|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  Pl. Bib | Name | Cat | Club | GunTime |
| Herts MV40 |  |  |  |  |
| Male |  |  |  |  |
| MV40 |  |  |  |  |
|  1. 5434 | Phillip EVANS | MV40 | St Albans Striders | 36:29 |
|  2. 5474 | Vincent RIVIERE | MV40 | Ware Joggers | 36:45 |
|  3. 5487 | David O'SULLIVAN | MV40 | Watford Joggers | 36:54 |
|  4. 5472 | Kevin FRANCIS | MV40 | Ware Joggers | 37:04 |
|  5. 5408 | Stewart OVERTON | MV40 | North Herts Road Runners | 37:38 |
|  6. 5359 | Ben BEECROFT | MV40 | Dacorum Athletic Club | 38:01 |
|  7. 5476 | Mark AMES | MV40 | Watford Joggers | 38:51 |
|  8. 5438 | Christian KUREK | MV40 | St Albans Striders | 40:44 |
|  9. 5439 | Gavin MURRISON | MV40 | St Albans Striders | 40:48 |
|  10. 5471 | Neil BULL | MV40 | Ware Joggers | 40:59 |
|  11. 5433 | Richard EVANS | MV40 | St Albans Striders | 41:29 |
|  12. 5364 | Matt LEESE | MV40 | Dacorum Athletic Club | 41:34 |
|  13. 5473 | Jamie HIGGS | MV40 | Ware Joggers | 42:50 |
|  14. 5360 | Steve BROWN | MV40 | Dacorum Athletic Club | 43:59 |
|  15. 5381 | Muiris O'CONNELL | MV40 | Harpenden Arrows | 44:08 |
|  16. 5486 | Scott MITCHELL | MV40 | Watford Joggers | 46:55 |
|  17. 5436 | Adam HERRON | MV40 | St Albans Striders | 47:43 |
|  18. 5361 | Steve BUTT | MV40 | Dacorum Athletic Club | 55:47 |
|  19. 5488Herts MV50 | Jonathan PITKIN | MV40 | Watford Joggers | 56:47 |
| Male |  |  |  |  |
| MV50 |  |  |  |  |
|  1. 5369 | Simon TOWNSEND | MV50 | Dacorum Athletic Club | 38:54 |
|  2. 5475 | Matthew ADCOCK | MV50 | Watford Harriers | 39:31 |
|  3. 5416 | Graham HILL | MV50 | Royston Runners | 40:12 |
|  4. 5366 | Adam MILLS | MV50 | Dacorum Athletic Club | 40:35 |
|  5. 5478 | Steve DAVIES | MV50 | Watford Joggers | 41:26 |
|  6. 5415 | Richard HARRISON | MV50 | Royston Runners | 42:20 |
|  7. 5426 | Nigel ASTON | MV50 | St Albans Striders | 42:41 |
|  8. 5442 | Steve SCORER | MV50 | St Albans Striders | 42:54 |
|  9. 5428 | Jonathan BIRD | MV50 | St Albans Striders | 43:04 |
|  10. 5422 | Tim BUTLER | MV50 | Shaftesbury Barnet Harriers | 43:41 |
|  11. 5419 | Lee ROBERTS | MV50 | Royston Runners | 43:53 |
|  12. 5431 | Gavin CLIFTON | MV50 | St Albans Striders | 44:44 |
|  13. 5374 | Sean BOWEN | MV50 | Garden City Runners | 44:52 |
|  14. 5425 | Tim UNDERHILL | MV50 | Shaftesbury Barnet Harriers | 45:01 |
|  15. 5440 | Robin NEWBY | MV50 | St Albans Striders | 45:06 |
|  16. 5435 | Paul GREAVES | MV50 | St Albans Striders | 45:23 |
|  17. 5362 | Howard CLARK | MV50 | Dacorum Athletic Club | 45:33 |
|  18. 5430 | Alec CAMPBELL | MV50 | St Albans Striders | 45:53 |
|  19. 5424 | Paul MACCARTHY | MV50 | Shaftesbury Barnet Harriers | 45:55 |
|  20. 5423 | Barry HAWS | MV50 | Shaftesbury Barnet Harriers | 46:12 |
|  21. 5418 | Paul MARTIN | MV50 | Royston Runners | 46:16 |
|  22. 5376 | Andy HOLT | MV50 | Garden City Runners | 47:00 |
|  23. 5477 | Richard BIRD | MV50 | Watford Joggers | 47:14 |
|  24. 5489 | Patrick SIU | MV50 | Watford Joggers | 49:06 |
|  25. 5363 | Martin GILL | MV50 | Dacorum Athletic Club | 50:31 |
|  26. 5427 | Christopher BALL | MV50 | St Albans Striders | 50:34 |
|  27. 5485 | James MARTIN | MV50 | Watford Joggers | 50:39 |
|  28. 5441 | Roger SANT | MV50 | St Albans Striders | 52:57 |
|  29. 5367 | Andy MITCHELL | MV50 | Dacorum Athletic Club | 53:22 |
|  30. 5377 | Alex MALZER | MV50 | Garden City Runners | 57:09 |
|  31. 5493Herts MV60+ | Tony WILLIAMS | MV50 | Watford Joggers | 57:35 |
| Male |  |  |  |  |
| MV60 |  |  |  |  |
|  1. 5469 | Michael BURGESS | MV60 | Tring RC | 30:35 |
|  2. 5355 | Paul BASSA | MV60 | Barnet & District AC | 30:41 |
|  3. 5378 | Mike RUSSELL | MV60 | Garden City Runners | 31:44 |
|  4. 5417 | Brian JONES | MV60 | Royston Runners | 32:00 |
|  5. 5429 | Colin BRAYBROOK | MV60 | St Albans Striders | 33:04 |
|  6. 5432 | Andrew DOBINSON | MV60 | St Albans Striders | 33:31 |
|  7. 5470 | Jon SALMON | MV60 | Tring RC | 34:16 |
|  8. 5480 | Marcus EDWARDS | MV60 | Watford Joggers | 34:27 |
|  9. 5414 | Paul GREEN | MV60 | Royston Runners | 34:45 |
|  10. 5375 | Paul GATENS | MV60 | Garden City Runners | 35:12 |
|  11. 5437 | Adrian JONES | MV60 | St Albans Striders | 35:54 |
|  12. 5490 | Colin TAYLOR | MV60 | Watford Joggers | 36:50 |
|  13. 5368 | Phil PUGH | MV60 | Dacorum Athletic Club | 39:11 |
|  14. 5389 | Richard FOSKETT | MV60 | Herts Phoenix AC | 39:42 |
|  15. 5373 | Nick KLEANTHOUS | MV60 | Fairlands Valley Spartans | 40:05 |
|  16. 5492 | Robin TREMAINE | MV60 | Watford Joggers | 40:16 |
|  17. 5483 | Robert KENISON | MV60 | Watford Joggers | 41:30 |
|  18. 5491 | Keith TAYLOR | MV60 | Watford Joggers | 44:49 |
|  19. 5484MV70+ | Andrew LORD | MV60 | Watford Joggers | 46:42 |
|  1. 5479 | Richard DOUGHTY | MV70+ | Watford Joggers | 35:18 |
|  2. 5358 | Desmond MICHAEL | MV70+ | Barnet & District AC | 35:52 |
|  3. 5481Herts FV35 | John GRAY | MV70+ | Watford Joggers | 51:59 |
| Female |  |  |  |  |
| FV35 |  |  |  |  |
|  1. 1480 | Claire HALLISSEY | FV35 | Dacorum Athletic Club | 29:20 |
|  2. 1256 | Rebecca FAWCETT | FV35 | Dacorum Athletic Club | 31:07 |
|  3. 1259 | Jess GRAY | FV35 | Dacorum Athletic Club | 31:18 |
|  4. 1505 | Kate DIXON | FV35 | St Albans Striders | 32:08 |
|  5. 1316 | Vickie COLEMAN | FV35 | Dacorum Athletic Club | 34:36 |
|  6. 1525 | Jo SHERMAN | FV35 | Watford Joggers | 36:25 |
|  7. 1258 | Louise FLOWER | FV35 | Dacorum Athletic Club | 39:17 |
|  8. 1504 Rachel ALDRIDGE FV35 St Albans Striders 39:59 |
| 9. 1524Herts FV45+ | Sarah ROBERTS | FV35 | Watford Joggers | 40:11 |
| Female |  |  |  |  |
| FV45 |  |  |  |  |
| 1. 1481 | Kate RENNIE | FV45 | Dacorum Athletic Club | 28:41 |
| 2. 1521 | Amy COPE-BALCHIN | FV45 | Watford Joggers | 35:17 |
| 3. 1499 | Barbara SAYERS | FV45 | North Herts Road Runners | 35:57 |
| 4. 1482 | Sam SULLIVAN | FV45 | Dacorum Athletic Club | 36:03 |
| 5. 1488 | Isabel GREEN | FV45 | Harpenden Arrows | 38:07 |
| 6. 1484 | Karen WASS | FV45 | Dacorum Athletic Club | 41:05 |
| 7. 1254 | Clare BOUTLE | FV45 | Barnet & District AC | 43:35 |
| 8. 1496 | Lindsay COOK | FV45 | North Herts Road Runners | 45:13 |
| 9. 1520FV55 | Sarah COLTMAN | FV45 | Watford Joggers | 48:01 |
| 1. 1257 | Celia FINDLAY | FV55 | Dacorum Athletic Club | 36:29 |
| 2. 1466 | Helen HOYLE | FV55 | Barnet & District AC | 37:00 |
| 3. 1483 | Penny WALLDUCK | FV55 | Dacorum Athletic Club | 42:00 |
| 4. 1495 | Linda AIRD | FV55 | North Herts Road Runners | 42:09 |
| 5. 1468 | Kirsty JOHNSTONE | FV55 | Barnet & District AC | 42:40 |
| 6. 1523 | Melisa MOODY | FV55 | Watford Joggers | 43:40 |
| 7. 1506 | Diane HUNT | FV55 | St Albans Striders | 46:06 |
| 8. 1522 | Angela EDWARDS | FV55 | Watford Joggers | 49:59 |
| 9. 1487FV65+ | Sharon CROWLEY | FV55 | Fairlands Valley Spartans | 50:22 |
| 1. 1518 | Lynda HEMBURY | FV65+ | Tring RC | 33:05 |
| 2. 1497 | Miranda MORGAN | FV65+ | North Herts Road Runners | 47:33 |