

Herts County Championships  
Watford - 14 May 2017  
Under 20 Women

100 Metres

CBP Frances Slater HPx 12.24/0.7 2012

Posn	Num	Name	Club	Perf
Final		w/s +0.7		
1	31	Remi Jessop	D&T	12.65
2	47	Brittney-Anne Wiggan	Harr	12.78
3	25	Bethany Harley	SNH	12.85

200 Metres

CBP Catherine Murphy SBH 24.6 1994

Posn	Num	Name	Club	Perf
Final		w/s +0.4		
1	86	Sophie Segun	HPx	25.08
2	61	Emily Russell	Harr	25.92
3	31	Remi Jessop	D&T	26.04
4	25	Bethany Harley	SNH	26.59

400 Metres

CBP Stephanie Llewellyn SBH 56.3 1994?

Posn	Num	Name	Club	Perf
Final				
1	97	Emily Saunders	SNH	59.00
2	94	Jessica Hurley	SBH	60.80

800 Metres

CBP Hayley Beard SNH 2:08.5 2004

Posn	Num	Name	Club	Perf
Final				
1	122	Juliet Merelie	StA	2:30.22
2	124	Hannah Rayden	StA	2:39.66

100 Metres Hurdles

CBP Claire Humphries HPx 14.73 2010

Posn	Num	Name	Club	Perf
Final		w/s +1.0		
1	61	Emily Russell	Harr	14.25 CBP
2	47	Brittney-Anne Wiggan	Harr	15.38
3	63	Ashleigh Spiliopoulou	E&H	15.46

400 Metres Hurdles

CBP Christina Silva HPX 63.30 2005

Posn	Num	Name	Club	Perf
Final				
1	202	Rebecca Pickard	SNH	66.44

2000m Steeplechase

CBP Florence Stansall-Seiler HPX 7:37.49 2014 [2000m]

Posn	Num	Name	Club	Perf
Final				
1	205	Tabitha Weddell	StA	8:15.67

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**High Jump**

**CBP Moe Sasegbon SNH 1.75 2010**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	63	Ashleigh Spiliopoulou	E&H	1.68	1.55 o, 1.60 o, 1.65 o, 1.68 xxo, 1.71 xxx

**Pole Vault**

**CBP Louise Shortland SNH 3.30m 2006**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	228	Erin Breen	HPx	3.40 CBP	2.80 o, 2.90 -, 3.00 o, 3.10 xxo, 3.20 xo, 3.30 xo, 3.40 xo, 3.40 xo, 3.40 xo, 3.40 xo
2	232	Imogen Walker	HPx	2.90	2.60 o, 2.70 -, 2.80 o, 2.90 o, 3.00 xxx

**Long Jump**

**CBP Laura Jones HPx 5.50m 2005**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	59	Nicole Parcell	E&H	5.88/0.0 CBP	5.22/1.0, 5.52/0.0, 5.49/1.4, 5.59/-0.7, 5.56/1.8, 5.88/0.0

**Shot**

**CBP Shelley McLellan SNH 11.95m 2001**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	59	Nicole Parcell	E&H	9.81	9.39, 9.50, 9.81, 9.66, 9.60, 9.40
2	35	Mia O'Connell	D&T	9.71	9.13, 9.24, 8.76, 9.71, 9.36, 9.50

**Discus**

**CBP Renee Hector SNH 38.18m 2012**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	259	Rebecca Porter	HPx	34.56	31.10, x, x, 34.07, 34.56, 33.58

**Hammer**

**CBP Nicola Dudman Ver 49.20m 2001**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	263	Lauren Aldridge	SNH	42.84	x, 38.56, 42.84, 39.85, 37.41, x

**Javelin**

**CBP Eloise Meakins HPx 43.97m 2012**

Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	276	Abi Jones	WSEH	35.71	34.98, 35.71, 33.20, x, 34.32, 30.02
2	277	Alisha Levy	SNH	33.76	32.52, 33.76, 32.48, 30.36, x, 31.99
3	278	Eleanor Mcardle	StA	31.44	29.46, 30.34, 31.44, 30.91, 31.18, 28.85
4	25	Bethany Harley	SNH	30.34	27.39, 29.15, 27.18, 30.34, 29.25, 28.61
5	63	Ashleigh Spiliopoulou	E&H	24.80	23.87, x, 23.90, 24.80, 23.11, x
6	281	Natasha Takats	SNH	21.54	x, x, 21.52, x, 21.54, 21.35

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3.51 xxx

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