**Pednor 5 – Monday 2 May 2022**

**Results of the Hertfordshire Senior 5 mile Road Racing Championship 2022**

**Individual – Men**

|  |  |  |  |  |
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| **Place** | **Time** | **Name** | **Team** | **Age Category** |
| 1 | 26:51 | PEDLEY, Sam | Bishops Stortford RC | Senior Men |
| 2 | 27:17 | COLEMAN, Doug | Dacorum AC | Senior Men |
| 3 | 28:45 | O'SULLIVAN, David | Watford Joggers | Veteran Men 40 |
| 4 | 28:54 | KING, Jim | St Albans Striders | Veteran Men 50 |
| 5 | 29:27 | KENNY, Ben | Dacorum AC | Senior Men |
| 6 | 29:30 | LANGLEY, Ross | Tring RC | Senior Men |
| 7 | 29:49 | MACK, Thomas | Dacorum AC | Senior Men |
| 8 | 29:57 | ROBERTS, Jonathan | Gade Valley Harriers | Veteran Men 50 |
| 9 | 32:17 | WILLCOX, Anthony | Gade Valley Harriers | Veteran Men 40 |
| 10 | 33:43 | CLARK, Gareth | Dacorum AC | Veteran Men 50 |
| 11 | 34:27 | ROWLANDS, Rhys | Dacorum AC | Senior Men |
| 12 | 35:36 | REEVE, Tony | Dacorum AC | Veteran Men 60 |
| 13 | 35:49 | BRYAN, Jerry | Barnet & District AC | Veteran Men 60 |
| 14 | 36:32 | EDWARDS, Marcus | Watford Joggers | Veteran Men 60 |
| 15 | 36:48 | TAYLOR, Colin | Watford Joggers | Veteran Men 60 |
| 16 | 39:18 | WILLIAMS, Colin | Watford Joggers | Veteran Men 50 |
| 17 | 39:22 | BLOOM, Richard | Herts Phoenix | Veteran Men 70 |
| 18 | 39:49 | SANT, Roger | St Albans Striders | Veteran Men 50 |
| 19 | 39:59 | EMMERSON, Darren | Fairlands Valley Spartans | Veteran Men 50 |
| 20 | 40:05 | WIGGINS, Nigel | Dacorum AC | Veteran Men 50 |
| 21 | 41:44 | KENDALL, Roland | Gade Valley Harriers | Veteran Men 40 |
| 22 | 42:01 | KENISON, Robert | Watford Joggers | Veteran Men 60 |
| 23 | 43:10 | SHARMAN, William | Unattached | Veteran Men 50 |
| 24 | 43:58 | TRAVERS, Mark | St Albans Striders | Veteran Men 50 |
| 25 | 47:52 | STORRIE, Martin | Gade Valley Harriers | Veteran Men 60 |
| 26 | 48:59 | BONNICK, Ian | Watford Joggers | Veteran Men 60 |
| 27 | 49:36 | HEWSON, Rod | Watford Joggers | Veteran Men 70 |

**Individual – Women**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Place** | **Time** | **Name** | **Team** | **Age Category** |
| 1 | 30:52 | MUSSEN, Helen | Watford Joggers | Veteran Women 45 |
| 2 | 33:35 | WARREN, Katy | Dacorum AC | Senior Women |
| 3 | 34:08 | DUNSCOMBE, Kate | Watford Joggers | Veteran Women 35 |
| 4 | 34:28 | COLEMAN, Victoria | Dacorum AC | Veteran Women 35 |
| 5 | 39:27 | BONNICK, Clare | Watford Joggers | Veteran Women 55 |
| 6 | 40:59 | HAFFENDEN, Rachel | Gade Valley Harriers | Veteran Women 45 |
| 7 | 41:15 | DEFOE, Susan | Watford Joggers | Veteran Women 55 |
| 8 | 41:34 | KEOGH, Angela | Watford Joggers | Veteran Women 45 |
| 9 | 41:49 | FLOWER, Louise | Dacorum AC | Senior Women |
| 10 | 42:05 | SHARMAN, Sarah | Watford Joggers | Veteran Women 55 |
| 11 | 42:08 | WILSON, Isabel | Gade Valley Harriers | Veteran Women 65 |
| 12 | 43:27 | EMMERSON, Claire | Fairlands Valley Spartans | Veteran Women 45 |
| 13 | 43:50 | CLARK, Tamara | Dacorum AC | Veteran Women 45 |
| 14 | 44:35 | HUNT, Diane | St Albans Striders | Veteran Women 55 |
| 15 | 46:26 | KLEIN, Erica | Dacorum AC | Veteran Women 35 |
| 16 | 46:43 | TERRY, Helen | Gade Valley Harriers | Veteran Women 35 |
| 17 | 46:45 | THOMAS, Karis | Gade Valley Harriers | Senior Women |
| 18 | 49:58 | EDWARDS, Angela | Watford Joggers | Veteran Women 55 |

**Team – Men**

|  |  |
| --- | --- |
| **1** | **Dacorum AC** |
| 2 | 27:17 | COLEMAN, Doug | SM |
| 5 | 29:27 | KENNY, Ben | SM |
| 7 | 29:49 | MACK, Thomas | SM |
| 10 | 33:43 | CLARK, Gareth | MV50 |
| **24** | **2:00:16** | **Totals** |
|  |
| **2** | **Watford Joggers** |
| 3 | 27:39 | O’SULLIVAN, David | MV40 |
| 14 | 36:32 | EDWARDS, Marcus | MV60 |
| 15 | 36:48 | TAYLOR, Colin | MV60 |
| 16 | 39:18 | WILLIAMS, Colin | MV50 |
| **48** | **2:21:23** | **Totals** |
|  |
| **3** | **Gade Valley Harriers** |
| 8 | 29:57 | ROBERTS, Jonathan | MV50 |
| 9 | 32:17 | WILLCOX, Anthony | MV40 |
| 21 | 41:44 | KENDALL, Roland | MV40 |
| 25 | 47:52 | STORRIE, Martin | MV60 |
| **63** | **2:31:50** | **Totals** |

**Team – Women**

|  |  |
| --- | --- |
| **1** | **Watford Joggers** |
| 1 | 30:52 | MUSSEN, Helen | VW45 |
| 3 | 34:08 | DUNSCOMBE, Kate | VW35 |
| 5 | 39:27 | BONNICK, Clare | VW55 |
| **9** | **1:44:27** | **Totals** |
|  |
| **2** | **Dacorum AC** |
| 2 | 33:35 | WARREN, Katy | SW |
| 4 | 34:28 | COLEMA, Victoria | VW35 |
| 9 | 41:39 | FLOWER, Louise | SW |
| **15** | **1:50:15** | **Totals** |
|  |
| **3** | **Watford Joggers (2)** |
| 7 | 41:15 | DEFOE, Susan | VW55 |
| 8 | 41:34 | KEOGH, Angela | VW45 |
| 10 | 42:05 | SHARMAN, Sarah | VW55 |
| **25** | **2:04:54** | **Totals** |
|  |
| **4** | **Gade Valley Harriers** |
| 6 | 40:59 | HAFFENDEN, Rachel | VW45 |
| 11 | 42:08 | WILSON, Isabel | VW65 |
| 16 | 46:43 | TERRY, Helen | VW35 |
| **33** | **2:09:50** | **Totals** |