##### HERTFORDSHIRE COUNTY TRACK & FIELD CHAMPIONSHIPS

##### Woodside Stadium, Watford - Saturday/Sunday 17/18 May 1986

[Source B6.88] [Source B6.89] [Source F3.58] [Source F3.59]

##### BOYS (18 May)

100 Metres

1 R Bassett St Albans Sch 12.3

2 M Aldridge Enfield 12.9

3 T Hills Barnet 13.4

200 Metres

1 B Aldridge Enfield 25.9

2 K Ingrey Barnet 27.0

3 T Hills Barnet 27.4

4 N Coward St Columbas Coll 27.9

5 S Fitzwilliam Dacorum 28.5

**400 Metres**

1 M Hennery Shaftesbury H 58.5

2 A Lawrence St Albans Sch 59.7

3 K Ingrey Barnet 59.7

4 A Clark Enfield 61.8

5 R Pitman Berkhamsted Sch 62.8

6 R Parmiter Dacorum 74.3

800 Metres

1 M Treasarden Barnet 2:11.0

2 G Fox Shaftesbury H 2:16.4

3 R McDonough JF Kennedy Sch 2:27.9

4 D Burgess Berkhamsted Sch 2:31.6

**1500 Metres**

1 G Fox Shaftesbury H 4:32.1

2 M Treasarden Barnet 4:33.2

3 W Dumpleton St Albans Sch 4:45.5

4 W Ainger Verlea 4:46.0

5 S Dinsmore St Columbas Coll 4:59.2

80 Metres Hurdles

1 E Duggins SHS 12.9

2 R Sutton Enfield 13.5

3 B Sutherland St Columbas Coll 13.5

High Jump

1 M Herring Shaftesbury H 1.60

2 C Duggin SHE 1.55

3 S Fitzwilliam Dacorum 1.50

**Pole Vault**

1 A Collins Enfield 2.30

Long Jump

1 T Hills Barnet 5.36

2 S Fitzwilliam Dacorum 5.20

3 L Scrase Enfield 4.77

**Triple Jump**

1 L Scrase Enfield 10.35

2 R Parmiter Dacorum 9.03

Shot

1 S English Enfield 14.93

2 M Miller SHE 10.93

3 D Mansfield SHE 10.28

Discus

1 S English Enfield 42.60

2 D Mansfield SHE 32.06

**Hammer**

1 M Miller SHE 37.66

**Javelin**

1 D English Dacorum 32.32

2 B Sutherland St Columbas Coll 22.10

##### YOUTHS (17 May)

100 Metres

1 A Gower Barnet 11.9

2 D Croft SF Osborn Sch 12.0

3 J McDermott St Columbas Coll 12.2

4 S Hall Watford H 12.4

5 K Halahan St Columbas Coll 13.3

200 Metres Heat 1

1 A Gower Barnet 24.4

2 A Palfreyman Stevenage 24.7

3 M Lloyd Berkhamsted Sch 25.8

4 J Doman Tring 25.8

**200 Metres Heat 2**

1 J Stokley Stevenage 25.5

2 M Grainger Berkhamsted Sch 25.9

3 S Hazard Barnet 26.3

4 M Cramp Unatt 26.7

**200 Metres Final**

1 A Gower Barnet 24.0

2 M Lloyd Berkhamsted Sch 25.3

3 A Palfreyman Stevenage 25.4

4 J Stokley Stevenage 25.4

5 J Doman Tring 25.8

6 M Grainger Berkhamsted Sch 26.0

400 Metres Heat 1

1 L Foster SF Osborn Sch 53.8

2 F Paterson St Albans Sch 54.6

3 R Shrosbree Harlow 56.8

4 M O’Sullivan St Columbas Coll 57.3

5 S Hazard Barnet 57.8

**400 Metres Heat 2**

1 N Wells Verlea 53.4

2 A Palfreyman Stevenage 54.3

3 N Barney Enfield 55.5

4 P Allen Berkhamsted Sch 56.2

5 M Cramp Unatt 59.8

**400 Metres Final**

1 N Wells Verlea 52.4

2 F Paterson St Albans Sch 53.9

3 A Palfreyman Stevenage 54.9

4 N Barney Enfield 55.1

5 L Foster SF Osborn Sch 57.5

6 P Allen Berkhamsted Sch 58.3

800 Metres

1 R Shrosbree Harlow 2:00.7

2 L Jackson Enfield 2:00.8

3 S Fuller SF Osborn Sch 2:05.2

4 M Levy Shaftesbury H 2:06.6

5 J Waldren Barnet 2:07.3

6 J Doman Tring 2:08.3

7 S Barney Enfield 2:08.4

8 N Turner Verlea 2:12.2

9 G Chalkley HAR 2:12.6

10 C Peter Watford H 2:13.3

11 G Phillips Stevenage 2:20.5

12 S Odey St Columbas Coll 2:29.1

13 S Spencer Stevenage 2:38.1

**1500 Metres**

1 R Draper Shaftesbury H 4:07.5

2 L Jackson Enfield 4:11.6

3 M Kilbey Harlow 4:20.1

4 J Aufenast St Albans Sch 4:24.1

5 A Atkinson Hertford&Ware 4:24.8

6 R Finch Berkhamsted Sch 4:40.4

7 N Turner Verlea 4:42.6

8 S Nolan Stevenage 5:00.7

100 Metres Hurdles

1 D Kinchin Dacorum 15.7

High Jump

1 D James SF Osborn Sch 1.90

2 M Bown BHS 1.55

Pole Vault

1 B Lawrence SHS 3.50

2 L Rathbone SF Osborn Sch 3.40

3 S Hall Watford H 2.80

4 A Winter SF Osborn Sch 2.70

5 M Warren SF Osborn Sch 2.70

6 J Gaitskell Tring 2.50

7 K Holahan St Columbas Coll 2.40

Long Jump

1 S Fuller SF Osborn Sch 5.59

2 P Cooper SF Osborn Sch 5.38

Triple Jump

1 S Adey St Columbas Coll 11.24

2 D Kinchin Dacorum 11.23

Shot

1 R Briffitt Stevenage 13.25

2 D Horsley Berkhamsted Sch 11.26

3 A Power St Columbas Coll 10.87

4 N Davidson Berkhamsted Sch 10.69

5 S Hanna Barnet 8.86

6 P Coles Watford H 8.06

Discus

1 D Segust Enfield 41.52

2 D James SF Osborn Sch 37.44

3 N Davidson Tring 36.84

4 R Briffitt Stevenage 32.94

5 D Croft SF Osborn Sch 31.14

6 P Coles Barnet 19.56

Hammer

1 D Segust Enfield 44.90

2 N Davidson Tring 41.64

3 R Briffitt Stevenage 37.60

4 P Coles Barnet 17.42

Javelin

1 D James SF Osborn Sch 48.28

2 J Berg Enfield 42.92

3 D Segust Enfield 41.12

4 C Currell SF Osborn Sch 40.58

5 L Gilmour St Columbas Coll 40.02

6 P Cooper SF Osborn Sch 35.96

##### JUNIOR MEN (17 May)

100 Metres

1 M Lloyd Watford H 11.5

2 S Falkes Stevenage 11.5

3 G Barter Enfield 11.5

4 C Minion Stevenage 11.6

5 G Hibbert Enfield 11.9

6 C Tye Hertford&Ware 12.0

7 A Delnevo Tring 12.3

200 Metres

1 C Minion Stevenage 23.4

2 G Barter Enfield 23.5

3 M Lloyd Watford H 23.7

4 G Hibbert Enfield 24.3

5 A Delnevo Tring 24.9

6 A Goodwin Berkhamsted Sch 25.8

400 Metres

1 A Delnevo Tring 55.5

800 Metres

1 D Chamberlain Unatt 1:58.4

2 R Willetts Harlow 1:59.3

3 C Tye Hertford&Ware 1:59.8

4 M King HAR 2:01.0

**1500 Metres**

1 J Dunbar Shaftesbury H 3:58.2

2 P Kirby Shaftesbury H 3:59.4

3 A Caulder Shaftesbury H 4:04.0

4 J Nash Stevenage 4:13.3

5 R Willetts Harlow 4:17.0

6 J Hopper Berkhamsted Sch 4:21.5

7 J Smith Old Gaytonians 4:29.9

110 Metres Hurdles

1 S Falkes Stevenage 15.8

**2000 Metres Steeplechase**

1 M Greenhaugh Verlea 6:45.4

2 P Milsom Hertford&Ware 7:00.4

3 M Grayson Stevenage 7:37.4

High Jump

No competitors

Pole Vault

1 L Gaitskell Tring 3.10

Long Jump

1 J Hodder Berkhamsted Sch 5.91

2 P Giddings St Columbas Coll 5.42

Triple Jump

No competitors

Shot

1 E Massey Berkhamsted Sch 10.57

Discus

1 D Steele Shaftesbury H 38.78

2 E Massey Berkhamsted Sch 28.12

3 K Timmins St Columbas Coll 26.04

Hammer

1 D Weatherhead Haringay 35.96

Javelin

No competitors

##### SENIOR MEN (18 May)

100 Metres Heat 1

1 E John Luton 11.1

2 R Waters Stevenage 11.8

3 N Gales Stevenage 12.1

4 A Delnevo Tring 12.2

5 F Martindale Verlea 13.8

**100 Metres Heat 2**

1 D Martindale Luton 11.3

2 D Fury Stevenage 11.3

3 R Milton Unatt 12.1

4 P Redmond Enfield 12.1

**100 Metres Final**

1 E John Luton 11.1

2 D Martindale Luton 11.4

3 D Fury Stevenage 11.9

4 R Milton Unatt 12.0

5 R Waters Stevenage 12.0

6 A Delnevo Tring 12.3

7 N Gales Stevenage 12.4

8 P Redmond Enfield 12.4

200 Metres Heat 1

1 E John Luton 22.7

2 M Procter Hertford&Ware 23.8

3 D Daborn Stevenage 23.9

4 R Waters Stevenage 24.0

200 Metres Heat 2

1 D Martindale Luton 23.9

2 P Daborn Stevenage 24.3

3 A Delnevo Tring 24.6

200 Metres Final

**1 E John Luton 22.5**

**2 D Martindale Luton 23.0**

**3 D Daborn Stevenage 24.3**

**4 R Waters Stevenage 23.9**

**5 M Procter Hertford&Ware 24.0**

**6 P Daborn Stevenage 24.3**

400 Metres Heat 1

1 P Herbert Shaftesbury H 50.1

2 D Howes Stevenage 53.1

3 J Hallert Watford H 53.4

4 M Dowling Harlow 53.4

5 P Emerson Barnet 55.5

6 N Gates Stevenage 57.0

400 Metres Heat 2

1 M Tyler Stevenage 51.8

2 C Chick Enfield 52.6

3 M Procter Hertford&Ware 53.6

4 R Waters Stevenage 53.8

5 A Delnevo Tring 55.3

400 Metres Final

1 M Tyler Stevenage 48.0

2 P Herbert Shaftesbury H 48.1

3 C Chick Enfield 50.0

4 M Dowling Harlow 52.5

5 J Hall Watford H 52.7

6 D Howes Stevenage 52.8

800 Metres

1 M Barnes Enfield 1:52.3

2 P Chester Thames Valley H 1:53.6

3 A Ashwell Watford H 1:57.1

4 P Strong Barnet 1:57.7

5 M Allen Dacorum 1:58.0

6 S Lowe Barnet 1:58.4

7 K Milsom Hertford&Ware 1:58.8

8 A Cunningham Barnet 2:01.1

9 D Chapman Verlea 2:01.5

10 C Emerson Barnet 2:05.9

1500 Metres

1 C Wood Watford H 3:57.0

2 K O’Connor Watford H 3:57.8

3 A Cunningham Barnet 3:58.5

4 K McDonald Watford H 3:59.3

5 S Hannaford NLA 3:59.4

6 S Slater Old Gaytonians 4:01.4

7 K McLellan Hertford&Ware 4:07.6

8 D Knighton Stevenage 4:11.2

9 M McDonald Watford H 4:12.5

10 G Leader Enfield 4:13.5

11 R Lloyd Stevenage 4:23.0

# 5000 Metres

1 J Critchlow Watford H 15:10.2

2 K McLellan Hertford&Ware 15:11.6

3 A Currell Hertford&Ware 15:33.3

4 M Garrod BNA 16:01.9

5 M Skipsey Stevenage 16:08.5

6 P Pearce Stevenage 16:16.9

7 N Austin HPY 16:22.4

8 J Southey Barnet 16:38.7

9 110 [nc] 16:56.7

110 Metres Hurdles

1 S Folkes Stevenage 16.0

2 D Daborn Stevenage 17.0

3 P Daborn Stevenage 17.0

4 D Wallis Hertford&Ware 17.3

5 G Daborn Stevenage 21.2

400 Metres Hurdles

1 S Simmons Stevenage 56.9

2 K Sibley Enfield 57.0

3 P Daborn Stevenage 58.9

4 D Daborn Stevenage 59.8

5 M Dowling Harlow 63.2

6 G Daborn Stevenage 68.7

# 3000 Metres Steeplechase

1 A Stedman Luton 9:36.7

2 P Pearce Stevenage 10:22.3

3 P Luck Hertford&Ware 11:00.1

4 M Grayson (Y Gst) Stevenage 11:36.0

High Jump

1 P Redmond Enfield 1.95

2 D Daborn Stevenage 1.70

Pole Vault

1 S Leader Enfield 4.21

2 L Gaitskell Tring 3.00

3 P Ferguson Verlea 2.80

4 D Wallis Hertford&Ware 2.80

5 B Thomas Verlea 2.40

Long Jump

1 I Winter Enfield 7.11

2 S Simmons Stevenage 7.03

3 D Wallis Hertford&Ware 6.24

4 L Dumpleton Unatt 5.63

Triple Jump

1 I Winter Enfield 14.26

Shot

1 M Aldridge Haringay 16.13

2 N Winwood Stevenage 12.73

3 J Mitchell Unatt 12.39

4 F Briffett Stevenage 11.85

5 B Collins HPY 10.73

6 D Simmonds Enfield 10.68

Discus

1 N Woolcott Haringay 48.22

2 M Aldridge Haringay 46.48

3 T Ratcliffe Dacorum 36.70

4 B Collins HPY 35.50

5 G Ratcliffe Dacorum 28.42

6 T Amos Watford H 26.90

7 F Briffitt Stevenage 25.94

Hammer

1 A Woods BCH 50.64

2 N Winwood Stevenage 39.88

3 P Redmond Enfield 36.58

4 J Barlow Stevenage 30.70

5 T Amos Watford H 29.04

6 F Briffitt Stevenage 28.18

7 B Collins HPY 27.00

Javelin

1 T Ratcliffe Dacorum 61.98

2 D White Hertford&Ware 51.72

3 N Hills Verlea 46.62

4 G Ratcliffe Dacorum 41.82

5 J Gandee Hertford&Ware 38.02

# 3000m Walk (Men & Ladies)

1 G Smith Enfield 15:13.3

2 K Smith CAC 15:25.1

3 H Jaquest Enfield 16:31.5

4 M Worth (Lady) Steyning 16:38.3