

## 5K Race 1 2019

### County Teams (Senior) - Female

CC Rank	Name	Cat	Time	Club
<b>5K Race 1</b>				
<b>F</b>				
<b>1. Fairlands Valley Spartans 1 18</b>				
3	Michelle REEVES	FS	0:19:50	Fairlands Valley Spartans
5	Alison WOOD	FV45	0:20:22	Fairlands Valley Spartans
10	Tanya BRAZIER	FV35	0:21:31	Fairlands Valley Spartans
<b>2. Dacorum &amp; Tring AC 1 23</b>				
2	Kate RENNIE	FV45	0:17:47	Dacorum & Tring AC
7	Hannah BENNETT	FS	0:20:45	Dacorum & Tring AC
14	Louise FLOWER	FS	0:22:25	Dacorum & Tring AC
<b>3. Ware Joggers 1 27</b>				
1	Annabel GUMMOW	FS	0:16:52	Ware Joggers
6	Harriet KEALY	FS	0:20:42	Ware Joggers
20	Anthea FRANCIS	FV35	0:24:03	Ware Joggers