

5K Race 2 2017

Finishers County Male

Rank	Name	Cat	Club	Time
5K Race 2				
1	Neil HUME	MV40	Garden City Runners	0:16:25
2	Mark VAUGHAN	MV40	North Herts Road Runners	0:16:28
3	Christopher WESTCOTT	MV40	Stevenage & North Herts AC	0:17:08
4	Kevin FRANCIS	MV40	Ware Joggers	0:17:15
5	Bruce JUDGE	MV40	Garden City Runners	0:17:22
6	Matthew SAYERS	MV40	North Herts Road Runners	0:17:29
7	Steffan FORD	MV40	Fairlands Valley Spartans	0:17:42
8	Paul REDDAWAY	MV50	Broxbourne Runners	0:17:43
9	Paul GUY	MV40	Garden City Runners	0:17:48
10	Martin WHITWORTH	MV40	St Albans Striders	0:17:57
11	David RIDDELL	MV50	Fairlands Valley Spartans	0:17:57
12	Mark REDMOND	MV40	Herts Phoenix	0:17:58
13	Robert CASSERLEY	MV40	Garden City Runners	0:18:09
14	Costa MICHAEL	MV50	Barnet & District AC	0:18:25
15	Darren MATUSSA	MV40	North Herts Road Runners	0:18:38
16	Larry MANGELSHOT	MV50	Ware Joggers	0:18:46
17	Steve WELLS	MV50	Stevenage Striders	0:18:47
18	Brian WHITE	MV60	Fairlands Valley Spartans	0:18:55
19	Garth MORRIS	MV50	Ware Joggers	0:18:58
20	Graham FOSTER	MV50	St Albans Striders	0:18:59
21	Patrick MCGUINNESS	MV50	Harpenden Arrows	0:18:59
22	Richard SOMERSET	MV40	Garden City Runners	0:19:11
23	James WALSH	MV40	North Herts Road Runners	0:19:16
24	Rowland HUGHES	MV40	Harpenden Arrows	0:19:23
25	Michael RUSSELL	MV50	Team Trident	0:19:28
26	Nigel ASTON	MV50	St Albans Striders	0:19:31
27	Jonathan HAYNES	MV60	Bishops Stortford Running Club	0:19:33
28	Barry OSBORNE	MV60	Fairlands Valley Spartans	0:19:36
29	Steve GREEN	MV40	Fairlands Valley Spartans	0:19:38
30	Ian MUNRO	MV40	Garden City Runners	0:19:39
31	Peter SIBBETT	MV50	North Herts Road Runners	0:19:44
32	Martyn ANNETTS	MV50	North Herts Road Runners	0:19:47
33	Colin BRAYBROOK	MV50	St Albans Striders	0:19:56
34	Richard HARBON	MV50	North Herts Road Runners	0:19:58
35	John COOPER	MV50	St Albans Striders	0:20:00
36	Sebastian ROWE	MV40	St Albans Striders	0:20:11
37	Richard MORETON	MV40	Harpenden Arrows	0:20:18
38	Colin SINGLETON	MV60	St Albans Striders	0:20:20
39	Robin TREMAINE	MV60	Trent Park Running Club	0:20:32
40	John HAIR	MV40	Ware Joggers	0:20:40
41	Michael IRVINE	MV50	Dacorum & Tring AC	0:20:51
42	Graham HARPER	MV60	Harpenden Arrows	0:21:04
43	Robert DAVIES	MV40	Dacorum & Tring AC	0:21:51
44	Tony REEVE	MV50	Dacorum & Tring AC	0:21:53
45	Nigel CAVILL	MV40	Garden City Runners	0:21:54
46	Chitra DUNN	MV50	Harpenden Arrows	0:22:12
47	Paul BRENNAN	MV50	Ware Joggers	0:22:24
48	Richard BLOOM	MV70	Herts Phoenix	0:22:25
49	Philip PUGH	MV60	Dacorum & Tring AC	0:22:28

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Rank	Name	Cat	Club	Time
50	Ken JUDE	MV50	Fairlands Valley Spartans	0:22:32
51	Richard COFFEY	MV50	Ware Joggers	0:22:39
52	Andy JAY	MV50	Fairlands Valley Spartans	0:22:41
53	Jeremy RACKHAM	MV50	Team Trident	0:23:26
54	Robert WALLIS	MV50	Bedford Harriers AC	0:23:27
55	Michael WISE	MV60	Garden City Runners	0:23:35
56	Andy MITCHELL	MV50	Dacorum & Tring AC	0:23:39
57	Richard UNDERWOOD	MV40	St Albans Striders	0:24:15
58	Roger PARTRIDGE	MV50	Ware Joggers	0:24:27
59	Russ ANDREWS	MV50	Stevenage Striders	0:24:35
60	Jim BROWN	MV60	Fairlands Valley Spartans	0:24:42
61	Jason SMITH	MV40	Harpenden Arrows	0:25:15
62	Ian SUTCLIFFE	MV70	North Herts Road Runners	0:25:25
63	Julian TOVEY	MV60	Barnet & District AC	0:25:36
64	Martin MEDFORTH	MV50	St Albans Striders	0:25:57
65	Clive SMITH	MV60	Ware Joggers	0:25:57
66	Phil CUNNINGHAM	MV60	Ware Joggers	0:26:08
67	Bob DAVIS	MV50	Unattached	0:26:09
68	David SALMON	MV60	Harpenden Arrows	0:26:33
69	Paul HOLGATE	MV60	Fairlands Valley Spartans	0:26:49
70	Phil HUDSON	MV60	Ware Joggers	0:27:06
71	Michael DUNCAN	MV40	Unattached	0:27:40
72	Tony HAMILTON	MV70	Barnet & District AC	0:28:06
73	Terry NICHOLS	MV70	Ware Joggers	0:29:16
74	Brian YATES	MV70	Harpenden Arrows	0:30:16
75	Martin CRISP	MV50	St Albans Striders	0:31:04
76	Dennis DRAPER	MV80	Garden City Runners	0:35:36
77	Martin BLACKER	MV50	Ware Joggers	0:37:04
78	Roy STRINGER	MV80	Ware Joggers	0:43:52

Number of records: 78