

5K Race 2 2019

County Teams (Vets) - Male

County Rank	Name	Cat	Time	Club
5K Race 2				
M				
1. Ware Joggers 1 31				
1	Kevin SAMBRIDGE	MV40	0:16:41	Ware Joggers
3	Kevin FRANCIS	MV40	0:16:52	Ware Joggers
9	Paul REDDAWAY	MV50	0:17:15	Ware Joggers
18	Paul MARTIN	MV40	0:18:11	Ware Joggers
2. Garden City Runners 1 52				
5	Bruce JUDGE	MV40	0:17:07	Garden City Runners
8	Neil HUME	MV40	0:17:12	Garden City Runners
11	Paul GUY	MV40	0:17:34	Garden City Runners
28	Andrew HOLT	MV50	0:19:04	Garden City Runners
3. St Albans Striders 1 59				
6	Gareth PARKER	MV40	0:17:07	St Albans Striders
12	Stephen HOSTY	MV40	0:17:40	St Albans Striders
15	Gary WARREN	MV50	0:17:54	St Albans Striders
26	Nigel ASTON	MV50	0:18:56	St Albans Striders