**Results of the Intercounty 10k Race incorporated in the Brighton 10k, held on Sunday 17 November 2024**

**Men’s Team**

 1st Sussex A – 01:31:15

2nd Essex – 01:32:57

3rd Hampshire – 01:33:19

4th Sussex B – 1:33:54

5th Kent – 1 34:50

**6th Hertfordshire – 01:37:09**

7th Surrey – 1:40:45

**Women’ Team**

1st Sussex A – 01:46:30

2nd Surrey – 01:47:29

3rd Hampshire – 01:49:52

**4th Hertfordshire – 01:50:38**

5th Essex – 1:51:53

6th Kent – 1:52:30

7th Sussex B – 1:53:19

**Mixed Team**

1st Sussex A – 3:17:45

2nd Hampshire – 3:23:01

3rd Essex – 3:24:50

4th Sussex B – 3:27:13

5th Kent – 3:27:20

**6th Hertfordshire – 3:27:47**

7th Surrey – 3:28:14

**Individual Placings**

21st Jude Bell – 31:44 / 31:44

42nd Stefano Federici – 32:37 / 32:36

45th Matthew Holman – 32:50 / 32:49

61st Matthew Cooper – 33:29 / 33:27

112th / 7th FSEN Freya Weddell – 35:17 / 35:12

223rd / 15th FSEN Catherine O’Connor – 37:47/ 37:45

229th / 4th FV45 Helen Mussen – 37:53 / 37:47

340th / 28th FSEN Paige Harvey – 40:02 / 39:56

There were 2,432 finishers

*Richard Bloom*

*7 December 2024*