barnet H (1,6,14,18) 39

2 Garden City J (5,11,17,21) 54

3 Verlea (12,19,22,25) 78

[Source F1.66 - Women]

**YOUNG BOYS - U/11 BOYS (3000M)**

1 B Snowden Stevenage 13:08 23 D Herdman Shaftesbury Barnet H 15:12

2 M Lemon Shaftesbury Barnet H 13:21 24 S Richmond Old Gaytonians 15:19

3 J Rich Old Gaytonians 13:33 25 N Skinner Verlea 15:20

4 S Ward Verlea 13:34 26 P H-Jacobson Old Gaytonians 15:21

5 J Elliott Old Gaytonians 13:34 27 J Harrison Verlea 15:25

6 S Hunt Old Gaytonians 13:39 28 J Bacon Barnet 15:31

7 S Chang Verlea 13:53 29 M Wehrle Old Gaytonians 15:31

8 P Still Lochinver House Sch 13:57 30 A Stanbury Dacorum 15:45

9 A Webb Old Gaytonians 13:59 31 K Turner Watford H 15:50

10 G Levy Shaftesbury Barnet H 14:05 32 R Swaile Hertford&Ware 15:52

11 J Brookes Lochinver House Sch 14:26 33 M Cope Lochinver House Sch 16:10

12 K Skinner Verlea 14:29 34 K O’Reilly Shaftesbury Barnet H 16:17

13 C Armstead Verlea 14:35 35 D Dean Hertford&Ware 16:31

14 R Abrahams Lochinver House Sch 14:41 36 C Driver Hertford&Ware 16:42

15 M Attway Old Gaytonians 14:42 37 B Heapy Shaftesbury Barnet H 16:49

16 D Gridley Old Gaytonians 14:42 38 A Bailey Hertford&Ware 16:51

17 A Mann Lochinver House Sch 14:45 39 A Dickens Old Gaytonians 17:08

18 P Gibson Old Gaytonians 14:55 40 P Griffin Verlea 17:19

19 B Nadauld Stevenage 14:58 41 M Thompson Watford H 18:31

20 H Christensen Watford H 14:58 42 A Read Watford H 18:32

21 R Taner Lochinver House Sch 15:00 43 B Bromage Hertford&Ware 20:18

22 T Mackay Lochinver House Sch 15:11

TEAMS

1 Old Gaytonians ‘A’ (3,5,6,9) 23

2 Verlea (4,7,12,13) 36

3 Lochinver House Sch (8,11,14,17) 50

4 Shftesbury Barnet (2,10,23,34) 69

5 Old Gaytonians ‘B’ (15,16,18,24) 73

6 Watford (20,31,41,42) 134

7 Hertford & Ware (32,35,36,38) 141

**COLTS - U/13 BOYS (3000m)**

1 L Hunt Old Gaytonians 11:55 40 T Levinson Old Gaytonians 13:56

2 L Wells Enfield 11:56 41 J Field Old Gaytonians 13:56

3 J Clyne Enfield 11:56 42 P Mahaffey Dacorum 13:56

4 K Vickers Longdean Sch 12:26 43 D O’Connell Nicholas Breakspear Sch 13:57

5 N Ahmit Verlea 12:33 44 A Anstead Enfield 14:00

6 L Smith Enfield 12:33 45 P Spicer Kings Langley Sch 14:05

7 S Kirby Dacorum 12:36 46 T Bennett Old Gaytonians 14:06

8 A Tanner Lochinver House Sch 12:37 47 H Tobin Old Gaytonians 14:08

9 S Walker Enfield 12:46 48 R Beeton Hertford&Ware 14:10

10 S Barnes Old Gaytonians 12:52 49 G Gordon Enfield 14:10

11 D Shovelton Old Gaytonians 12:52 50 R Chicken Lochinver House Sch 14:14

12 P Goodwin Longdean Sch 12:52 51 P Sutton Enfield 14:15

13 M Stanbury Dacorum 12:57 52 N Browne Sandringham Sch 14:21

14 S O’Reilly St Albans Sch 13:00 53 A Smith Old Gaytonians 14:23

15 R Ward Longdean Sch 13:01 54 T Patteson Old Gaytonians 14:26

16 T Dungey Stevenage 13:06 55 D Whitamore Nicholas Breakspear Sch 14:35

17 J Speller Stevenage 13:10 56 G Durbridge Gst 14:37

18 C Cook Lochinver House Sch 13:13 57 A Goldsmith Watford H 14:39

19 S McKeown Verlea 13:15 58 J McNaught Lochinver House Sch 14:40

20 J Savage Longdean Sch 13:15 59 T Basciano Nicholas Breakspear Sch 14:40

21 R Harding Dacorum 13:18 60 M Anderson Nicholas Breakspear Sch 14:52

22 D Sanderson Longdean Sch 13:27 61 S Hawkins Sandringham Sch 14:55

23 P Bishop Shaftesbury Barnet H 13:31 62 M Haslar Watford H 14:57

24 M Walsh Nicholas Breakspear Sch 13:32 63 M Hughes Old Gaytonians 15:06

25 C Hobbs Old Gaytonians 13:33 64 D Kerridge Sandringham Sch 15:10

26 D Gurney Dacorum 13:35 65 R Warren Old Gaytonians 15:12

27 R Pitt Verlea 13:38 66 S Gelb Lochinver House Sch 15:18

28 C Bruce Enfield 13:38 67 M Mitton Kings Langley Sch 15:25

29 M Alexander Gst 13:38 68 M Scase St Albans Sch 15:27

30 T Munday Lochinver House Sch 13:42 69 A Arrighi Old Gaytonians 15:30

31 N Cowley Verlea 13:44 70 R Merrigan Watford H 15:35

32 D Twomey Old Gaytonians 13:45 71 D Frearson St Albans Sch 15:59

33 G Kenningham St Albans Sch 13:45 72 L Hanley Sandringham Sch 16:32

34 N Dally Watford H 13:45 73 S Walton Verlea 16:48

35 S Potter St Albans Sch 13:45 74 D Taylor Kings Langley Sch 18:49

36 B Johnson Nicholas Breakspear Sch 13:46 75 B Brewer Kings Langley Sch 19:18

37 D Smith Sandringham Sch 13:51 76 D Shepherd Kings Langley Sch 19:25

38 D Pedder Longdean Sch 13:53 77 J Ryder Kings Langley Sch !(:48

39 L Kelly Longdean Sch 13:53

TEAMS

1 Borough of Enfield ‘A’ (2,3,6,9) 20

2 Old Gaytonians ‘A’ (1,10,11,25) 47

3 Longdean School (4,12,15,20) 51

4 Dacorum (7,13,21,26) 67

5 Verlea (5,19,27,31) 82

6 Lochinver House School (8,18,30,50) 106

7 St Albans School (14,33,35,68) 150

8 Nicholas Breakspear School (24,36,43,55) 158

9 Old Gaytonians ‘B’ (32,40,41,46) 159

10 Borough of Enfield ‘B’ (28,44,49,51) 172

11 Sandringham School (37,52,61,64) 214

12 Old Gaytonians ‘C’ (47,53,54,63) 217

13 Watford (34,57,62,70) 223

**BOYS- U/15 BOYS (5000m)**

1 A Tappin Barnet 15:37 27 R Mortlemans Enfield 18:10

2 S Walsh Enfield 16:04 28 K Williamson Dacorum 18:15

3 C O’Farrell Old Gaytonians 16:10 29 T Kimber Watford H 18:16

4 A Buck St Albans Sch 16:11 30 A Whitamore Nicholas Breakspear Sch 18:17

5 A Slack Verlea 16:23 31 D Boss St Albans Sch 18:18

6 S McLuskey Old Gaytonians 16:25 32 N West Barnet 18:39

7 L Wells St Albans Sch 16:27 33 S Mitchell Kings Langley Sch 18:44

8 R Cox Dacorum 16:28 34 R Butchings St Albans Sch 18:46

9 K Sinclair Shaftesbury Barnet H 16:30 35 D Tees Watford H 18:49

10 R Donoghue Enfield 16:35 36 C Wallace Shaftesbury Barnet H 18:59

11 A Garratt Enfield 16:40 37 B Gross Old Gaytonians 19:06

12 R Morrisey Shaftesbury Barnet H 16:43 38 P Mann St Albans Sch 19:11

13 C Corby Stevenage 16:45 39 S Taylor Kings Langley Sch 19:29

14 R Lewis Enfield 16:47 40 R Jameson St Albans Sch 19:32

15 G Bush Old Gaytonians 16:56 41 D Felton St Albans Sch 19:33

16 S Fraser St Albans Sch 17:02 42 A Hunt St Albans Sch 19:40

17 R Harry St Albans Sch 17:03 43 P Ciesak St Albans Sch 20:01

18 W Mann St Albans Sch 17:14 44 P King St Albans Sch 20:03

19 R Slack Dacorum 17:24 45 B Kielman St Albans Sch 20:20

20 G Dean Hertford&Ware 17:25 46 G Ross Old Gaytonians 20:32

21 M Page Shaftesbury Barnet H 17:29 47 A Furness St Albans Sch 20:35

22 M Allen Verlea 17:34 48 D Hughes St Albans Sch 21:04

23 G Brazil Dacorum 17:46 49 M Wehrle Old Gaytonians 21:08

24 D Tongue Watford H 17:46 50 S Sinfield St Albans Sch 21:11

25 N Heller Old Gaytonians 17:52 51 N Collins St Albans Sch 22:05

26 J Lawler Dacorum 17:54 52 J Woolham St Albans Sch 22:05

TEAMS

1 Borough of Enfield (2,10,11,14) 37

2 St Albans G Sch School ‘A’ (4,7,16,17) 44

3 Old Gaytonians (3,6,15,25) 49

4 Dacorum (8,19,23,26) 76

5 Shaftesbury Barnet (9,12,21,36) 78

6 St Albans G Sch School ‘B’ (18,31,34,38) 121

7 St Albans G Sch School ‘C’ (40,41,42,43) 166

8 St Albans G Sch School ‘D’ (44,45,47,48) 184

**YOUTHS - U/17 MEN (6000m)**

1 K Bierton Shaftesbury Barnet H 17:29 19 P Stokes Verlea 19:29

2 M Smith Stevenage 17:40 20 D Hill Enfield 19:34

3 S Everington Dacorum 17:45 21 T Wendleken Dacorum 19:39

4 C Barrett Shaftesbury Barnet H 17:53 22 M Dilks St Albans Sch 19:39

5 S Shadbolt Shaftesbury Barnet H 17:56 23 J Lamb Old Gaytonians 19:40

6 E Gabbott Verlea 18:00 24 J Stewart St Albans Sch 19:40

7 N Gillingham Shaftesbury Barnet H 18:01 25 J Lawler Dacorum 19:42

8 S Ouseley Dacorum 18:04 26 J Dent Dacorum 19:53

9 P Turner Dacorum 18:07 27 D Anning St Albans Sch 20:18

10 M Kirby Dacorum 18:11 28 G McPherson Old Gaytonians 20:39

11 C McKeown Verlea 18:19 29 F Wilson Verlea 21:07

12 O Edwards St Albans Sch 18:28 30 J Harrison Watford H 21:11

13 E Shepley Shaftesbury Barnet H 18:45 31 S Sidhu Stevenage 21:16

14 A Long Verlea 18:51 32 T Gabriel St Albans Sch 21:39

15 N Fielden St Albans Sch 19:06 33 J Sharpe St Albans Sch 22:24

16 I Cattle Old Gaytonians 19:10 34 J Eason Watford H 23:00

17 D Burke St Columbas Coll 19:13 35 T Sampson Verlea 23:13

18 P Beresford St Albans Sch 19:19

TEAMS

1 Shaftesbury Barnet (1,4,5,7) 17

2 Dacorum (3,8,9,10) 30

3 Verlea (6,11,14,19) 50

4 St Albans G Sch School ‘A’ (12,15,18,22) 67

5 St Albans G Sch School ‘B’ (24,27,32,33) 116

**JUNIOR MEN (9000m)**

1 J Godden Shaftesbury Barnet H 25:51

2 D Coventon Royston R 26:50

3 C Woodd Dacorum 26:53

4 J Stupart Shaftesbury Barnet H 26:57

5 L Jackson Enfield 27:44

6 J Beedell Shaftesbury Barnet H 27:50

7 W Dumpleton Shaftesbury Barnet H 29:05

8 C Livingstone Verlea 29:12

9 A Clyne Enfield 29:19

10 N Shaikh Shaftesbury Barnet H 29:41

11 M Maple Tring 30:28

12 J Harley Enfield 31:08

13 D Matthews Enfield 32:03

TEAMS

1 Shaftesbury Barnet (1,4,6,7) 18

2 Borough of Enfield (5,9,12,13) 39

**SENIOR MEN (12000m)**

1 M Barnes Enfield 36:14 64 P Koenig St Albans S 47:15

2 K O’Connor Watford H 36:22 65 M broyd Enfield 47:23

3 A Mason Barnet 36:34 66 T Keeling Fairlands Valley Spartans 47:23

4 J Critchlow Watford H 36:45 67 K Richards Garden City J 47:30

5 K Noble Watford H 37:08 68 G Chalstry Watford H 47:37

6 A Ross Verlea 37:16 69 T Lawler Dacorum 47:40

7 R Turner Royston R 37:36 70 K Downing Tring J 47:44

8 M Adcock Watford H 38:35 71 H Aiken Barnet 47:46

9 I Roberts Watford H 38:41 72 D Edwards Garden City J 47:48

10 N Carty Barnet 38:45 73 G Wiggins St Albans S 47:51

11 R Watkinson Verlea 38:48 74 F Robinson Barnet 48:01

12 J Morgan Watford H 38:54 75 R Bloom Verlea 48:05

13 K McLellan Hertford&Ware 39:04 76 R Parles Watford H 48:08

14 S Bell Watford H 39:08 77 J Hall St Albans S 48:09

15 T Osborne Verlea 39:13 78 P Connor Barnet 48:09

16 G Huckwell Shaftesbury Barnet H 39:27 79 P Reeve Stevenage 48:13

17 M Earthy Barnet 39:34 80 D Mawer Stevenage 48:17

18 B Baker Watford H 42:18 81 M Pennington Fairlands Valley Spartans 48:17

19 P Raven Verlea 42:22 82 T Burbridge Lea Valley R 48:28

20 J Shearly Barnet 42:26 83 M Osborne St Albans S 48:51

21 A Holt Verlea 42:41 84 M Branigan Watford H 49:06

22 R Williams Fairlands Valley Spartans 42:46 85 R Foskett Verlea 49:10

23 S Francis Watford H 42:47 86 J O’Sullivan Watford H 49:11

24 N Saunders St Albans S 42:56 87 J Summers Garden City J 49:14

25 S Doyle Verlea 43:00 88 C Jones Garden City J 49:20

26 G Harrold Enfield 43:03 89 A Blacker Barnet 49:21

27 M Orton Watford H 43:06 90 T Parke-Davis St Albans S 49:31

28 A Stedman Verlea 43:10 91 K Blythe Dacorum 49:38

29 A Wood St Albans S 43:20 92 S Hay St Albans S 49:42

30 A Heathman Watford H 43:25 93 T Hann Lea Valley R 49:46

31 M Crees Enfield 43:32 94 R Ford Watford H 50:11

32 I Johnston Thames Valley H 43:43 95 G Hobson Verlea 50:16

33 R Porter Verlea 43:48 96 T Williams Hertford&Ware 50:23

34 K Burns Stevenage 43:56 97 S Allen Barnet 50:32

35 M Bradley Watford H 44:00 98 J Neville Barnet 50:39

36 T Fowler Garden City J 44:08 99 O Dyson Garden City J 51:04

37 M Knowles Verlea 44:22 100 B Carr St Albans S 51:05

38 D Dutchburn Lea Valley R 44:28 101 S Williams Garden City J 51:09

39 S Nicol St Albans S 44:39 102 C Storey Hertford&Ware 51:09

40 P Illing Watford H 44:42 103 S Roberts Garden City J 51:10

41 N Cole Verlea 44:47 104 J Clark Watford H 51:12

42 A Cunningham Barnet 44:58 105 P Kearney St Albans S 51:14

43 M Starr St Albans S 45:01 106 D Evans Royston R 51:23

44 J Shirley Barnet 45:12 107 J Gateley Watford H 51:25

45 D Knighton Stevenage 45:13 108 B Gubbins Watford H 51:31

46 S Owen Watford H 45:15 109 T Essam Tring J 51:34

47 R Garland Tring J 45:20 110 P Taylor St Albans S 51:42

48 D Wray Stevenage 45:30 111 T Corby Stevenage 51:46

49 N Huke Royston R 45:54 112 R Andrews Royston R 51:48

50 B O’Sullivan St Albans S 46:02 113 D Bird Hertford&Ware 51:49

51 T Hair Garden City J 46:11 114 F Mills Dacorum 51:55

52 J McKeown Verlea 46:17 115 L Cousens Tring J 52:02

53 R Swanston St Albans S 46:20 116 J Fulcher Barnet 52:05

54 S Greenway St Albans S 46:20 117 A Sinclair Fairlands Valley Spartans 52:31

55 M Jones Verlea 46:25 118 D Fryer Tring J 52:45

56 S Scheuber Royston R 46:27 119 S Harris Barnet 52:56

57 K Vickers Barnet 46:34 120 J O’Sullivan Lea Valley R 53:18

58 G Lock Hertford&Ware 46:43 121 D Bird Garden City J 53:36

59 C Cohen Tring J 46:52 122 J Freeman Stevenage 54:12

60 S Lowe Barnet 46:57 123 C Long Royston R 54:18

61 C Zacharides Barnet 46:59 124 A Dunn Berk 54:34

62 T Day St Albans S 47:05 125 C Perkins Berk 54:35

63 S Hutchinson St Albans S 47:09 126 C Stott Barnet 54:42

127 J Davis Garden City J 54:51 133 S Izzard Watford H 56:27

128 G Woods Garden City J 55:14 134 J Cooper Dacorum 56:51

129 T Allen Garden City J 55:14 135 I Duncan Stevenage 57:15

130 M Wilkins Garden City J 55:25 136 W Eyles Verlea 57:27

131 B Baker Royston R 56:02 137 H Hopkins St Albans S 58:17

132 G Neville Barnet 56:16

TEAMS

1 Watford ‘A’ (2,4,5,8,9,12) 40

2 Verlea ‘A’ (6,11,15,19,21,25) 97

3 Barnet ‘A’ (3,10,17,20,42,44) 136

4 Watford ‘B’ (14,18,23,27,30,35) 147

5 St Albans G Sch Striders ‘A’ (24,29,39,43,50,53) 238

6 Verlea ‘B’ (28,33,37,41,52,55) 246

7 St Albans G Sch Striders ‘B’ (54,62,63,64,73,77) 393

8 Watford ‘C’ (40,46,68,76,84,86) 400

9 Barnet ‘B’ (57,60,61,71,74,78) 401

10 Garden City Joggers ‘A’ (36,51,67,72,87,88) 401

11 Royston Runners (7,49,56.106,112,123) 453

12 Tring Jogging Club (47,59,70,109,115,118) 518

13 St Albans G Sch Striders ‘C’ (83,90,92,100,105,110) 580

14 Barnet ‘C’ (89,97,98,116,119,126) 645

15 Garden City Joggers ‘B’ (99,101,103,121,127,128) 679

[Source F1.65 - Men]