

Herts and Middx Vets Cross Country Championships

Team Results Herts MV40

Rank	Bib	Name	Cat	Time	Club
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Herts MV40

1. St Albans Striders 1 29

1	5434	Phillip EVANS	MV40	36:29	St Albans Striders
8	5438	Christian KUREK	MV40	40:44	St Albans Striders
9	5439	Gavin MURRISON	MV40	40:48	St Albans Striders
11	5433	Richard EVANS	MV40	41:29	St Albans Striders

2. Ware Joggers 1 29

2	5474	Vincent RIVIERE	MV40	36:45	Ware Joggers
4	5472	Kevin FRANCIS	MV40	37:04	Ware Joggers
10	5471	Neil BULL	MV40	40:59	Ware Joggers
13	5473	Jamie HIGGS	MV40	42:50	Ware Joggers

3. Watford Joggers 1 45

3	5487	David O'SULLIVAN	MV40	36:54	Watford Joggers
7	5476	Mark AMES	MV40	38:51	Watford Joggers
16	5486	Scott MITCHELL	MV40	46:55	Watford Joggers
19	5488	Jonathan PITKIN	MV40	56:47	Watford Joggers

Herts MV50

1. St Albans Striders 1 36

7	5426	Nigel ASTON	MV50	42:41	St Albans Striders
8	5442	Steve SCORER	MV50	42:54	St Albans Striders
9	5428	Jonathan BIRD	MV50	43:04	St Albans Striders
12	5431	Gavin CLIFTON	MV50	44:44	St Albans Striders

2. Royston Runners 1 41

3	5416	Graham HILL	MV50	40:12	Royston Runners
6	5415	Richard HARRISON	MV50	42:20	Royston Runners
11	5419	Lee ROBERTS	MV50	43:53	Royston Runners
21	5418	Paul MARTIN	MV50	46:16	Royston Runners

3. Dacorum Athletic Club 1 47

1	5369	Simon TOWNSEND	MV50	38:54	Dacorum Athletic Club
4	5366	Adam MILLS	MV50	40:35	Dacorum Athletic Club
17	5362	Howard CLARK	MV50	45:33	Dacorum Athletic Club
25	5363	Martin GILL	MV50	50:31	Dacorum Athletic Club