

Herts County Indoor Championships 14/15 March 2020, Lee Valley

Senior Men 60 Metres		(b)		
	CBP Adam Daish	E&H	2008	7.08
1	13 James Peacock	Harlow AC	7.73	
Senior Men 200 Metres		(a)		
	CBP Antonio Infantino	SBH	2011	22.04
1	13 James Peacock	Harlow AC	24.66	
Senior Men 400 Metres		(b)		
	CBP Glyn Hawkes	Card	2011	49.10
	not contested			
Senior Men 800 Metres		(a)		
	CBP James McMurray	StA	2017	1:51.96
1	73 Ross Connor	Watford Harriers	2.09.70	
2	75 Thomas Wackett	Herts Phoenix	2.27.94	
3	74 Rob Potton	Dacorum & Tring	2.33.35	
Senior Men 1,500 Metres		(b)		
	CBP James McMurray	StA	2019	3:48.47
1	73 Ross Connor	Watford Harriers	4.24.64	
2	75 Thomas Wackett	Herts Phoenix	4.48.09	

Herts County Indoor Championships 14/15 March 2020, Lee Valley

Senior Men High Jump

(a)

CBP Elior Harris	SNH	2016	1.95	
1 106 Harvey Griffiths	Watford Harriers	1.45		1.40 o, 1.45 o, 1.50 xxx

Senior Men Pole Vault

(b)

CBP Mark Pinney	SNH	2015	2.40	
1 111 Elliot Breen	Herts Phoenix	4.10 CBP		4.10 xxo, 4.30 xxx

Senior Men Long Jump

(a)

CBP Elior Harris	SNH	2010	5.97	
1 106 Harvey Griffiths		3.97		3.80, 3.97, 3.88, 3.84

Senior Men Triple Jump

(b)

CBP Sam Poulton	SNH	2009	12.70	
1 106 Harvey Griffiths	Watford Harriers	9.55		x,x,9.55, 9.39

Senior Men Shot

(a)

CBP Alex Jovanovski	E&H	2016	12.49	
1 124 Ray McKenna	Watford Harriers	11.34		11.34, 11.06, 11.03, 11.10
2 106 Harvey Griffiths	Watford Harriers	7.39		7.39, 7.11, 7.24, 6.34