

# Welwyn 10K

## Finisher List

Rank	Bib	Name	Cat	Club	Gun Time	Chip Time
<b>Welwyn 10K</b>						
1	499	Danielle STAPLETON	FS	Barnet & District AC	0:43:12	0:43:06
2	296	Beverley MCLEES	FV45	Ware Joggers	0:45:27	0:45:23
3	24	Amanda BUTLER	FS	Broxbourne Runners	0:47:22	0:47:18
4	342	Rebecca BARDEN	FV45	Garden City Runners	0:47:25	0:47:14
5	347	Kate HAWKS	FV35	Unattached	0:49:31	0:49:17
6	563	Jo GRANT	FV45	Garden City Runners	0:50:05	0:49:51
7	68	Jann VALENZUELA	FV45	Unattached	0:50:32	0:50:16
8	148	Sharon THRELFALL	FV35	Ware Joggers	0:50:37	0:50:30
9	82	Janet READITT	FV45	Ware Joggers	0:50:59	0:50:52
10	452	Sam ROWE	FV45	Ware Joggers	0:51:20	0:51:15
11	525	Lizzy DOYLE	FS	Herts Phoenix	0:51:34	0:51:28
12	199	Jing LIANG	FS	Garden City Runners	0:52:00	0:51:51
13	95	Helen MOYE	FV45	Garden City Runners	0:52:47	0:51:53
14	252	Lucy LANCASTER	FS	Unattached	0:53:02	0:51:58
15	63	Nicola TAYLOR	FV45	Stevenage & North Herts AC	0:53:23	0:53:09
16	540	Penny SCHENKEL	FV45	Fairlands Valley Spartans	0:53:34	0:53:07
17	625	Clare HALFPENNY	FV35	Ware Joggers	0:53:39	0:53:32
18	413	Michelle CROSS	FV45	Ware Joggers	0:54:51	0:54:47
19	32	Samantha POLMAN	FV35	Dunstable RRC	0:55:10	0:54:52
20	475	Charis CLEMSON	FS	Unattached	0:55:23	0:54:02
21	233	LISA MAKOWSKI	FV35	Unattached	0:56:51	0:56:34
22	458	Jane WREN	FV45	Ware Joggers	0:57:34	0:56:25
23	193	Rebecca MURFET	FS	Unattached	0:58:45	0:58:15
24	436	Jemma HUGHES	FS	Unattached	0:59:09	0:58:30
25	246	Jeanie SONDEHEIMER	FS	Unattached	0:59:19	0:58:27
26	308	Lucy REYNOLDS	FS	Unattached	1:00:04	0:59:06
27	611	Jeanette COLLINS	FV45	Ware Joggers	1:00:13	0:59:16
28	613	Ayfer KARAKUS	FV35	Unattached	1:00:17	0:59:42
29	139	Shena LANCASTER	FV55	Garden City Runners	1:00:49	1:00:07
30	584	Sophie BACON	FS	Unattached	1:02:11	1:01:38
31	215	Miss C JONES	FV35	Garden City Runners	1:02:27	1:01:43
32	530	Fiona ALDER	FV45	Ware Joggers	1:02:42	1:01:35
33	223	Rosie SHAKESPEAR-REEVE	FS	Unattached	1:03:11	1:02:27
34	423	Lynsay EVANS	FV45	Ware Joggers	1:04:52	1:03:46
35	100	Helen JOHNSON	FV45	Garden City Runners	1:04:55	1:04:13
36	483	Angie PIETERSEN	FV35	Unattached	1:05:11	1:05:04
37	532	Carly REID	FS	Unattached	1:07:19	1:06:39
38	44	Claire EVELEIGH	FS	Unattached	1:07:30	1:06:17
39	314	Jessica VLIJTER	FV35	Unattached	1:08:15	1:07:19
40	454	Julia CRASK	FV45	Unattached	1:09:39	1:08:51
41	230	Lucy GEORGE	FV35	Unattached	1:10:44	1:10:12
42	623	Deborah MONTENEGRO	FV55	Unattached	1:12:41	1:12:25
43	410	Elizabeth LORD	FV65	Ware Joggers	1:16:52	1:15:52

Number of records: 43