##### HERTFORDSHIRE COUNTY TRACK & FIELD CHAMPIONSHIPS

##### Woodside Stadium, Watford - Saturday/Sunday 20/21 May 1989

[Source B6.77]

[Source F2.46]

[Source F2.54]

##### MINORS (U13 Girls) (20 May)

100 Metres

1 J Carr Stevenage 13.7

2 K McNab St Albans Sch 14.7

3 H Akubue Watford H 15.1

4 D Gwinnell Watford H 15.4

5 S Sands Watford H 16.7

200 Metres

1 J Carr Stevenage 28.2

2 H Akubue Watford H 31.7

3 D Gwinnell Watford H 33.0

4 S Sands Watford H 35.2

5 T Allen Verlea 35.2

# 800 Metres

1 L Copeman Barnet 2:44.6

2 E Reeve Stevenage 2:50.8

3 S Hickey Watford H 2:53.2

4 E Harvey Dacorum 2:55.6

5 N Jarvis Borehamwood 2:58.6

6 C Firman Hertford&Ware 2:58.6

# 70 Metres Hurdles

**1 K McNab St Albans Sch 12.1 CBP**

2 K Hartmann Enfield 13.3

3 J Marchant Dacorum 16.7

4 T Allen Verlea 16.7

##### GIRLS Under 15 (21 May)

100 Metres Heat 1

1 E Hardy Hertford&Ware 14.1

2 L Kitchener Stevenage 14.1

3 B Zietsman Barnet 15.2

4 T Riley Borehamwood 15.5

5 E Best Stevenage 15.5

6 M Mitchell Barnet 15.6

100 Metres Heat 2

1 J Doodson Shaftesbury Barnet H 14.0

2 S Taylor Stevenage 14.4

3 N Sandison Enfield 14.5

4 S Gwinnell Watford H 15.0

5 S Ewings Barnet 15.5

100 Metres Heat 3

1 H Lee Stevenage 14.0

2 K Davis Watford H 14.3

3 C Wing Hertford&Ware 14.3

4 A Partridge Watford H 14.4

5 S Boon Stevenage 14.4

6 L Riley Borehamwood 16.4

100 Metres Final

1 J Doodson Shaftesbury Barnet H 13.6

2 E Hardy Hertford&Ware 13.8

3 L Kitchener Stevenage 13.9

4 H Lee Stevenage 14.0

5 K Davis Watford H 14.1

6 S Taylor Stevenage 14.2

7 A Partridge Watford H 14.3

8 C Wing Hertford&Ware 14.4

200 Metres Heat 1

1 K Davis Watford H 30.0

2 R Adams Stevenage 30.9

3 C Wing Hertford&Ware 31.7

4 J Chase Barnet 31.8

5 A Albon Stevenage 32.9

6 R Winterborn Stevenage 35.4

200 Metres Heat 2

1 T Anaman Shaftesbury Barnet H 27.8

2 S Taylor Stevenage 29.6

3 S Boon Stevenage 30.6

4 S Gwinnell Watford H 31.2

5 M Hall Stevenage 34.2

200 Metres Final

1 T Anaman Shaftesbury Barnet H 27.9

2 K Davis Watford H 28.9

3 S Taylor Stevenage 29.2

4 R Adams Stevenage 30.1

5 S Boon Stevenage 30.3

6 S Gwinnell Watford H 31.2

800 Metres Heat 1

1 N O’Brien Stevenage 2:29.2

2 A McKee Stevenage 2:29.8

3 H Johnson Stevenage 2:29.9

4 M Parrott Dacorum 2:30.1

5 H Perrin Hertford&Ware 2:31.2

6 M Groves Dacorum 2:37.5

7 R Adams Stevenage 2:39.5

8 E Harry Dacorum 2:49.2

9 L Robins Barnet 2:54.1

800 Metres Heat 2

1 H Hutton Stevenage 2:32.3

2 N Kean Enfield 2:37.0

3 G Smith Hertford&Ware 2:37.9

4 S Horsley Watford H 2:38.8

5 S Rody Dacorum 2:41.8

6 A Albon Stevenage 2:43.7

7 L Garner Hertford&Ware 2:48.1

8 R Moan Watford H 2:50.9

9 R Winterborn Stevenage 3:04.2

800 Metres Final

1 H Johnson Stevenage 2:24.6

2 N O’Brien Stevenage 2:25.2

3 A McKee Stevenage 2:29.5

4 H Hutton Stevenage 2:31.2

5 M Parrott Dacorum 2:34.5

6 H Perrin Hertford&Ware 2:36.0

7 S Horsley Watford H 2:36.9

8 M Groves Dacorum 2:36.9

9 G Smith Hertford&Ware 2:37.0

10 N Kean Enfield 2:37.5

75 Metres Hurdles

1 H Lee Stevenage 12.7

2 P Marchant Dacorum 13.0

3 L Kitchener Stevenage 13.5

4 M Levene Harlow 13.9

5 E Harry Dacorum 14.5

High Jump

1 H Lee Stevenage 1.49

2 N Sandison Borehamwood 1.43

3 M Mitchell Barnet 1.25

Long Jump

1 S Boon Stevenage 4.27/4.19

2 A Partridge Watford H 4.27/4.15

3 J Doodson Shaftesbury Barnet H 4.26

4 L Levene Harlow 4.18

5 M Mitchell Barnet 3.98

6 B Zietsman Barnet 3.95

7 J Carr Stevenage 3.90

8 E Best Stevenage 3.79

9 R Winterborn Stevenage 3.72

10 H Akubue Watford H 3.47

11 D Gwinnell Watford H 3.40

12 R Moan Watford H 3.25

# Shot

1 J Doodson Shaftesbury Barnet H 8.10

2 S Hoskins Chancellors Sch 7.90

3 V Honour Watford H 7.25

4 S Herlock Borehamwood 6.80

Discus

1 S Hoskins Chancellors Sch 22.94

2 S Rickman Watford H 22.00

3 M Levene Harlow 20.30

4 S Herlock Borehamwood 18.32

5 L Garner Hertford&Ware 17.74

**Javelin**

**1 V Honour Watford H 31.72 CBP**

2 A Mileing Chancellors Sch 30.48

3 S Ewings Barnet 9.22

##### INTERMEDIATES Under 17 (21 May)

100 Metres

1 C Akubue Watford H 13.4

2 E Abbot Enfield 13.5

3 S Hooker Shaftesbury Barnet H 13.7

4 N Keys Enfield 13.9

5 K Marsh Hertford&Ware 13.9

6 M Pomfrett Hertford&Ware 14.2

7 C Humphries Stevenage 14.7

8 T Pronto Shaftesbury Barnet H 14.7

**200 Metres Heat 1**

1 E Abbot Enfield 28.2

2 C Akubue Watford H 28.2

3 T Pronto Shaftesbury Barnet H [nt]

**200 Metres Heat 2**

1 C Ojeh Abbotts Hill Sch 26.7

2 N Keys Enfield 27.7

3 K Marsh Hertford&Ware 29.4

4 C Humphries Stevenage 29.8

**200 Metres Final**

1 C Ojeh Abbotts Hill Sch 25.5

2 C Akubue Watford H 27.4

3 E Abbot Enfield 27.5

4 N Keys Enfield 28.0

5 K Marsh Hertford&Ware 28.4

6 C Humphries Stevenage 29.0

**400 Metres**

1 J Aird Chancellors Sch 59.9

2 D Garwood Tring 61.5

3 T McKeown Verlea 62.2

4 L Hewlett Watford H 63.6

800 Metres

1 F Kearns Harlow 2:19.8

2 J Rogers Enfield 2:20.0

3 R Whitbourn Shaftesbury Barnet H 2:20.5

4 D Garwood Tring 2:24.9

5 M Rowe Shaftesbury Barnet H 2:28.5

6 C Rayner Dacorum 2:28.9

7 K Groves Dacorum 2:31.0

8 D Lomasney Barnet 2:32.3

9 C Carter Watford H 2:34.4

10 C Broom Stevenage 2:34.9

**3000 Metres (20 May)**

1 K McKay Shaftesbury Barnet H 10:11.3

2 C Rayner Dacorum 11:21.9

3 D Prentice Verlea 11:38.1

80 Metres Hurdles

1 F Nichols Parkside 13.0

2 S Hooker Shaftesbury Barnet H 13.3

3 K Cumming St Albans Sch 14.4

4 E Kedge St Albans Sch 14.4

5 C Pope Borehamwood 14.9

 P McNab (Vet) Watford H 13.5

High Jump

1 C Carter Watford H 1.40

2 C Pope Borehamwood 1.37

3 A Crowe Tring 1.34

Long Jump

1 D Levy Shaftesbury Barnet H 5.45

2 N Ojeh Abbotts Hill Sch 5.40

3 S Clark Essex Ladies 5.27

4 L Hewlett Watford H 4.71

5 C Russell Watford H 4.44

6 M Pomfrett Hertford&Ware 4.36

Shot

1 I Martin Luton 9.30

2 A Chase Barnet 7.96

3 J Taylor Dacorum 7.65

4 L Fleetwood Hertford&Ware 7.47

5 E Cowe Watford H 6.73

Discus

1 I Martin Luton 28.98

2 C Watson Tring 27.74

3 A Muller Enfield 25.56

4 J Taylor Dacorum 18.88

5 L Fleetwood Hertford&Ware 18.10

6 C Russell Watford H 13.78

Javelin

1 T Custance Borehamwood 30.94

2 A-M Muller Enfield 27.40

3 J Taylor Dacorum 19.84

4 D Hollick Luton 19.10

5 C Humphries Stevenage 18.06

6 E Cowe Watford H 15.64

##### SENIOR LADIES (20 May)

# 100 Metres Heat 1

1 V Francis Enfield 13.1

2 J Jackson Verlea 13.3

3 L Fabris Stevenage 14.0

4 P McNab (V) Watford H 14.5

5 L Page Harlow 15.8

# 100 Metres Heat 2

1 L Hopkins Enfield 13.1

2 K Bunning Hertford&Ware 13.3

3 A Owen Watford H 13.6

4 C Marsh Hertford&Ware 13.9

5 H Birch Margaret Dane Sch 14.6

# 100 Metres Final

1 V Francis Enfield 12.3

2 L Hopkins Enfield 12.8

3 K Bunning Hertford&Ware 12.9

4 J Jackson Verlea 13.4

5 A Owen Watford H 13.5

6 C Marsh Hertford&Ware 13.8

200 Metres Heat 1

1 V Francis Enfield 27.1

2 J Dale Stevenage 27.5

3 A Owen Watford H 28.2

4 C Marsh Hertford&Ware 28.3

200 Metres Heat 2

1 S Leigh Stevenage 26.3

2 L Hopkins Enfield 26.4

3 K Bunning Hertford&Ware 26.4

4 H Birch Margaret Dane Sch 30.4

200 Metres Final

1 V Francis Enfield 25.2

2 S Leigh Stevenage 26.0

3 L Hopkins Enfield 26.0

4 K Bunning Hertford&Ware 26.7

5 J Dale Stevenage 27.3

400 Metres

1 S Leigh Stevenage 56.1

2 J Allen Shaftesbury Barnet H 56.5

3 L Hopkins Enfield 57.3

4 J Dale Stevenage 60.0

5 J Vernon Enfield 62.9

800 Metres

1 L Adam Stevenage 2:12.6

2 C Brace Verlea 2:19.2

3 M Brown Shaftesbury Barnet H 2:35.2

1500 Metres

1 J Allen Shaftesbury Barnet H 4:40.5

2 C Brace Verlea 4:41.7

3 M Brown Shaftesbury Barnet H 4:56.0

4 J Lett Dacorum 4:57.0

5 J Coppinger Belgrave H 5:03.5

6 K Cooper Hertford&Ware 5:04.9

7 S Gandee (Vet) Hertford&Ware 5:41.5

100 Metres Hurdles

1 J Jackson Verlea 15.6

2 A McDonnell Tring 18.2

400 Metres Hurdles

1 S Leigh Stevenage 66.2

2 V Pritchard Borehamwood 67.4

3 A McDonnell Tring 67.8

4 S North Shaftesbury Barnet H 69.7

5 R Robins Enfield 70.3

High Jump

1 L Flynn Stevenage 1.65

2 H Birch Harlow 1.40

3 L Page Harlow 1.25

Long Jump

1 H Rogers Bristol 5.75

2 J Jackson Verlea 5.23

3 J Walker Dacorum 5.11

4 L Page Harlow 3.52

Shot

1 R Morris Shaftesbury Barnet H 10.44

2 B Jacobsen Hertford&Ware 9.97

3 C Muller Enfield 9.11

Discus

1 R Morris Shaftesbury Barnet H 36.74

2 B Jacobsen Hertford&Ware 26.38

3 H Shrosbree Harlow 26.56

# Javelin

**1 L Hayhoe Shaftesbury Barnet H 46.34 CBP**

2 P McNab Watford H 25.36

3 B Jacobsen Hertford&Ware 23.44