

FAIRLANDS VALLEY SPARTANS
2025 3K RELAYS. - COUNTY CHAMPS - SENIOR AND VETS

	<u>GOLD</u>	<u>TIME</u>	<u>SILVER</u>	<u>TIME</u>	<u>BRONZE</u>	<u>Time</u>
SENIOR - MALE	WARE JOGGERS	38:57	NORTH HERTS ROAD R	39:07	WATFORD HARRIERS	39:41
SENIOR - FEMALE	NORTH HERTS ROAD RUNNERS	46:31	GARDEN CITY RUNNERS	47:52	STEVENAGE & NORTH HERTS	51:38
SENIOR - MIXED	GARDEN CITY RUNNERS	47:09	WARE JOGGERS	53:26	NORTH HERTS ROAD RUNNERS	53:28
VETS - MALE	WATFORD JOGGERS	41:33	NORTH HERTS ROAD RUI	41:40	GARDEN CITY RUNNERS	42:32
VETS - FEMALE	NORTH HERTS ROAD RUNNERS	53:52	WATFORD JOGGERS	57:16	HARPENDEN ARROWS	57:57
VETS - MIXED	WARE JOGGERS	46:06	WARE JOGGERS	49:48	WATFORD HARRIERS	54:35