

5K Race 1 2019

Finishers County Male

CC Rank	Name	Cat	Club	Time
5K Race 1				
1	Michael WADDINGTON	MS	Ware Joggers	0:15:40
2	Thomas WEBB	MS	North Herts Road Runners	0:15:50
3	Oscar BELL	MS	Ware Joggers	0:16:10
4	Andrew LEACH	MV50	North Herts Road Runners	0:16:30
5	Mark VAUGHAN	MV40	North Herts Road Runners	0:16:39
6	Stewart OVERTON	MS	North Herts Road Runners	0:16:43
7	Kevin FRANCIS	MV40	Ware Joggers	0:16:51
8	James HUIISH	MS	Garden City Runners	0:17:04
9	Kevin SAMBRIDGE	MV40	Ware Joggers	0:17:10
10	Chris BAYLIS	MS	Tri London	0:17:11
11	Russell BROWN	MV50	Unattached	0:17:27
12	Gareth PARKER	MV40	St Albans Striders	0:17:32
13	Paul REDDAWAY	MV50	Ware Joggers	0:17:36
14	Simon BOSTOCK	MS	Garden City Runners	0:17:43
15	Adam WADLEY	MS	Garden City Runners	0:17:46
16	Alexander ROSEWARN	MS	Watford Harriers	0:17:49
17	Lee HEMBLING	MS	Ware Joggers	0:17:54
18	Jack TANN	MS	Garden City Runners	0:17:56
19	Terry ATKINSON	MV40	Harpenden Arrows	0:17:56
20	Jon WILLIAMS	MS	Ware Joggers	0:17:59
21	Tim SEARLE	MV40	St Albans Striders	0:18:14
22	Daniel PUDNER	MS	Garden City Runners	0:18:16
23	Kris WHITMORE	MV40	Hitchin Hares	0:18:17
24	Neil BULL	MV40	Ware Joggers	0:18:33
25	Jamie HIGGS	MV40	Ware Joggers	0:18:35
26	Matt BROWN	MS	Ware Joggers	0:18:36
27	Peter SIBBETT	MV50	North Herts Road Runners	0:18:40
28	David WESTON	MS	North Herts Road Runners	0:18:40
29	Ryan KEAN	MS	Garden City Runners	0:18:41
30	Garth MORRIS	MV50	Ware Joggers	0:18:45
31	Adrian SHERWOOD	MV50	North Herts Road Runners	0:18:46
32	Jonathan HAYNES	MV60	Bishops Stortford Running Club	0:18:58
33	Nigel ASTON	MV50	St Albans Striders	0:19:01
34	Sebastian ROWE	MV40	St Albans Striders	0:19:08
35	Adrian JAMES	MV50	Harpenden Arrows	0:19:10
36	Iain MCMURRAY	MS	Ware Joggers	0:19:11
37	Daniel LANGTON	MS	St Albans Striders	0:19:14
38	James KEOGH	MV40	North Herts Road Runners	0:19:14
39	Nick WHITE	MV40	Watford Harriers	0:19:15
40	Jake AMOS	MV40	Hitchin Hares	0:19:23
41	Matthew COOKE	MS	Team Trident	0:19:27
42	Ian MUNRO	MV50	Garden City Runners	0:19:33
43	Ian DATLEN	MV40	North Herts Road Runners	0:19:38
44	Jeremy WEIGHTMAN	MV50	Harpenden Arrows	0:19:41
45	Timothy BRIGNALL	MS	Ware Joggers	0:19:59
46	Michael RUSSELL	MV50	Team Trident	0:20:03
47	Colin BRAYBROOK	MV50	St Albans Striders	0:20:09
48	Charlie GRAYSON	MS	Stevenage & North Herts AC	0:20:16
49	Peter JASKO	MV40	Garden City Runners	0:20:21

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50	Neil BRITAIN	MV40	Garden City Runners	0:20:24
51	Howard BULL	MS	St Albans Striders	0:20:33
52	Tim SABAN	MV50	Fairlands Valley Spartans	0:20:35
53	Stuart COCKS	MV40	North Herts Road Runners	0:20:42
54	Barry OSBORNE	MV60	Fairlands Valley Spartans	0:20:51
55	Kevin BROWNE	MV40	North Herts Road Runners	0:21:09
56	Richard HARBON	MV50	North Herts Road Runners	0:21:19
57	Charlie WHITE	MS	Unattached	0:21:24
58	Sam PUCKEY	MS	Hitchin Hares	0:21:30
59	Glenn BREED	MS	Ware Joggers	0:21:56
60	Ben THORN	MS	Unattached	0:22:00
61	Andrew COATES	MV40	North Herts Road Runners	0:22:02
62	Richard BLOOM	MV70	Herts Phoenix	0:22:07
63	Neil HEWITT	MV50	Harpenden Arrows	0:22:15
64	Andrew SIMS	MV50	Ware Joggers	0:22:21
65	Andy MALES	MV40	Unattached	0:22:23
66	Philip PUGH	MV60	Dacorum & Tring AC	0:22:23
67	Paul GREEN	MV60	Royston Runners	0:22:29
68	Christopher POOLE	MS	North Herts Road Runners	0:22:52
69	Andy MITCHELL	MV50	Dacorum & Tring AC	0:22:53
70	James AITCHISON	MV50	Garden City Runners	0:23:02
71	Richard COFFEY	MV50	Ware Joggers	0:23:09
72	Steve EDWARDS	MS	Garden City Runners	0:23:20
73	Barry O'CONNOR	MS	Ware Joggers	0:23:32
74	Phil DEAVES	MV60	Stevenage Striders	0:23:45
75	Clive SMITH	MV60	Ware Joggers	0:23:53
76	Peter BLESSING	MV50	St Albans Striders	0:23:54
77	Roger PARTRIDGE	MV50	Ware Joggers	0:24:08
78	Nigel WIGGINS	MV40	Dacorum & Tring AC	0:25:03
79	Jim BROWN	MV60	Fairlands Valley Spartans	0:25:20
80	Andy SHADBOLT	MV60	Garden City Runners	0:26:07
81	Paul COTTRELL	MV50	Garden City Runners	0:26:11
82	John SHIRLEY	MV70	Barnet & District AC	0:26:31
83	Ken JUDE	MV50	Fairlands Valley Spartans	0:26:35
84	Anton MCCALLA	MV40	Fairlands Valley Spartans	0:26:44
85	Nick CHEAL	MV60	Ware Joggers	0:27:00
86	Julian TOVEY	MV60	Barnet & District AC	0:27:10
87	Phil HUDSON	MV60	Ware Joggers	0:27:23
88	Brian SMITH	MV70	Ware Joggers	0:29:56
89	Peter WESTLAKE	MV80	Garden City Runners	0:31:30
90	Brian YATES	MV70	Harpenden Arrows	0:32:11
91	Bailey DOE	MS	Ware Joggers	0:35:19
92	John BUTCHER	MV80	Ware Joggers	0:36:34
93	Colin NAMAN	MV60	Ware Joggers	0:46:00
94	Wayne AYLOTT	MV50	Garden City Runners	0:59:41

Number of records: 94