HERTFORDSHIRE COUNTY 1500m, RELAYS, MASTERS, DISABILITY

MONDAY 6 MAY 2024, AT RIDLINS TRACK, STEVENAGE, SG2 9PB

TRACK TIMETABLE

T1 1100 400m (1)

T2 1115 100m M40, M50, M60 (6)

T3 1120 100m M70, U13B nch, U15B nch (3)

T4 1125 100m W60, U13G nch, DIS (4)

T5 1140 1500m U13B (12)

T6 1150 1500m U15B (15)

T7 1200 1500m U13G (10)

T8 1210 1500m U15G (16)

T9 1225 800m Masters (4)

T9A 1230 200m Masters (8)

T10 1235 3000m Walk All (10)

T11 1300 1500m U17M (16)

T12 1310 1500m U20M (6)

T13 1320 1500m SM (14)

T14 1330 1500m U17W (7)

T15 1340 1500m U20W, SW (9)

T16 1400 4x100m relay

T17 1430 3000m/5000m All (8)

T18 1500 4x300m relay

T19 1515 4x400m relay

nch – non-championship races

FIELD TIMETABLE

F1 1100 Hammer (11) M60, M70, W40, W50, W60, W70

F2 1215 Discus (12) M50, M60, M70, W50, W60, W70

F3 1400 Javelin (11) M50, M60, M70, W50, W60, W70

F4 1430 High Jump (2) M60

F5 1500 Long Jump (5) M50, M60, DIS

F6 1515 Shot (9) M60, M70, W40, W50, W60

Veteran Men Age-Groups – M40, M50, M60, M70+

Veteran Women Age-Groups –W40, W50, W60+

**Notes to athletes:**

Club vests must be worn

Bring safety pins for numbers

Arrive 1 hour before your event to collect numbers (and warm up)

Bedfordshire will be joining us for the 1500m championships

The County reserves the right to alter this timetable as circumstances dictate