

## Herts County Indoor Championships 14/15 March 2020, Lee Valley

<b>Under 20 Men 60 Metres</b>		(b)		
	CBP Destiny Ogali	D&T	2019	6.97
1	15 Samad Ibrahim	Dacorum & Tring	7.28	
2	16 Nile Odejimi-Riley	Stevenage & NH	7.41	
<b>Under 20 Men 200 Metres</b>		(a)		
	CBP Luis Da Silva	StA	2013	22.53
1	45 Joel Evans	Stevenage & NH	23.19	
2	15 Samad Ibrahim	Dacorum & Tring	23.45	
<b>Under 20 Men 400 Metres</b>		(b)		
	CBP Michael Edwards	E&H	2012	50.44
1	63 Freddie Reilly	Shaftesbury Barnet H	51.72	
<b>Under 20 Men 800 Metres</b>		(a)		
	CBP Beck Grover	HPx	2017	1:56.61
1	76 Michael Armstrong	Dacorum & Tring	2.06.25	
2	77 Alex Lytrides	Trent Park RC	2.13.95	
<b>Under 20 Men 60 Metres Hurdles</b>		(a)		
	CBP Matthew Hall	SBH	2015	8.37
1	2 Ralph Williams	Shaftesbury Barnet H	8.69	
2	1 Josiah Barker	Dacorum & Tring	8.95	

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### Under 20 Men Pole Vault

(b)

CBP	JJ Lister	Harr	2015	4.60	
1	113 Bryce Breen	Herts Phoenix	4.30		3.90 xxo, 4.10 o, 4.30 xxo, 4.40 xxx
2=	112 William Ashton	Dacorum & Tring	3.30		3.30 o, 3.50 xxx
2=	114 Haydn Williams	Dacorum & Tring	3.30		2.90 o, 3.10 -, 3.30 o, 3.50 xxx

### Under 20 Men Triple Jump

(b)

CBP	Leo Lundgren	HPx	2010	13.50	
<b>1</b>	<b>16 Nile Odejimi-Riley</b>	<b>Stevenage &amp; NH</b>	<b>13.56 CBP</b>		13.56, 13.41, x, x

### Under 20 Men Shot

(a)

CBP	Ashley Ralph	StA	2008	13.77	
1	1 Josiah Barker	Dacorum & Tring	12.83		10.92, 12.83, 12.05, 12.48