

5K Race 1 2016

Finishers - County Female

County Rank	Name	Cat	Club	Time
5K Race 1				
1	Katie HARBON	FS	North Herts Road Runners	0:18:59
2	Samantha FAWCETT	FS	Dacorum & Tring AC	0:19:11
3	Charlotte DAVIES	FS	Bedford & County Athletic Club	0:19:43
4	Wendy WALSH	FV45	St Albans Striders	0:19:59
5	Niamh DEMPSEY	FS	Dacorum & Tring AC	0:20:14
6	Amy TANNER	FS	St Albans Striders	0:20:37
7	Helen CARTLIDGE	FV35	St Albans Striders	0:20:54
8	Lindsay RUSSELL-SMITH	FV35	Ware Joggers	0:21:09
9	Francesca DURBIN	FS	St Albans Athletic Club	0:21:31
10	Barbara SAYERS	FV35	North Herts Road Runners	0:21:41
11	Louise OLIVER	FV35	Ware Joggers	0:22:04
12	Zoe LOWE	FV45	St Albans Striders	0:22:13
13	Caroline THRUSSELL	FV45	North Herts Road Runners	0:22:23
14	Fleur HARVEY-KEENAN	FV45	St Albans Striders	0:22:41
15	Annabelle LEE	FS	Barnet & District AC	0:23:12
16	Louise CROSBY	FV55	Harpenden Arrows	0:23:22
17	Janet READITT	FV45	Ware Joggers	0:23:34
18	Helen p MEIGH	FS	Garden City Runners	0:23:36
19	Melissa MILEHAM	FV35	Old Hatfield Ladies RC	0:23:50
20	Louise FLOWER	FS	Dacorum & Tring AC	0:24:02
21	Claire O'SULLIVAN	FV35	North Herts Road Runners	0:24:14
22	Sharon THRELFALL	FV35	Ware Joggers	0:24:30
23	Lisa LIVERSIDGE	FV45	Stevenage Striders	0:24:36
24	Jane WREN	FV45	Ware Joggers	0:24:47
25	Joanne HARBON	FV45	North Herts Road Runners	0:25:04
26	Linda AIRD	FV55	North Herts Road Runners	0:25:32
27	Helen HARBON	FS	North Herts Road Runners	0:25:35
28	Lucy ROBSON	FV35	Garden City Runners	0:25:43
29	Jane MOLLOY	FV45	Watford Joggers	0:25:49
30	Alison NEWBERRY	FV45	Old Hatfield Ladies RC	0:25:53
31	Penny SCHENKEL	FV45	Fairlands Valley Spartans	0:26:02
32	Karen DODSWORTH	FV55	North Herts Road Runners	0:26:11
33	Ainslie DRYSDALE	FS	Ware Joggers	0:26:11
34	Gemma SEARLE	FS	St Albans Striders	0:26:13
35	Jillian RUSSELL	FV45	Harpenden Arrows	0:26:15
36	Annalisa HEATH	FS	Ware Joggers	0:26:45
37	Rosamond DE LA BERTAUCHE	FV55	Barnet & District AC	0:26:58
38	Sue VAUGHAN	FV45	North Herts Road Runners	0:27:06
39	Lindsay COOK	FV35	North Herts Road Runners	0:27:41
40	Leah SILL	FV35	Dacorum & Tring AC	0:27:59
41	Shena LANCASTER	FV55	Garden City Runners	0:28:06
42	Judy SILLITTO	FV55	Ware Joggers	0:28:08
43	Tracy BRENNAN	FV35	Ware Joggers	0:28:19
44	Amanda RICHARD	FV45	Ware Joggers	0:28:22
45	Linda CASSIDY	FV35	St Albans Striders	0:28:38
46	Sophia MOUNTFORD	FS	Unattached	0:29:11
47	Susie DUNN	FS	Ware Joggers	0:29:15
48	Donna IRWIN	FV35	St Albans Striders	0:29:26
49	Jenna PICKERING	FS	St Albans Striders	0:29:30

5K Race 1 2016

Finishers - County Female

County Rank	Name	Cat	Club	Time
50	Becky HAYES	FV35	North Herts Road Runners	0:29:45
51	Diane GODIN	FV45	Barnet & District AC	0:30:29
52	Maureen SHIRLEY	FV65	Barnet & District AC	0:30:53
53	Wai meng AU-YEONG	FS	St Albans Striders	0:31:13
54	Holly CASEY	FV35	Garden City Runners	0:32:30
55	Elizabeth LORD	FV65	Ware Joggers	0:33:40
56	June ROWLANDS	FV55	Harpenden Arrows	0:33:45
57	Megan BLACKER	FS	Ware Joggers	0:36:31

Number of records: 57