

Herts County Championships
Watford - 14 May 2017
Under 15 Girls

100 Metres

CBP Jodie Williams HPx 12.16 2008

Posn	Num	Name	Club	Perf
Heat 1 w/s +0.7				
1	40	Emily Rodriguez	SBH	13.08 Q
2	45	Serena Thomas	StA	13.27 Q
3	38	Jessica Poon	HPx	13.30 Q
4	37	Ella Pentland	HPx	13.77
5	28	Clare Hudson	SNH	14.36
Heat 2 w/s +0.8				
1	30	Marli Jessop	D&T	12.93 Q
2	23	Nathalia Dunbar	HPx	13.24 Q
3	24	Julianna Glinkowska	HPx	13.39 Q
4	22	Jennifer Arinze	HPx	13.53 q
5	27	Naomi Holder	Harr	13.64 q
Final w/s +1.4				
1	30	Marli Jessop	D&T	12.70
2	45	Serena Thomas	StA	13.00
3	40	Emily Rodriguez	SBH	13.01
4	23	Nathalia Dunbar	HPx	13.10
5	24	Julianna Glinkowska	HPx	13.30
6	27	Naomi Holder	Harr	13.39
7	38	Jessica Poon	HPx	13.41
8	22	Jennifer Arinze	HPx	13.56

200 Metres

CBP Jodie Williams HPx 24.76 2008

Posn	Num	Name	Club	Perf
Heat 1 w/s +1.0				
1	89	Demi Tuinema	D&T	27.31 Q
2	23	Nathalia Dunbar	HPx	27.39 Q
3	45	Serena Thomas	StA	27.44 Q
4	69	Freya Witheat	WatH	27.78 q
5	53	Zoe Carroll	D&T	28.56
6	88	Beatrix Towers	StA	31.38
DNS	82	Katie Lloyd	SBH	
DNS	27	Naomi Holder	Harr	
Heat 2 w/s -0.2				
1	90	Lisa Uzokwe	SNH	27.20 Q
2	40	Emily Rodriguez	SBH	27.81 Q
3	24	Julianna Glinkowska	HPx	27.86 Q
4	79	Jasmine Duru	HPx	28.06 q
5	38	Jessica Poon	HPx	28.37
6	85	Isobel Parker	SBH	28.90
7	77	Jessica Beaton	D&T	30.95
8	66	Pearl Thomas Bocking	Bar	31.45
Final w/s +0.8				
1	89	Demi Tuinema	D&T	26.34
2	90	Lisa Uzokwe	SNH	26.93
3	23	Nathalia Dunbar	HPx	27.11
4	45	Serena Thomas	StA	27.37
5	69	Freya Witheat	WatH	27.90
6	24	Julianna Glinkowska	HPx	28.04
7	79	Jasmine Duru	HPx	28.07
8	40	Emily Rodriguez	SBH	28.42

Herts County Championships
Watford - 14 May 2017
Under 15 Girls

300 Metres

CBP Jessica Hurley SBH 42.45 2014

Posn	Num	Name	Club	Perf
Final				
1	90	Lisa Uzokwe	SNH	44.33
2	85	Isobel Parker	SBH	46.58
3	65	Meadow Thomas	WatH	47.14
4	82	Katie Lloyd	SBH	47.58
5	77	Jessica Beaton	D&T	50.69

800 Metres

CBP Hayley Beard SNH 2:14.3 2000

Posn	Num	Name	Club	Perf
Final				
1	127	Lucy Taylor	SNH	2:22.41
2	130	Beatrix Wraith	HAWCS	2:22.86
3	129	Jane Williamson	Chil	2:24.70
4	114	Bluebell Cooke	SNH	2:24.73
5	82	Katie Lloyd	SBH	2:28.33
6	126	Milly Soanes	Lut	2:37.79
7	119	Grace Hucknall	WatH	2:38.45
8	116	Christina Durbin	StA	2:39.27
9	118	Jessica Hill	WatH	2:42.90
10	88	Beatrix Towers	StA	2:51.35

75 Metres Hurdles

CBP Helen van Kempen HPx 11.33 2005

Posn	Num	Name	Club	Perf
Heat 1 w/s +1.6				
1	55	Milly Gall	D&T	11.66 Q
2	69	Freya Witheat	WatH	12.03 Q
3	53	Zoe Carroll	D&T	12.63 Q
4	65	Meadow Thomas	WatH	12.75 q
5	58	Jessica Nathan	SBH	13.09
6	62	Charlotte Saunders	SNH	13.37
Heat 2 w/s +1.6				
1	30	Marli Jessop	D&T	11.54 Q
2	64	Holly Taylor	SBH	12.14 Q
3	68	Madeleine Waite	SNH	12.33 Q
4	60	Abbie Poole	WatH	12.69 q
5	66	Pearl Thomas Bocking	Bar	16.28
6	27	Naomi Holder	Harr	24.98
Final w/s +0.4				
1	30	Marli Jessop	D&T	11.46
2	55	Milly Gall	D&T	11.68
3	64	Holly Taylor	SBH	12.06
4	68	Madeleine Waite	SNH	12.28
5	69	Freya Witheat	WatH	12.35
6	60	Abbie Poole	WatH	12.67
7	53	Zoe Carroll	D&T	12.70
8	65	Meadow Thomas	WatH	12.86

Herts County Championships
Watford - 14 May 2017
Under 15 Girls

High Jump

CBP Megan Smith D&T 1.65m 2010

Posn	Num	Name	Club	Perf	Details
Final					
1	89	Demi Tuinema	D&T	1.59	1.40 o, 1.45 o, 1.50 o, 1.53 xo, 1.56 xo, 1.59 xxo, 1.62 xxx
2	68	Madeleine Waite	SNH	1.50	1.30 o, 1.35 o, 1.40 o, 1.45 o, 1.50 o, 1.53 xxx
3	58	Jessica Nathan	SBH	1.45	1.30 o, 1.35 o, 1.40 o, 1.45 xxo, 1.50 xxx

Pole Vault

CBP Anne Rees SNH 2.50m 2006

CBP Erin Breen HPx 2.50m 2013

Posn	Num	Name	Club	Perf	Details
Final					
1	65	Meadow Thomas	WatH	2.20	2.00 o, 2.10 o, 2.20 o, 2.30 xxx
2	229	Eleanor Kasba	Harr	2.10	1.90 o, 2.00 o, 2.10 xo, 2.20 xxx
3	119	Grace Hucknall	WatH	1.70	1.50 o, 1.70 o, 2.30 x-r

Long Jump

CBP Grace Gentry HAWCS 5.29 (+1.8) 2015

Posn	Num	Name	Club	Perf	Details
Final					
1	55	Milly Gall	D&T	5.49 CBP	5.24, 5.22, 5.17, 5.39, 5.49, 5.37
2	30	Marli Jessop	D&T	5.32	4.91, 5.04, 3.91, 4.85, 5.23, 5.32
3	119	Grace Hucknall	WatH	4.71	4.31, 4.30, 4.58, 4.71, 4.52, 3.38
4	68	Madeleine Waite	SNH	4.64	4.32, 4.32, 4.43, 4.45, 4.64, 4.46
5	64	Holly Taylor	SBH	4.62	4.62, 4.60, 4.54, 2.65, x, 4.42
6	60	Abbie Poole	WatH	4.59	1.62, x, 4.48, 4.55, 4.32, 4.59
7	127	Lucy Taylor	SNH	4.43	3.93, 3.92, 4.12, 4.43, 4.19, 4.21
8	37	Ella Pentland	HPx	4.28	4.28, 4.11, 4.05, 3.99, 4.27, 3.75
9	118	Jessica Hill	WatH	4.03	3.95, 3.78, 4.03, 3.99, 3.83, 3.90
10	66	Pearl Thomas Bocking	Bar	3.70	3.60, 3.35, 3.56, 3.53, 3.70, 3.69

Triple Jump

CBP Fiona McQuire WAT 10.05m 2012

Posn	Num	Name	Club	Perf	Details
Final					
1	237	Robyn Cowans	D&T	8.09	8.09, x, 7.62, 7.91, -, 8.01

Shot

CBP Melanie Hancock H&W 11.47m 1974

Posn	Num	Name	Club	Perf	Details
Final					
1	55	Milly Gall	D&T	10.60	9.79, 10.06, 9.87, 9.06, 10.60, 9.40
2	251	Elle Stone	SNH	9.52	9.25, 9.11, 9.13, 9.52, 8.09, 9.01
3	53	Zoe Carroll	D&T	7.67	7.61, 7.53, 7.04, 7.03, 7.08, 7.67
4	250	Keisha Murdock	Bar	6.99	6.99, x, 6.12, 6.58, 6.75, 6.77
5	58	Jessica Nathan	SBH	6.95	6.37, 6.95, x, 6.20, 6.26, 6.47

Discus

CBP Jessica Emery WatH 33.59m 2015

Posn	Num	Name	Club	Perf	Details
Final					
1	262	Katie Webb	D&T	28.81	22.14, 25.81, 24.26, x, 28.81, 28.72
2	260	Maisie Taylor	HPx	23.68	20.90, x, 20.93, x, 23.68, 22.24

Herts County Championships
Watford - 14 May 2017
Under 15 Girls

Hammer

CBP Lauren Alldridge SNH 38.35m 2013

Posn	Num	Name	Club	Perf	Details
Final					
	1	250 Keisha Murdock	Bar	19.81	19.81, 19.56, 16.57, 15.98, 16.89, 19.22

Javelin

CBP Georgia Shephard-Gazely SNH 34.38m 2016

Posn	Num	Name	Club	Perf	Details
Final					
	1	44 Tia Stonehouse	D&T	41.30 CBP	34.49, 41.30, 37.72, x, 38.52, 39.29,
	2	69 Freya Witheat	WatH	32.73	32.73, 26.31, 29.01, 27.44, 27.50, 27.72
	3	251 Elle Stone	SNH	31.36	22.91, 31.36, 27.93, 29.75, 29.71, 27.23
	4	260 Maisie Taylor	HPx	27.68	26.20, x, 27.68, 24.48, 25.95, 25.02
	5	262 Katie Webb	D&T	25.02	22.90, 25.02, 23.08, 22.09, x, 24.46
	6	62 Charlotte Saunders	SNH	16.30	16.30, 16.13, 13.56, 15.51, 12.22, 14.56
	7	118 Jessica Hill	WatH	15.65	x, 15.65, x, 15.15, x, x