

County Champs - Seniors	Winner	Club
1 st Male	Michael Waddington	Ware Joggers
2 nd Male	Kevin Francis	Ware Joggers
3 rd Male	Darren Sunter	NHRR
1 st Female	Annabel Gummow	Winchester and District AC
2 nd Female	Rebecca Cole	n/a
3 rd Female	Cathy Donkin	n/a
Gold Men's Team	Michael Waddington, Kevin Francis, Kevin Sambridge, Lee Hembling	Ware Joggers
Silver Men's Team	Simon Jackson, Jason Anderson, Ciaran McAneny, David Harris - Cherguit	FVS
Bronze Men's Team	Dean Carpenter, Ricky Pearce, Adrian Busolini, Paul Hewett	FVS
Gold Women's Team	Rhiannon Griffin, Ashley King, Kelly Evans	FVS
Silver Women's Team	Georgie Hooper, Fiona Clarke, Jennifer Malekpour	FVS
Bronze Women's Team	Victoria Mclver, Sarah Allen, Esperanza Castro	Stevenage Striders

County Champs - Vets	Winner	Club
MV 40-49	1 st Kevin Francis	Ware Joggers
	2 nd Kevin Sambridge	Ware Joggers
	3 rd Simon Jackson	FVS
MV 50-59	1 st Steve Davies	Watford Joggers
	2 nd Nigel Aston	St Albans Striders
	3 rd Adrian Sherwood	NHRR
MV 60-69	1 st Michael Russell	Team Trident
	2 nd Martyn Perrin	N/a
	3 rd Keith MacDougall	n/a
MV 70+	1 st Ian McClymont	Bishops Stortford RC
	2 nd Dennis Draper	GCR
FV 35-44	1 st Agnieszka Roznicka	N/a
	2 nd Tracey Cotton	Gade Valley
	3 rd Jasmine Abrey	N/a
FV 45 - 54	1 st Cathy Donkin	n/a
	2 nd Rebecca Barden	GCR
	3 rd Victoria Mclver	Stevenage Striders
FV 55-64	1 st Celia Findlay	Dacorum & Tring
	2 nd Claire Bonnick	Watford Joggers
	3 rd Esperanza Castro	Stevenage Striders
FV 65+	1 st Jenny Amery	n/a
Gold Men's Team	Simon Jackson, Ciaran McAneny, David Harris-Cherguit Dean Carpenter	FVS

Silver Men's Team	Steve Ellerd-Elliott, Alex Newman-Smith, Sean Bowen, Robert Dilley	GCR
Bronze Men's Team	Darren Emmerson, Matt Clarke, John Filby, Graham Hoare	FVS
Gold Women's Team	Fiona Clarke, Alison Shelley, Mo Warrilow	FVS
Silver Women's Team	Rebecca Barden, Alexandra Yates, Karen Atkinson	GCR
Bronze Women's Team	Victoria McIver, Esperanza Castro, Gillian Philpotts	Stevenage Striders

Stevenage Half Medals	Winner	Club
1 st Male	Michael Waddington	Ware Joggers
2 nd Male	Dylan Rigby	Invicta East Kent FC
3 rd Male	Andrew Barnes	London Heathside
1 st Female	Annabel Gummow	Winchester and District AC
2 nd Female	Rebecca Cole	n/a
3 rd Female	Cathy Donkin	n/a
Men's Vet 40	Kevin Francis	Ware Joggers
Men's Vet 50	Steve Davies	Watford Joggers
Men's Vet 60	Michael Russell	Team Trident
Men's Vet 70	Ian McClymont	Bishops Stortford RC
Men's Vet 80+	Dennis Draper	GCR
Women's Vet 40	Samantha Fry	Chelmsford Athletic
Women's Vet 50	Cathy Donkin	n/a
Women's Vet 60	Caroline White	London Heathside
Male Team	Michael Waddington, Kevin Francis, Kevin Sambridge, Lee Hembling	Ware Joggers
Female Team	Ella-May Hards, Rhiannon Griffin, Ashley King	FVS