

5K Race 2 2018

County Female - Age Group Winners

Rank	Cat	Name	Club	Gun Time	Chip Time
5K Race 2					
F					
FV35					
1	FV35	Martha HALL	Garden City Runners	0:19:01	0:19:00
2	FV35	Paula HOLM	North Herts Road Runners	0:21:03	0:20:59
3	FV35	Sarah MITCHERSON	North Herts Road Runners	0:21:06	0:21:03
FV45					
1	FV45	Kate RENNIE	Dacorum & Tring AC	0:18:14	0:18:13
2	FV45	Astrid MCKEOWN	North Herts Road Runners	0:19:16	0:19:14
3	FV45	Wendy WALSH	St Albans Striders	0:20:01	0:20:00
FV55					
1	FV55	Celia FINDLAY	Dacorum & Tring AC	0:22:01	0:21:56
2	FV55	F Lucy O'CONNOR	North Herts Road Runners	0:22:32	0:22:25
3	FV55	Esperanza CASTRO	Stevenage Striders	0:24:05	0:23:58
FV65					
1	FV65	Yuko GORDON	Fairlands Valley Spartans	0:22:51	0:22:44
2	FV65	Anne RAMSDEN	Ware Joggers	0:25:31	0:25:23
3	FV65	Cathy CRAIG	Fairlands Valley Spartans	0:28:48	0:28:28
FV75					
1	FV75	Georgie HAMILTON	Harpenden Arrows	0:33:11	0:33:00

Number of records: 13