

Standalone 10K

Overall Results - County Champs (Senior)

Pos	Bib	Name	Cat	Club	Gun
Female					
1	8188	Katie HARBON	FS	North Herts Road Runners	36:26
2	7429	Rhia BOTHA	FV35	North Herts Road Runners	41:05
3	7297	Sophie THRUSSELL	FS	North Herts Road Runners	41:29
4	7872	Rachel ARNOTT	FV45	North Herts Road Runners	43:12
5	8175	Jane CLARKE	FV35	North Herts Road Runners	44:04
6	3839	Abigail MANSON	FU20	Stevenage & North Herts AC	44:48
7	8163	Georgie HOOPER	FV35	Fairlands Valley Spartans	45:18
8	8283	Jessica TIMMINS	FS	Garden City Runners	45:43
9	8318	Hannah SMEE	FS	Dacorum Athletic Club	46:00
10	3215	Helen STAFFORD	FV35	Garden City Runners	46:45
11	7880	Suzy HAWKINS	FV45	Fairlands Valley Spartans	47:00
12	7847	Alexandra GATES	FS	Stevenage & North Herts AC	47:03
13	8066	Anthea FRANCIS	FV45	Ware Joggers	47:10
14	7798	Amina PHILLIPS	FS	Unattached	47:19
15	7433	Sarah ROBERTS	FV65+	Dacorum Athletic Club	47:21
16	7426	Claire PULLEN	FV55	Fairlands Valley Spartans	47:32
17	8081	Charlotte SNOWDON	FV35	Stopsley Striders	47:48
18	7448	Rebecca BARDEN	FV55	Garden City Runners	48:03
19	8060	Marie COLUCCI	FV45	Fairlands Valley Spartans	48:23
20	3709	Pamela WILSON	FV65+	Ware Joggers	48:30
21	7468	Tina LE	FV45	Dacorum Athletic Club	49:29
22	3686	Laura MARSH	FV45	Higham Harriers	49:34
23	3802	Judy WILLITS	FV55	St Albans Striders	49:34
24	8082	Jodie DARNELL	FS	Bedford Harriers AC	49:36
25	8059	Lucy ILES	FV35	Garden City Runners	49:37
26	3725	Jennifer FINLAY	FV45	Harpندن Arrows	49:45
27	3696	Cate CAMPANY	FV55	Ware Joggers	49:48
28	8023	Chris YUILL	FV45	Unattached	50:30
29	7983	Teresa WEEDON	FV55	Ware Joggers	50:49
30	8139	Colette COOPER	FV35	Stevenage Phoenix	51:03
31	7458	Georgia HEAD	FS	Unattached	51:13
32	8069	Liz WATSON	FV45	Garden City Runners	51:55
33	3848	Sarah DURSTON	FV55	Garden City Runners	51:59
34	8071	Rebecca PICKARD	FS	Stevenage & North Herts AC	52:27
35	7982	Michelle CROSS	FV55	Ware Joggers	52:38
36	3738	Jemina PUNNI	FV35	Ware Joggers	52:39
37	8153	Jackie PERRY	FV55	Team Trident	52:44
38	8273	Melanie BLACKABY	FV45	Ware Joggers	52:58
39	8057	Sarah GEESON-ORSGOOD	FV45	Biggleswade AC	53:37
40	7922	Naomi BEACH	FS	Royston Runners	53:59
41	8155	Zoe UNDERWOOD	FV45	Unattached	54:23
42	7393	Mo WARRILLOW	FV45	Royston Runners	54:29
43	7268	Kristina JOHANSSON	FV35	Unattached	54:41
44	8355	Annabelle SAUNDERS	FV45	Unattached	54:43
45	7432	Yawales MONTIER	FV35	Unattached	54:51
46	3707	Lauren REILLY	FV35	Royston Runners	55:11
47	7463	Lisa CHAPPLE	FV55	Bedford Harriers AC	55:27

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Pos	Bib	Name	Cat	Club	Gun
48	8008	Clare GROVER	FV35	Garden City Runners	55:38
49	7930	Maggie WRIGHT	FV55	Garden City Runners	55:44
50	7864	Ann PHILLIPS	FV45	Barnet & District AC	55:50
51	3736	Paula GOLLOP	FV35	Ware Joggers	55:51
52	7363	Holly WISE	FS	Garden City Runners	55:55
53	7482	Wendy THARANI	FV45	Fairlands Valley Spartans	56:05
54	7989	Tracy BRENNAN	FV45	Ware Joggers	56:59
55	8079	Ellen ILOTT	FS	Broxbourne Runners	57:21
56	3832	Jill PATEL	FV55	Ware Joggers	57:45
57	7443	Andrea HAMPANIJAD	FV45	Dacorum Athletic Club	58:08
58	7855	Tracey DEEKS	FV55	Barnet & District AC	58:17
59	3820	Sharon THRELFALL	FV45	Ware Joggers	58:42
60	7911	Danielle TURQUAND	FV35	Unattached	58:44
61	3708	Anne RAMSDEN	FV65+	Ware Joggers	59:03
62	8154	Ellen SAXBY	FV45	Unattached	59:06
63	8129	Rachel WHITEHEAD	FV55	Nuffield Health	59:18
64	7962	Jo COOKSLEY	FV35	Fairlands Valley Spartans	59:22
65	7981	Lisa LIVERSIDGE	FV55	Stevenage Phoenix	59:41
66	7437	Tricia HOPPER	FV55	Fairlands Valley Spartans	59:43
67	8214	Claire EMMERSON	FV45	Fairlands Valley Spartans	59:50
68	3835	Gemma HOLLOWAY	FV35	Stevenage Phoenix	59:51
69	8159	Katie DRUMMOND	FS	Unattached	1:00:04
70	8216	Penny SCHENKEL	FV45	Fairlands Valley Spartans	1:00:44
71	7764	Karen ATKINSON	FV55	Garden City Runners	1:01:00
72	7862	Rosamond DE LA BERTAUCHE	FV65+	Barnet & District AC	1:01:03
73	3764	Jeanette COLLINS	FV55	Ware Joggers	1:01:23
74	3687	Chrissy JOHNSON	FV35	Garden City Runners	1:01:37
75	7406	Denise BURFORD	FV45	Dacorum Athletic Club	1:01:38
76	8117	Anna MCCORMACK	FS	Unattached	1:02:03
77	8249	Ruth KILLEEN	FV45	Unattached	1:02:19
78	7957	Melanie KING	FV55	Garden City Runners	1:03:47
79	3680	Alison MEADEN	FV55	Garden City Runners	1:03:51
80	7763	Sharon CROWLEY	FV65+	Fairlands Valley Spartans	1:04:14
81	7795	Sofia CARPENTER	FS	Unattached	1:04:18
82	7481	Claron RIVIERE	FV65+	Ware Joggers	1:05:37
83	3227	Elaine MOORE	FV35	Garden City Runners	1:05:41
84	7884	Lindsay COOK	FV45	North Herts Road Runners	1:05:45
85	7895	Sue LEIGH	FV55	Stevenage Phoenix	1:06:40
86	8005	Marcela BUSTAMANTE	FV45	Unattached	1:07:42
87	8328	Monica SMITHSON	FV55	Fairlands Valley Spartans	1:07:59
88	8301	Naz GEZER-CLARKE	FV45	Garden City Runners	1:09:00
89	3225	Caroline ODWYER	FV55	Garden City Runners	1:09:02
90	7442	Jill MCCAFFERTY	FV55	Dacorum Athletic Club	1:11:22
91	7892	Shani GIDDINGS	FV55	Biggleswade AC	1:11:54
92	8095	Maureen MILLER	FV65+	Royston Runners	1:13:26
93	8077	Amy WHITBY	FV45	Stevenage Phoenix	1:15:22
94	8186	Angie WADE	FV55	Unattached	1:16:04
95	3786	Vanessa LIPSKI	FV55	Bedford Harriers AC	1:18:23

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Pos	Bib	Name	Cat	Club	Gun
96	3780	Bernadette BYRNE	FV65+	Garden City Runners	1:20:26
97	8205	Jill THOMSON	FV55	Unattached	1:24:21
98	7766	Maureen STEED	FV65+	Garden City Runners	1:35:50
99	3228	Kath EVANS	FV45	Garden City Runners	1:35:51
100	3803	Sarah CLEMERSON	FV65+	Unattached	1:41:55

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Overall Results - County Champs (Senior)

Pos	Bib	Name	Cat	Club	Gun
Male					
1	7411	Ben HADMAN	MS	North Herts Road Runners	32:41
2	8055	Tom WEBB	MS	North Herts Road Runners	33:11
3	3684	Adam EDGEWORTH	MS	Dacorum Athletic Club	33:20
4	3231	Daniel PUDNER	MS	Garden City Runners	34:56
5	7772	Oliver WARBURTON	MS	Royston Runners	34:57
6	8067	Kevin FRANCIS	MV40	Ware Joggers	34:58
7	7809	Shahab AHMAD	MV40	North Herts Road Runners	35:03
8	7296	Ben SEWELL	MS	North Herts Road Runners	35:14
9	8305	Simon FRASER	MS	Fairlands Valley Spartans	35:27
10	3702	Matt BROWN	MV40	Ware Joggers	35:34
11	7903	Matthew SAYERS	MV40	North Herts Road Runners	35:52
12	8183	James HUIISH	MS	Garden City Runners	36:15
13	7401	Chris MARRIOTT	MV40	Dacorum Athletic Club	36:19
14	8078	Rhys ROWLANDS	MS	Dacorum Athletic Club	36:22
15	3246	William CAUNCE	MS	Ware Joggers	36:34
16	3230	Peter HARVEY	MV50	Garden City Runners	37:20
17	7756	Thom BUZZARD	MS	Garden City Runners	37:27
18	8192	Elliot JACKSON	MS	North Herts Road Runners	37:30
19	3223	Iain MCMURRAY	MS	Ware Joggers	37:36
20	3806	Timothy BRIGNALL	MS	Ware Joggers	37:36
21	3838	Ben KENNY	MS	Dacorum Athletic Club	38:11
22	3774	David CRADDOCK	MS	Ware Joggers	38:14
23	7269	Darren CAINE	MV50	Unattached	38:25
24	3792	Paul GUY	MV40	Garden City Runners	38:30
25	7881	James DENSELOW	MV40	Hitchin Running Club	38:34
26	7278	Nick GILL	MS	Fairlands Valley Spartans	38:40
27	3717	Jamie HIGGS	MV40	Ware Joggers	38:49
28	7996	Matt LEESE	MV40	Dacorum Athletic Club	39:04
29	8102	Thomas MACK	MS	Dacorum Athletic Club	39:06
30	7934	Richard PASSEY	MV40	Unattached	39:28
31	8019	Mike JEFFS	MS	Fairlands Valley Spartans	39:36
32	8073	Jamie ROSE	MS	Garden City Runners	39:42
33	7428	Grant RAMSAY	MV50	Fairlands Valley Spartans	39:47
34	7451	Ian PAYNE	MV40	Biggleswade AC	40:11
35	8306	Matthew COLE	MV40	Bishops Stortford RC	40:25
36	7459	Adam SEARLE	MV40	Stevenage & North Herts AC	40:44
37	3789	Alexander CHAPPELL	MS	Ware Joggers	40:58
38	7839	Chris POTTER	MS	Unattached	41:16
39	3846	Michael DOCHERTY-CLARK	MS	Unattached	41:22
40	7449	Aaron BALL	MS	Unattached	41:35
41	7910	Tim TURQUAND	MV40	Unattached	42:10
42	7762	William FAUSSET	MV40	Unattached	42:17
43	8300	Dom THOMAS	MS	Garden City Runners	42:48
44	3825	Chris KITCHENER	MV50	Dacorum Athletic Club	42:54
45	7258	Tom WILLIAMS	MV40	Unattached	42:54
46	3761	Russell COOK	MS	Ware Joggers	43:00
47	7462	Howard CLARK	MV50	Dacorum Athletic Club	43:00

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Pos	Bib	Name	Cat	Club	Gun
48	3719	Alan TAYLOR	MV50	Ware Joggers	43:13
49	7283	Michael GUNTER	MV40	Unattached	43:13
50	7906	Dean CARTER	MS	Unattached	43:39
51	8080	Rory LAMBERT	MS	Broxbourne Runners	44:37
52	8016	Andy MORGAN	MV40	Unattached	44:41
53	7313	Alex BORG	MS	Unattached	45:00
54	7405	Jay PAPA	MS	Stevenage Phoenix	45:05
55	7796	Dean CARPENTER	MV40	Unattached	45:08
56	7904	Mark SCHILLING	MV50	Hitchin Running Club	45:08
57	7266	Ben MOSS	MV40	Unattached	45:15
58	7990	Paul BRENNAN	MV50	Ware Joggers	45:32
59	7324	Chris MARSTON	MV50	Unattached	45:35
60	7264	Craig DUNCAN	MV40	Unattached	45:58
61	8128	Robert PARKHOUSE	MV50	Unattached	46:06
62	7427	Ian WELLS	MV60	Unattached	46:23
63	7422	Jonathan HALL	MV40	Ware Joggers	46:29
64	7980	Ben FORSTER	MS	Unattached	46:32
65	8281	Paul SMITH	MV50	Stevenage Phoenix	46:42
66	8299	Chris NICHOLLS	MV50	Dacorum Athletic Club	46:43
67	3734	Lee MANSFIELD	MV50	Garden City Runners	46:58
68	8004	David PATTMAN	MV40	Royston Runners	46:59
69	3245	James BAKER	MS	Ware Joggers	47:34
70	8047	Ian YOUNG	MV50	Stevenage Phoenix	47:40
71	7419	Matthew POTTER	MV40	Royston Runners	47:51
72	7974	Mark HOUGHTON-DAY	MS	Unattached	48:09
73	8287	Mark SANZ	MV50	Ware Joggers	48:16
74	3715	Peter BAKER	MV60	Ware Joggers	48:16
75	8140	Gavin COOPER	MV40	Stevenage Phoenix	48:22
76	3807	George MCELROY	MS	Unattached	48:52
77	8173	Daniel BRAMALL	MV40	Unattached	48:56
78	7905	Matt HEATON	MV50	Unattached	49:00
79	7394	Michael LAMB	MV50	Dacorum Athletic Club	49:03
80	8204	John DYKE	MV50	Unattached	49:09
81	7256	Nathaniel WHITLEY	MV50	Unattached	49:27
82	8326	Andy MITCHELL	MV50	Dacorum Athletic Club	49:38
83	7272	Adam PARKER	MS	Unattached	49:41
84	8172	Nik MOSS	MV70+	Unattached	49:45
85	7447	Richard BLOOM	MV70+	Herts Phoenix AC	49:50
86	7418	Steven DOBNER	MV40	Royston Runners	50:12
87	7926	Conor ONEILL	MV40	Stevenage Phoenix	50:12
88	8132	Derek OLDHAM	MV60	Unattached	50:35
89	8251	Graham THORPE	MV50	Shefford Runners	50:38
90	3765	Richard COFFEY	MV50	Ware Joggers	50:55
91	7487	Philip PUGH	MV60	Dacorum Athletic Club	51:01
92	7257	Oscar WHITLEY	MU20	Stevenage & North Herts AC	51:08
93	7769	Roger ADEY	MV60	Garden City Runners	51:34
94	3692	Jerry BRYAN	MV60	Barnet & District AC	51:46
95	7452	Andrew DEXTER	MV50	Unattached	51:51

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Pos	Bib	Name	Cat	Club	Gun
96	7794	Martin DUDLEY	MV60	Fairlands Valley Spartans	51:55
97	8068	Russell MORRIS	MV50	Garden City Runners	51:55
98	8138	Phil GOVER	MS	Stevenage Phoenix	52:06
99	7231	Ken HALL	MV70+	Stevenage Phoenix	52:09
100	8115	Mark LEGATE	MV50	Stevenage Phoenix	52:20
101	8174	Ant STANSBIE	MV60	Unattached	52:31
102	8165	Rikki CLARK	MS	Unattached	52:43
103	7423	Darren GILBERT	MS	Stevenage Phoenix	52:52
104	7748	Chris PHILLIPS	MV60	Unattached	53:02
105	3776	Robert JONES	MV50	Garden City Runners	53:14
106	7425	Ray CLARABUT	MV70+	Trent Park Running Club	53:17
107	8293	Graham SIMPSON	MV40	Unattached	53:24
108	8017	Robert DAVIES	MV50	Dacorum Athletic Club	53:25
109	7229	Nicholas POYNTER	MV50	Unattached	54:21
110	7851	Dale ALLARDYCE	MV40	Unattached	54:38
111	7908	Gareth WHITE	MV40	Unattached	54:46
112	7311	Daniel SALES	MV40	Unattached	54:58
113	7225	Matt TUTTON	MS	Fairlands Valley Spartans	55:12
114	3739	Douglas BROOKER	MV60	Unattached	55:13
115	7273	Pete COOK	MV50	Unattached	55:40
116	8051	Richard BROWN	MV60	Garden City Runners	55:49
117	7277	Rob MARKHAM	MS	Unattached	55:56
118	7461	Steven PEEL	MV50	North Herts Road Runners	55:58
119	7779	John ADAMS	MV60	Shefford Runners	56:02
120	7728	Brian MCCUSKER	MV50	Unattached	56:23
121	3220	Clive SMITH	MV60	Ware Joggers	56:47
122	7318	Dan FELLOWS	MS	Unattached	56:57
123	7875	Alan HOPKINS	MV50	Unattached	56:58
124	8217	Andy JAY	MV50	Fairlands Valley Spartans	57:22
125	8275	Roger PARTRIDGE	MV60	Ware Joggers	57:48
126	8279	Stephen COATES	MV40	Unattached	57:51
127	7431	Adrian ALLEN	MV60	Unattached	58:34
128	7770	Nick KLEANTHOUS	MV60	Fairlands Valley Spartans	58:35
129	7471	Chris FRY	MV40	Hitchin Running Club	58:52
130	8297	Paul PICKARD	MV50	Stevenage & North Herts AC	59:20
131	7316	Matt FELLOWS	MS	Unattached	59:26
132	7317	James FELLOWS	MS	Unattached	59:26
133	8215	Jim BROWN	MV70+	Fairlands Valley Spartans	1:00:44
134	3704	Phil HUDSON	MV60	Ware Joggers	1:01:04
135	8076	Neil HOMEWOOD	MV60	Stevenage Phoenix	1:01:25
136	7476	Brian ROBBINS	MV50	Garden City Runners	1:02:11
137	7407	Phil JOSLIN	MV70+	Dacorum Athletic Club	1:02:19
138	3732	Robert CARTWRIGHT	MV60	Garden City Runners	1:02:51
139	3722	Ian WOLSTENCROFT	MV60	Dacorum Athletic Club	1:03:59
140	7408	Peter LAPHORNE	MV60	Garden City Runners	1:04:01
141	7893	Chris LEIGH	MV60	Stevenage Phoenix	1:06:40
142	7727	Brian SMITH	MV70+	Ware Joggers	1:08:18
143	7330	Mike EVE	MV60	Unattached	1:10:01

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Pos	Bib	Name	Cat	Club	Gun
144	3749	Colin NAMAN	MV70+	Ware Joggers	1:10:39
145	8118	Stephen MEHEW	MV50	Unattached	1:25:04
146	7998	Roger BIGGS	MV70+	Fairlands Valley Spartans	1:34:29
147	7765	Dennis DRAPER	MV70+	Garden City Runners	1:35:50

Number of records: 247