

Hertfordshire County AAA Open Meeting
Stevenage 1 May 2017

80 Metres (Under 11 Boys and Girls and Disability)

1	70 Toyosi Siwoku (U11B)	HPX	12.5
2	199 Brooke Evans (U11G)	D&T	12.8
3	74 Iris Foley	StA	12.8
4	76 Frankie Hardley (Deaf)		16.1
5	75 Luke Mynott (T40)	NHDSA	16.3
6	197 Arun Mehan (T44)	SNH	17.1
7	34 Abigail Edmonds (T36)	Stevenage & NH	18.9

100 Metres (Race 1) w/s +2.2

1	38 Charlene Jacobs-Conradie (W35)	Luton AC	14.55
2	63 Rosalind Zeffertt (W55)	SBH	15.70
3	47 Tessa Stephenson (W55)	Fairlands Valley S	15.85
4	62 Sarah Gaynor (W50)		16.34
5	46 Chris Salvary (W60)	Barnet & District AC	16.58
6	50 Peta Wilson (W45)	Fairlands Valley S	16.81

100 Metres (Race 2) w/s +3.7

1	172 Remi Jessop (U20W)	D&T	12.67
2	65 Julianna Glinkoxska (U15G)	HPX	13.44
3	66 Jennifer Arinze (U15G)	HPX	13.66
4	67 Ella Pentland (U15G)	HPX	13.75
5	69 Caleb Wright (U13B)		14.48
6	52 Joseph Strong (T35)	Stevenage & NH	14.62
7	64 Maria Verdeille (T35)	SNH	20.43

100 Metres (Race 3) w/s +2.3

1	68 Jack Norman (T54)		21.63
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200 Metres (Various races)

63	Rosalind Zeffertt (W55)	SBH	34.88	+2.2
180	Philip Bell (M60)	Harrow	30.80	+1.5
68	Jack Norman (T54)		40.09	+3.1

200 Metres (Race 1) w/s +1.9

1	51 Adam Edney (T20)	Stevenage & NH	26.13
2	194 Lottie Julian	HPX	27.03
3	78 Nathalia Dunbar (U15G)	HPX	27.12
4	65 Julianna Glinkoxska (U15G)	HPX	28.04
5	79 Jasmine Duru	HPX	28.21

200 Metres (Race 2) w/s +1.2

1	77 Scott Parsons (SM)	BED	22.72
2	80 Sophie Segun (U20W)	HPX	25.63
3	172 Remi Jessop (U20W)	D&T	26.41
4	187 Georgina Anderson (U20W)	HPX	26.59
5	186 Emily Hack (U20W)	HPX	27.00
6	189 Katie Liptrot (U17W)	HAWCS	27.10

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300 Metres

1	198 Mairi Malcolm (U15G)	Harlow	52.2
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400 Metres (Race 1)

1	235 Ben Sloan (U15B)	Woodford Green wEL	62.6
2	285 Georgia McKenzie (U20W)	HPX	63.5
3	106 Martina Barber (T20)	Stevenage & NH	65.8

400 Metres

1	286 Martin Boyd (SM)	HPX	53.2
2	279 Dominic Chapman (M40)	GCR	58.1
3	287 Jason Steel (M45)	Hillingdon	58.5
4	278 Neil Brittain (M40)	GCR	58.8

600 Metres

1	199 Brooke Evans (U11G)	D&T	2:01.73
2	182 Dylan Winfield (U11B)	LUT	2:02.30
3	70 Toyosi Siwoku (U11B)	HPX	2:15.20

800 Metres

1	279 Dominic Chapman (M40)	GCR	2:22.36
2	276 Beatrix Wraith (U15G)	HAWCS	2:31.00
3	86 Lauren Wilby (U15G)	HAWCS	2:42.61

5000 Metres

1	280 Malcolm Down (M55)	GCR	17:57.1
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75 Metres Hurdles w/s +0.9

1	171 Marli Jessop (U15G)	D&T	11.54
2	71 Milly Gall (U15G)	D&T	11.78
3	84 Emily Knight (U15G)	E&H	12.87

80 Metres Hurdles w/s +1.4

1	82 Amelia Woodnick (U17W)	D&T	12.10
2	72 Molly Gardner (U17W)	SNH	14.28
3	73 Connie Andrews (U17W)	SNH	19.99

100 Metres Hurdles w/s +2.8

190 Nicole Parcell (U20W)	E&H	15.48
195 Sophie Julian (U20W)	HPX	16.12
83 Daniel Knight (U17M)	E&H	28.76
81 Emily Stevens (SW)	E&H	dnf

110 Metres Hurdles w/s +2.8

87 Alex Patten (U20M)	HAWCS	18.06
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400 Metres Hurdles (Race 1)

1	164 Patrick Barrett (SM)	HAWCS	56.98
2	158 Robert Green (U20M)	HPX	57.83
3	165 Jack Benedickter (SM)	Bed&C	60.34
4	166 Peter Benedickter (VM45)	Bed&C	60.94
5	167 Thomas Powell (SM)	Bed&C	63.40

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400 Metres Hurdles (Race 2)

1	163	Deborah Willis (SW)	Notts	63.66
2	159	Hannah Lloyd (SW)	HPX	64.47
3	161	Grace Gentry (U17W)	HAWCS	65.57
4	160	Zoe Benton (U20W)	HPX	67.01

High Jump

1	168	Lee Brown (U20M)	SNH	1.70	1.50 o;1.55 -;1.60 o;1.70 xo;1.80 xx
2	235	Ben Sloan (U15B)	Woodford Green wEL	1.45	1.30 o;1.35 o;1.40 o;1.45 xo;1.50 xxx
3	176	Joey Harrison (U20M)	SNH	1.40	1.40 o;1.45 xxx
4	85	William Cant (U15B)	SNH	1.40	1.30 xo;1.35 xo;1.40 xxo;1.45 xxx

Pole Vault

1	206	Elliot Breen (U17)	Herts Phoenix AC	3.50	3.20 o;3.40 o;3.50 o;3.60 xxx
2	288	Erin Breen (U20W)	HPx	3.10	2.80 xo;3.00 xxo;3.10 xo;3.20xxx

Long Jump (Men)

1	176	Joey Harrison (U20M)	SNH	5.85	5.85/5.81/5.67
2	185	Daniel Fielding (U15B)	HAWCS	5.24	x/5.18/5.11/5.24/5.23/x

Long Jump (Women)

1	171	Marli Jessop (U15G)	D&T	5.26/1.5	4.99/x; 5.09/1.5; 5.00/3.5; 5.26/1.5; 5.19/1.8;5.25/2.3
2	71	Milly Gall (U15G)	D&T	5.25/1.0	4.70/0.1; 4.93/2.0; 4.91/1.5; 5.05/0.8; 5.02/0.9; 5.25/1.0
3	72	Molly Gardner (U17W)	SNH	4.37/1.0	4.17/1.8; 4.24/1.0; 4.28/2.7; 4.26/2.2; 4.37/1.0; 4.14/1.1
4	73	Connie Andrews (U17W)	SNH	4.05/0.2	3.22/2.9; 3.82/3.1; 4.05/1.7; 3.92/1.7; 3.97/1.0; 4.05/0.2
5	139	Molly Kingsbury (T37)	Bracknell AC	3.63/2.0	3.63/2.0; 3.55/2.1; 3.63/2.1; 3.50/1.7; 3.47/1.1; x
6	63	Rosalind Zeffertt (W55)	SBH	3.60/2.3	x; 3.46/1.9; 3.57/1.3; x; 3.60/2.3; -
7	67	Ella Pentland (U15G)	HPX	nm	x; x; x; r

Shot (Women)

1	184	Elle Stone (U15G)	SNH	9.06	9.02/8.11/8.23/9.06/8.19/8.76
2	196	Katharine Doran (SW)	Wat	7.60	7.02/7.54/7.60/x/7.40/7.24
3	63	Rosalind Zeffertt (W55)	SBH	6.87	6.87/6.54/5.90/6.25/6.52/6.80
4	188	Jasmine Larsen (U13G)	Southampton	6.07	5.11/4.95/5.93/4.89/6.07/6.02
5	198	Mairi Malcolm (U15G)	Harlow	4.99	3.90/4.99/4.41/4.67/4.14/4.76

Shot (Men)

1	141	Jonathan Adams (F35)	Ipswich Harriers	12.40	11.97/12.21/12.40/11.55/12.36/11.48
2	277	Euan Metcalfe (U17M)	SNH	11.09	x/11.08/x/x/x/11.09
3	192	William Baxter (SM) (F36)	Doncaster	9.68	9.04/9.55/9.68/9.67/9.65/9.53
4	183	Rhys Feaviour (U17M)	Hillingdon	6.06	6.06/5.60/x/5.85/5.80/5.55

Shot Seated

1	162	Rob Womack (M45)	BWAA	9.73	9.14/9.24/9.43/9.73/9.12/9.37
2	151	Gavin Yarwood (F33)	City of Stoke AC	8.42	7.85/8.22/7.67/7.85/8.27/8.42
3	173	Danny Nobbs (SM)	City of Norwich	8.37	8.17/8.25/8.37/8.02/8.36/8.16

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Discus (Men)

1	305 Michael Nicholls (SM)	SBH	42.04	1.5k	40.07/40.88/41.67/x/42.04/41.28
2	192 William Baxter (SM) (F36)	Doncaster	33.61	1k	33.61/31.26/32.22/30.79/x/31.14
3	277 Euan Metcalfe (U17M)	SNH	32.96		30.03/32.96/x/x/r
4	281 Kai Tunstall (U15B)	Watford Harriers	32.35		26.55/23.59/31.69/32.35/25.97/-
5	178 Alex Wells (M50)	Wycombe PH	31.66		27.27/31.66/29.86/28.94/x/x
6	177 Ian Rose (M45) (T12)	Wycombe PH	22.03		22.03/19.87/18.37/21.55/18.48/21.34
7	175 Jason List (U17M)	SNH	15.12		x/15.12/x/r
8	183 Rhys Feaviour (U17M)	Hillingdon	15.08		x/14.49/x/x/15.03/-

Discus (Women)

1	284 Jessica Emery (U17W)	Watford Harriers	40.29		37.67/37.90/37.65/x/40.29/37.52
2	282 Taia Tunstall (U17W)	Watford Harriers	34.16		x/24.82/28.89/31.78/x/34.16
3	196 Katharine Doran (SW)	Wat	20.74		x/x/x/x/20.69/20.74
4	188 Jasmine Larsen (U13G)	Southampton	17.27		x/x/16.04/16.88/16.25/17.27

Javelin (Women)

1	174 Tia Stonehouse (U15G)	D&T	37.89		x/37.01/37.89/37.11/x/35.72
2	191 Olivia Steele	The HAWCS	37.17		36.97/31.40/36.73/x/37.17/31.41
3	190 Nicole Parcell (U20W)	E&H	30.66		27.97/30.66/x/r
4	193 Georgia Shephard-Gazely (U17W)	SNH	30.44		x/27.33/25.74/30.44/29.05/x
5	184 Elle Stone (U15G)	SNH	28.80		26.64/x/x/27.87/28.80/x
6	188 Jasmine Larsen (U13G)	Southampton	27.32		27.31/27.32/26.77/26.18/27.08/x
7	196 Katharine Doran (SW)	Wat	22.25		20.47/19.39/x/22.25/20.05/x
8	73 Connie Andrews (U17W)	SNH	17.81		15.84/17.81/x/14.43/r
9	72 Molly Gardner (U17W)	SNH	16.55		15.22/15.05/16.55/r

Javelin (Men)

1	175 Jason List (U17M)	SNH	32.15		x/29.76/32.15/27.56/x/x
2	176 Joey Harrison (U20M)	SNH	31.93		29.40/29.62/29.98/31.93/30.88/-
3	179 Freddie Reilly (U17M)	SNH	27.67		26.38/23.48/x/20.02/x/27.67
4	177 Ian Rose (M45) (T12)	Wycombe PH	18.75		16.55/x/x/18.75/18.46/18.74
5	169 Pierce Reynolds (U13B)		11.99		9.04/11.99/11.03/11.68/10.19/11.22

Javelin Seated

1	173 Danny Nobbs (SM)	City of Norwich	22.26		21.22/21.23/21.60/21.17/22.26/21.21
2	162 Rob Womack (M45)	BWAA	17.14		16.79/x/17.02/16.94/x/17.14