2021 TRACK AND FIELD CHAMPIONSHIPS

## Saturday 31 July MAIN CHAMPIONSHIP Woodside Stadium, Watford

## Sunday 1 August MAIN CHAMPIONSHIP Woodside Stadium, Watford

## All Age-groups

**Date tba** 1500 metres (all age groups), 7pm start Venue tba

**Thursday tba July/August tba**

10000 metres (U20, Senior Men and Women) **Sandy, Beds**

**General conditions for entry**

**AGE GROUPS**

Senior Men (SM) at least 20 at midnight on 31.12.2021

Senior Women (SW) at least 20 at midnight on 31.12.2021

Under 20 Men (U20M) at least 17 at midnight 31.8/1.9 but under 20 at midnight on 31.12.2021

Under 20 Women (U20W) at least 17 at midnight 31.8/1.9 but under 20 at midnight on 31.12.2021

Under 17 Men (U17M) at least 15 but under 17 at midnight 31.8/1.9.2021 (*school years 10 & 11)*

Under 17 Women (U17W) at least 15 but under 17 at midnight 31.8/1.9.2021 (*school years 10 & 11)*

Under 15 Boys (U15B) at least 13 but under 15 at midnight 31.8/1.9.2021 (*school years 8 & 9)*

Under 15 Girls (U15G) at least 13 but under 15 at midnight 31.8/1.9.2021 (*school years 8 & 9)*

Under 13 Boys (U13B) at least 11 but under 13 at midnight 31.8/1.9.2021 (*school years 6 & 7)*

Under 13 Girls (U13G) at least 11 but under 13 at midnight 31.8/1.9.2021 (*school years 6 & 7)*

**Athletes may only compete in their own age-group.**

*Under 17s, Under 15s, and Under 13s are not allowed to compete in more than 3 individual events on one day (except in the case of a Combined Events competition). Under 20s are not allowed to compete in more than 5 individual events on one day*.

**QUALIFICATION** Any athlete born in Hertfordshire or having resided in the County for nine months prior to date of competition may enter Championship events.

 Clubs or Schools may enter relay events only if affiliated directly to the County Association.

**ENTRIES** All paper entries shall be made on County entry forms; to be sent to the County Official as set out in the prospectus for each date.

 **Entries for, July 31 & August 1 (main championship) may be made on-line. Details on the county website.**

All entries must be accompanied by the correct fee.

The timetable will be available on the county website at [www.hertscaaa.org.uk](http://www.hertscaaa.org.uk) once entries have closed.

Separate forms must be used for **each** Championship **date**

**ENTRY FEES £5 per event**

Cheques should be made payable to Hertfordshire County AAA

**NOTE** 1. If there is only one entry for an event, this event may not be held and the entry fee will be refunded.

2 Medals will be awarded to the first three in each event, regardless of the number of entries to that event.

3. All events held under UKA rules

**TRACK AND FIELD CHAMPIONSHIPS**

**WOODSIDE STADIUM, WATFORD**

**SATURDAY 31 JULY 2021 - 9.30am start**

**EVENTS**

######  Senior Men 100m, 400m, 800m, 110mH

 PV, TJ, SP, DT, HT, JT

 Under 20 Men 100m, 400m, 800m, 110mH

 PV, TJ, SP, DT, HT, JT

 Under 17 Men 100m, 400m, 800m, 100mH

 PV, TJ, SP, DT, HT, JT

Under 15 Boys 100m, 300m, 800m, 80mH

 PV, TJ, SP, DT, HT, JT

 Under 13 Boys 100m, 800m, 75mH, SP, DT, JT

 Senior Women 100m, 400m, 800m, 100mH

 PV, TJ, SP, HT

 Under 20 Women 100m, 400m, 800m, 100mH

 PV, TJ, SP, HT

 Under 17 Women 100m, 400m, 800m, 80mH

 PV, TJ, SP, HT

 Under 15 Girls 100m, 300m, 800m, 75mH

######  PV, TJ, SP, HT

#  Under 13 Girls 100m, 800m, 70mH, SP

**ENTRIES**

**On-line via the link on the county website (payment via BACS transfer)**

**OR by post to**

Sally Gandee, 4 Westfield Road, Hertford, Herts, SG14 3DJ tel 01992 582208

**FEES** £5 per event

Cheques payable to Hertfordshire County AAA (postal entries)

 Correct fee must accompany each entry.

 The timetable will be available on the county website at [www.hertscaaa.org.uk](http://www.hertscaaa.org.uk)

**CLOSING DATE FOR ENTRIES – July 16 2021**

**TRACK AND FIELD CHAMPIONSHIPS**

**WOODSIDE STADIUM, WATFORD**

**SUNDAY 1 AUGUST 2021 - 9.30am start**

**EVENTS**

######  Senior Men 200m, 800m (final), 5000m, 400mH

 HJ, LJ

 Under 20 Men 200m, 800m (final), 5000m, 400mH

 HJ, LJ

 Under 17 Men 200m, 800m (final), 400mH

 HJ, LJ,

 Under 15 Boys 200m, 800m (final)

 HJ, LJ

 U13 Boys 200m, 800m (final), HJ, LJ

 Senior Women 200m, 800m (final), 5000m, 400mH

 HJ, LJ, DT, JT

 Under 20 Women 200m, 800m (final), 5000m, 400mH

 HJ, LJ, DT, JT

 Under 17 Women 200m, 800m (final), 300mH

 HJ, LJ, DT, JT

 Under 15 Girls 200m, 800m (final), HJ, LJ, DT, JT

#  Under 13 Girls 200m, 800m (final), HJ, LJ, DT, JT

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**On-line via the link on the county website (payment via BACS transfer)**

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**CLOSING DATE FOR ENTRIES – July 16 2021**

**10000m CHAMPIONSHIPS**

**SENIOR MEN, VETERAN MEN, SENIOR WOMEN, VETERAN WOMEN, UNDER 20 MEN & WOMEN**

**Thursday tba July/August 2021 at 8.15pm**

**Enter on the night**

**Venue – Sandy, Beds**

**Fee:** £5.00

**1500m CHAMPIONSHIPS**

**SENIOR MEN, VETERAN MEN, SENIOR WOMEN, VETERAN WOMEN, UNDER 20 MEN & WOMEN, U17 MEN & WOMEN, U15 BOYS & GIRLS,**

**U13 BOYS & GIRLS**

**Date tba 2021 at 7.00pm**

**Venue – tba**

**Fee:** £5.00

The races will be run starting with the U13s and moving up the age-groups. Herts & Beds athletes will run in the same age-group races if numbers permit. Age-groups may be combined.

 **Entries to** **On-line via the link on the county website (payment via BACS transfer)**

 Or by post to Mrs Sally Gandee, 4 Westfield Road, Hertford, Herts, SG14 3DJ

 For paper entries cheques payable to Hertfordshire County AAA

 Closing date tba