##### HERTFORDSHIRE COUNTY TRACK & FIELD CHAMPIONSHIPS

##### Woodside Stadium, Watford - Saturday/Sunday 20/21 May 1989

[Source B6.76] [Source F2.45] [Source F2.47]

##### BOYS (20 May)

100 Metres Heat 1

1 R Anderson Stevenage 12.5

2 M Swales Dacorum 12.9

3 D Firman Hertford&Ware 13.1

4 N West Barnet 13.6

5 M Giles Tring 14.0

100 Metres Heat 2

1 R Ash Enfield 12.3

2 P Mayers Borehamwood 12.6

3 N Page Harlow 13.2

4 L Childs Dacorum 13.3

100 Metres Heat 3

1 N Ratti Barnet 13.2

2 S Long Watford H 13.2

3 N Hooker Dacorum 13.8

4 R Hale Watford H 14.8

100 Metres Final

1 R Anderson Stevenage 12.4

2 R Ash Enfield 12.9

3 P Mayers Borehamwood 13.1

4 M Swales Dacorum 13.1

5 D Firman Hertford&Ware 13.1

6 N Ratti Barnet 13.2

200 Metres

1 R Anderson Stevenage 24.5

2 M Page Onslow Sch 25.5

3 M Swales Dacorum 26.1

4 D Firman Hertford&Ware 26.5

5 N Hooker Dacorum 26.7

6 D Clark Chancellors Sch 27.8

**400 Metres Heat 1**

1 P Blunden Dacorum 59.8

2 M Page Onslow Sch 60.4

3 N Page Harlow 61.3

4 E Murray Stevenage 61.8

5 R Slack Dacorum 70.0

**400 Metres Heat 2**

1 S Starling Chancellors Sch 58.8

2 A Spiers Stevenage 59.3

3 D Stevens Enfield 59.3

4 D Rice Hertford&Ware 61.9

5 H Sidhu Stevenage 65.7

**400 Metres Final**

1 M Page Onslow Sch 55.9

2 P Blunden Dacorum 56.5

3 D Stevens Enfield 57.0

4 S Starling Chancellors Sch 58.3

5 A Spiers Stevenage 59.0

6 N Page Harlow 59.2

800 Metres

1 D Hill Chancellors Sch 2:15.8

2 A Abood Shaftesbury Barnet H 2:16.3

3 D Wendleken Dacorum 2:16.8

4 E Murray Stevenage 2:16.8

5 H Sidhu Stevenage 2:25.7

6 A Tappin Barnet 2:27.2

7 J Taylor Barnet 2:30.3

8 R Slack Dacorum 2:32.5

**1500 Metres**

1 M Moring Enfield 4:25.8

2 D Bullock Shaftesbury Barnet H 4:30.2

3 R Rosenthal Dacorum 4:34.7

4 M Smith Stevenage 4:35.1

5 E Gabbott Onslow Sch 4:41.4

6 R Donohue Enfield 4:45.0

7 D Tongue Watford H 4:49.2

8 G Lammis Chancellors Sch 4:49.4

9 C Corby Stevenage 5:01.9

10 A Tappin Barnet 5:03.0

11 G Bugbee Watford H 5:05.1

12 T Wendleken Dacorum 5:07.3

13 M Allen Verlea 5:11.2

14 D Ebert Watford H 5:21.7

80 Metres Hurdles

1 N Page Harlow 13.0

2 G Smith Chancellors Sch 13.1

3 L Childs Dacorum 15.6

4 P Sanderson Barnet 16.3

5 H Sidhu Stevenage 16.7

High Jump

1 T Wendleken Dacorum 1.50

2 B John Watford H 1.40

3 B Johnson Barnet 1.40

**Pole Vault**

No competitors

Long Jump

1 P Mayers Borehamwood 5.28

2 N Ratti Barnet 5.23

3 M Swales Dacorum 5.13

4 S Long Watford H 5.02

5 L Childs Dacorum 4.61

6 R Hale Watford H 4.56

7 D Fisher Chancellors Sch 4.45

8 M Giles Tring 4.38

**Triple Jump**

1 R Mayers Borehamwood 12.01

2 N Hooker Dacorum 11.24

3 D Walters Chancellors Sch 10.78

4 R Hale Watford H 10.49

5 B John Watford H 9.92

Shot

1 P Blake Watford H 9.07

2 M Allen Verlea 4.70

Discus

1 J Bandy Tring 27.84

2 A Spiers Stevenage 26.98

3 C Smyth Watford H 23.72

4 P Sanderson Barnet 18.68

**Hammer**

1 P Blake Watford H 34.36

2 C Smyth Watford H 25.38

3 A Spiers Stevenage 18.26

**Javelin**

1 M Bandy Tring 30.64

##### YOUTHS (21 May)

100 Metres

1 R Morgan Stevenage 11.6

2 P Townsend Enfield 12.3

3 P Longhurst Tring 12.6

4 K Ahmadi Barnet 12.9

5 D Earl Hertford&Ware 14.1

6 M Scott Stevenage 14.1

7 G Staward Hertford&Ware 15.1

200 Metres Heat 1

1 R Morgan Stevenage 24.5

2 A Clark Chancellors Sch 24.6

3 P Townsend Enfield 26.1

4 M Scott Stevenage 29.0

**200 Metres Heat 2**

1 H Hartmann Enfield 24.7

2 A Rollason Stevenage 25.0

3 R Loton Barnet 25.2

4 P Longhurst Tring 26.2

**200 Metres Final**

1 R Morgan Stevenage 23.3

2 H Hartmann Enfield 23.9

3 A Rollason Stevenage 23.9

4 A Clark Chancellors Sch 24.2

5 P Townsend Enfield 25.1

6 R Loton Barnet 25.7

**400 Metres**

1 A Clark Chancellors Sch 51.8

2 A Rollason Stevenage 52.3

3 C Westcott Stevenage 53.5

4 L Scott Shaftesbury Barnet H 54.1

5 O Hearn Tring 54.2

6 S Gibbs Stevenage 59.4

800 Metres

1 B Ahmed Shaftesbury Barnet H 1:59.1

2 C Westcott Stevenage 1:59.3

3 M Clarkson Enfield 2:02.2

4 A Keys Enfield 2:05.2

5 P Maguire Stevenage 2:12.6

6 J Dent Dacorum 2:13.4

7 M Salmon Stevenage 2:13.6

8 S Sidhu Stevenage 2:15.4

9 [?] Riley Shaftesbury Barnet H 2:16.0

10 S Gibbs Stevenage 2:19.4

**1500 Metres**

1 M Clarkson Enfield 4:14.5

2 S Everington Dacorum 4:22.8

3 A Keys Enfield 4:27.2

4 K McKeown Verlea 4:30.3

5 J Dent Dacorum 4:42.9

6 S Ousley Dacorum 4:48.0

7 S Sidhu Stevenage 5:20.5

100 Metres Hurdles

1 H Hartmann Enfield 14.5

2 K McLaughlin Stevenage 14.9

3 N Giles ASH 15.5

4 M Johnson Hertford&Ware 17.2

**1500 Metres Steeplechase**

No competitors

High Jump

1 [?] Riley Shaftesbury Barnet H 1.65

Pole Vault

No competitors

Long Jump

1 T Hill Shaftesbury Barnet H 6.32

2 H Hartmann Enfield 5.85

3 P Longhurst Tring 5.50

4 K Ahmadi Barnet 5.07

Triple Jump

1 R Loton Barnet 11.42

2 M Johnson Hertford&Ware 10.78

Shot

1 K McLaughlin Verlea 12.86

2 S Pemberton NHS 12.16

3 P Eddy Verlea 11.98

4 R Loton Barnet 10.24

5 G Staward Hertford&Ware 8.76

6 K Ahmadi Barnet 8.35

Discus

1 S Pemberton NHS 36.00

2 G Staward Hertford&Ware 26.68

Hammer

1 S Pemberton NHS 46.88

Javelin

1 P Eddy Verlea 40.84

2 D Earl Hertford&Ware 35.10

##### JUNIOR MEN (21 May)

100 Metres

1 W Griffiths Enfield 10.9

2 I Clarke Haringay 11.5

3 S Leask Enfield 11.8

4 S Spiers Stevenage 11.9

5 J Hall Verlea 12.3

6 S Rice Hertford&Ware 12.5

200 Metres

1 I Clarke Haringay 23.7

2 S Hall Verlea 24.0

3 S Spiers Stevenage 24.4

4 J Hall Verlea 25.1

400 Metres

1 S Hall Verlea 51.3

2 M O’Donnell Hertford&Ware 52.0

3 M Elmore Shaftesbury Barnet H 52.5

4 M Treasarden Shaftesbury Barnet H 52.9

5 S Doman Tring 53.7

6 N Longhurst Tring 53.8

800 Metres

1 R Draper Shaftesbury Barnet H 1:54.8

2 L Jackson Enfield 1:54.8

3 N Wells Verlea 1:58.9

4 M Kilbey Unatt 1:59.7

5 D Matthews Unatt 2:00.3

6 A Briggs Enfield 2:04.7

7 J Doman Tring 2:06.9

8 A Martin Barnet 2:09.8

9 C Livingstone Verlea 2:15.4

**1500 Metres**

1 M Kilbey Unatt 4:05.4

2 L Jackson Enfield 4:06.2

3 R Weaver Stevenage 4:12.8

4 S Rice Shaftesbury Barnet H 4:14.8

5 R Harvey Dacorum 4:20.4

6 A Levett Harlow 4:26.8

110 Metres Hurdles

1 S Woolf Old Gaytonians 17.4

2 D Crerar Harlow 19.3

3 D Snook Harlow 20.2

**2000 Metres Steeplechase**

1 L Jackson Enfield 6:20.8

2 S McHugh Dacorum 6:20.8

3 M Fone Gst 6:38.9

4 C Livingstone Verlea 7:04.6

High Jump

1 P O’Sullivan Barnet 1.96

2 M O’Donnell Hertford&Ware 1.65

3 D Crerar Harlow 1.55

4 C Snook Harlow 1.45

Pole Vault

No competitors

Long Jump

1 D Thomas Verlea 5.97

2 S Spiers Stevenage 5.70

3 M Wing Hertford&Ware 5.18

Triple Jump

1 M Wing Hertford&Ware 11.26

Shot

1 R Briffitt Stevenage 14.27

2 M Hearn Tring 10.70

Discus

1 R Briffitt Stevenage 40.84

2 M Hearn Tring 32.58

Hammer

1 M Miller Enfield 49.98

2 D Sedgley Watford H 24.76

Javelin

1 J Berg Enfield 52.42

2 C Snook Harlow 33.30

##### SENIOR MEN (20 May)

# 100 Metres Final

1 E John Stevenage 11.2

2 M Lloyd Watford H 11.4

3 D Fury Stevenage 11.6

4 G Town Dacorum 11.7

5 N Walker Shaftesbury Barnet H 11.8

200 Metres Heat 1

1 E John Stevenage 24.0

2 N Walker Shaftesbury Barnet H 24.1

3 G Town Dacorum 24.2

4 A Del Nevo Tring 26.3

200 Metres Heat 2

1 M Lloyd Watford H 24.0

2 D Fury Stevenage 24.1

3 G Barter Enfield 24.2

200 Metres Final

1 E John Stevenage 22.2

2 M Lloyd Watford H 23.1

3 N Walker Shaftesbury Barnet H 23.1

4 D Fury Stevenage 23.5

5 G Town Dacorum 23.6

6 G Barter Enfield 23.6

400 Metres

1 C Tye Hertford&Ware 52.9

2 A Del Nevo Tring 54.1

3 P Strong Barnet 55.4

800 Metres

1 G Sutton Enfield 1:57.2

2 M Skipsey Stevenage 1:59.0

3 S Gray Dacorum 1:59.9

4 D Knighton Stevenage 2:01.0

5 C Myland Stevenage 2:01.6

6 P Strong Barnet 2:03.5

1500 Metres

1 K O’Connor Watford H 3:49.1

2 M Skipsey Stevenage 4:01.3

3 A Mason Barnet 4:01.3

4 S Livingstone Haringay 4:07.9

# 5000 Metres

1 M Adam Stevenage 15:27.0

2 N Morrison Verlea 15:44.0

3 P Pearce Stevenage 16:18.5

4 R Porter Verlea 16:48.1

5 M Humphries Stevenage 18:34.4

6 S Humphries Stevenage 19:02.9

110 Metres Hurdles

1 D Daborn Stevenage 16.1

2 J Mayor Stevenage 17.2

400 Metres Hurdles Heat 1

1 K Sibley Enfield 55.1

2 J Garner Dacorum 55.1

3 D Griffin Dacorum 55.2

4 J Mayor Stevenage 58.4

5 C Snook Haringay 66.8

400 Metres Hurdles Heat 2

1 S Harridge Thames Valley H 60.0

2 D Daborn Stevenage 62.3

3 D Crerar Harlow 62.6

4 P Luck Hertford&Ware 63.4

5 P Milsom Hertford&Ware 64.8

400 Metres Hurdles Final

1 S Harridge Thames Valley H 53.9

2 D Daborn Stevenage 54.4

3 K Sibley Enfield 54.5

4 D Griffin Dacorum 54.5

5 J Mayor Stevenage 71.8

# 3000 Metres Steeplechase

1 M Adam Stevenage 9:21.9

2 P Pearce Stevenage 10:04.1

3 M Dixon Verlea 10:26.8

4 P Booth Hertford&Ware 10:50.2

5 P Milsom Hertford&Ware 11:09.2

6 H Artiss Verlea 11:23.7

High Jump

1 J Garner Dacorum 1.80

2 T Ratcliffe Dacorum 1.75

3 J Mayor Stevenage 1.70

Pole Vault

1 G Leckie Hertford&Ware 2.60

2 B Thomas Verlea 2.60

Long Jump

1 J Garner Dacorum 6.94

2 N Walker Shaftesbury Barnet H 6.48

3 T Kapp Stevenage 4.59

Triple Jump

No competitors

Shot

1 G Grinstead Luton 9.95

2 J Mayor Stevenage 9.29

Discus

1 N Woolcott Haringay 52.62

2 A Angell Watford H 37.42

3 T Ratcliffe Dacorum 36.02

4 G Leckie Hertford&Ware 31.62

5 G Grinstead Luton 28.30

Hammer

1 A Woods BIR 49.18

2 N Woolcott Haringay 47.34

3 A Angell Watford H 43.16

Javelin

1 T Ratcliffe Dacorum 63.24

2 G Morris Tring 43.86

3 P Hable Barnet 42.96

4 G Ratcliffe Dacorum 41.38

# 3000m Walk (Men & Ladies)

1 P Cassidy Loughton 14:36.9

2 G Smith Enfield 15:10.1

3 E Holmquist Enfield 15:30.8

4 P Worth Enfield 15:47.3

5 J Dunsford Belgrave H 15:47.3

6 K Livermore Enfield 15:49.6

7 D Sharpe Belgrave H 16:50.8

8 H Jaquest Enfield 17:01.3

9 M Worth (L) Steyning WC 17:02.6

10 M Cartwright Trowbridge 17:04.5

11 T Thurwell (L) Herne Hill H 18:14.4

12 P Wilson (L) Loughton 18:50.9

13 K Roost Enfield 19:30.2