

# Hertfordshire County Cross Country Championships

Fairlands Valley, Stevenage, 9 January 2016

Under 11 Girls - 1500m

Position	No	Time	Name	Surname	Club
1	309	7.36	Mia Pullen		St Albans AC
2	297	7.36	Olivia Edwards		Dacorum & Tring
3	307	7.48	Antonia Jubb		St Albans AC
4	305	8.06	Aimi Weightman		Shaftesbury BH
5	312	8.20	Jessica Astill		Stevenage & N Herts
6	302	8.24	Isabelle Fleet		Shaftesbury BH
7	301	8.25	Niamh Kelly		Herts Phoenix
8	308	8.26	Sara Laitner		St Albans AC
9	298	8.31	Stella Whitlum		Dacorum & Tring
10	316	8.50	Daisy Mainwaring		Watford Harriers
11	314	8.54	Laura Thompson		Stevenage & N Herts
12	303	8.59	Anna Murphy		Shaftesbury BH
13	313	9.08	Kate Skyers		Stevenage & N Herts
14	293	9.10	Emma McCluskey		Barnet & District
15	315	9.11	Sophie Griffiths		Watford Harriers
16	300	9.34	Charlotte Hobson		Herts Phoenix
17	306	9.44	Isabel Chaplin		St Albans AC
18	294	9.51	Lottie Lynch		Bishops Stortford RC
19	299	9.56	Hannah Andrews		Harrow AC
20	296	10.14	Emily Scofield		Bishops Stortford RC

## Teams

1	St Albans AC	1;3;8	12
2	Shaftesbury BH	4;6;12	22
3	Stevenage & N Herts	5;11;13	29

**Hertfordshire County Cross Country Championships**  
**Fairlands Valley, Stevenage, 9 January 2016**  
**Under 13 Girls - 3000m**

<b>Position</b>	<b>No</b>	<b>Time</b>	<b>Name</b>	<b>Surname</b>	<b>Club</b>
1	386	16.26	Lucy Taylor		Stevenage & N Herts
2	374	16.31	Elena Roncarati		Shaftesbury BH
3	369	16.32	Freya Stapleton		Herts Phoenix
4	385	16.33	Bluebell Cooke		Stevenage & N Herts
5	380	16.53	Niamh Gallagher		St Albans AC
6	370	17.11	Sydney Allen		Shaftesbury BH
7	359	17.16	Amy Cassidy		Dacorum & Tring
8	376	17.27	Christina Durbin		St Albans AC
9	382	17.28	Beatrix Towers		St Albans AC
10	362	17.29	Izzy Painter		Dacorum & Tring
11	371	17.41	Jessica Moore		Shaftesbury BH
12	358	17.43	Lily Boden		Dacorum & Tring
13	357	17.45	Jessica Benveniste		Dacorum & Tring
14	363	18.08	Emma To		Dacorum & Tring
15	373	18.21	Eleanor Rachel		Shaftesbury BH
16	377	18.29	Lucy Evans		St Albans AC
17	367	18.33	Katie Lloyd		Herts Phoenix
18	352	18.42	Isobel Parker		Barnet & District
19	375	18.47	Emeline Brown		St Albans AC
20	365	18.50	Sarah Crooks		Herts Phoenix
21	355	19.06	Grace Malcolm		Bishops Stortford RC
22	453	19.13	Emma Wilson		St Albans AC
23	381	19.15	Sophie Mulcahy		St Albans AC
24	387	19.41	Katie Thompson		Stevenage & N Herts
25	378	19.45	Sylvie Foster		St Albans AC
26	388	20.01	Jessica Hill		Watford Harriers
27	361	20.03	Lois Emery		Dacorum & Tring
28	364	20.16	Sarah Andrews		Harrow AC
29	379	21.10	Emma Furner		St Albans AC
30	356	21.32	Mairi Malcolm		Bishops Stortford RC
31	351	21.57	Hannah May		Barnet & District
32	368	22.15	Emily Nicolson		Herts Phoenix

**Teams**

1	Shaftesbury BH	2;6;11	19
2	St Albans AC 'A'	5;8;9	22
3	Dacorum & Tring 'A'	7;10;12	29
4	Stevenage & N Herts	1;4;24	29
5	Herts Phoenix	3;17;20	40
6	Dacorum & Tring 'B'	13;14;27	54
7	St Albans AC 'B'	16;19;22	57
8	St Albans AC 'C'	23;25;29	77

**Hertfordshire County Cross Country Championships**  
**Fairlands Valley, Stevenage, 9 January 2016**  
**Under 15 Girls - 4500m**

<b>Position</b>	<b>No</b>	<b>Time</b>	<b>Name</b>	<b>Surname</b>	<b>Club</b>
1	430	22.04	Sophie	Morton	Chiltern Harriers
2	433	22.25	Lottie	Rowedder	Harlow AC
3	442	22.47	Lidia	Kyriacou	Shaftesbury BH
4	448	22.57	Jessica	Laitner	St Albans AC
5	451	22.58	Keira	Stern	St Albans AC
6	437	22.58	Sarah	Butler	Shaftesbury BH
7	452	23.05	Freya	Weddell	St Albans AC
8	441	23.27	Scarlett	Kent	Shaftesbury BH
9	439	23.35	Mia	Groom	Shaftesbury BH
10	429	23.54	Emily	Alderson	Chiltern Harriers
11	438	24.05	Sophia	Dempsey	Shaftesbury BH
12	449	25.05	Emily	Rayden	St Albans AC
13	436	25.08	Elizabeth	Bentham	Luton AC
14	458	25.39	Katie	Saunders	Stevenage & N Herts
15	435	25.52	Ella	Taylor	Herts Phoenix
16	445	26.14	Emily	Anders	St Albans AC
17	431	26.16	Alex	Bousfield	Dacorum & Tring
18	454	26.17	Molly	Astill	Stevenage & N Herts
19	457	26.18	Lizzie	Rayment	Stevenage & N Herts
20	443	27.06	Georgia	Lee	Shaftesbury BH
21	456	27.21	Erin	Oliver	Stevenage & N Herts
22	427	27.31	Eilidh	Malcolm	Bishops Stortford RC
23	446	27.59	Emily	Barnes	St Albans AC
24	455	28.23	Kristin	Knight	Stevenage & N Herts
25	428	28.28	Jade	Woodward	Bishops Stortford RC
26	426	28.43	Hannah	Connoly	Bishops Stortford RC
27	460	28.50	Charlotte	Glenister	Watford Harriers
28	425	30.58	Lucy	Neatham	Barnet & District
29	459	32.32	Naomi	Sleator	Stevenage & N Herts

**Teams**

1	St Albans AC 'A'	4;5;7	16
2	Shaftesbury BH 'A'	3;6;8	17
3	Shaftesbury BH 'B'	9;11;20	40
4	Stevenage & N Herts 'A'	14;18;19	51
5	St Albans AC 'B'	12;16;23	51
6	Bishops Stortford RC	22;25;26	73
7	Stevenage & N Herts 'B'	21;24;29	74

**Hertfordshire County Cross Country Championships**  
**Fairlands Valley, Stevenage, 9 January 2016**  
**Under 17 Women - 6000m**

<b>Position</b>	<b>No</b>	<b>Time</b>	<b>Name</b>	<b>Surname</b>	<b>Club</b>
1	492	24.23	Gabriella Kyriacou		Shaftesbury BH
2	502	27.14	Tabitha Weddell		St Albans AC
3	498	27.59	Sophie Olney		St Albans AC
4	499	28.03	Hannah Rayden		St Albans AC
5	497	28.15	Juliet Merelie		St Albans AC
6	484	28.17	Grace Birdseye		Dacorum & Tring
7	495	28.22	Alex Bentley		St Albans AC
8	489	28.34	Georgia McKenzie		Herts Phoenix
9	491	29.48	Jessica Hurley		Shaftesbury BH
10	485	30.23	Katie Champion		Harlow AC
11	500	30.42	Georgia Robin		St Albans AC
12	501	31.15	Orla Schatzlen		St Albans AC
13	494	31.48	Jessica Barnes		St Albans AC
14	496	31.58	Caitlin Eckley		St Albans AC
15	503	33.07	Lisa Barber		Stevenage & N Herts
16	504	36.48	Emily Marvell		Stevenage & N Herts

**Teams**

1	St Albans AC 'A'	2;3;4	9
2	St Albans AC 'B'	5;7;11	23
3	St Albans AC 'C'	12;13;14	39

**Hertfordshire County Cross Country Championships**  
**Fairlands Valley, Stevenage, 9 January 2016**  
**Under 20 Women - 6000m**

<b>Position</b>	<b>No</b>	<b>Time</b>	<b>Name</b>	<b>Surname</b>	<b>Club</b>
1	533	24.48	Rachel	Parlour	St Albans AC
2	519	25.59	Hannah	Morton	Chiltern Harriers
3	522	26.20	Alicia	Found	Herts Phoenix
4	524	26.23	Elizabeth	Parry	Herts Phoenix
5	527	26.46	Charlotte	Johnston	Shaftesbury BH
6	520	27.06	Sarah	Needleman	Chiltern Harriers
7	526	28.34	Rebecca	Hurley	Shaftesbury BH
8	530	28.57	Francesca	Durbin	St Albans AC
9	535	29.13	Chloe	Dearman	Watford Harriers
10	529	30.32	Naomi	Baker	St Albans AC

**Teams**

1	St Albans AC	1;8;10	19
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# Hertfordshire County Cross Country Championships

Fairlands Valley, Stevenage, 9 January 2016

## Senior Women - 8000m

Position	No	Time	Name	Surname	Club
1	217	29.18	Jo Hickman	Dunne	Loughborough Students
2	179	29.22	Rachel Humphreys		Bedford & County
3	215	29.30	Elizabeth Janes		Herts Phoenix
4	227	31.17	Vicky Walker		Shaftesbury BH
5	226	31.23	Vicky Pritchard		Shaftesbury BH
6	175	31.44	Joanne Kent		Barnet & District
7	225	31.48	Rebekah Gardiner		Shaftesbury BH
8	267	32.00	Hannah Kitchen		Watford Harriers
9	202	32.09	Natalie Lawrence		Fairlands Valley Spartans
10	256	32.13	Lucy Waterlow		St Albans Striders
11	212	33.19	Martha Hall		Garden City Runners
12	233	33.49	Elaine Garvican		St Albans Striders
13	266	34.19	Helen Johal		Watford Harriers
14	177	34.37	Karen Murphy		Barnet & District
15	269	35.02	Angela Trussler		Watford Harriers
16	216	35.07	Deborah Rushman		Herts Phoenix
17	173	35.13	Nicola Froud		Barnet & District
18	206	35.24	Gemma Bitaraf		Gade Valley Harriers
19	243	35.43	Zoe Lowe		St Albans Striders
20	260	35.50	Lynda Hembury		Tring RC
21	218	36.37	Joanna Winfield		Luton AC
22	178	36.48	Danielle Stapleton		Barnet & District
23	180	37.22	Kathryn Chapman		Bishops Stortford RC
24	235	37.33	Heather Hann		St Albans Striders
25	254	38.14	Elizabeth Walls		St Albans Striders
26	234	38.15	Caroline Bailes		St Albans Striders
27	185	38.16	Hannah Bennett		Dacorum & Tring
28	189	38.33	Rebecca Fawcett		Dacorum & Tring
29	263	39.02	Lisa Battye		unattached
30	209	39.17	Rebecca Barden		Garden City Runners
31	228	39.23	Mandy Attree		St Albans Striders
32	172	39.25	Karen Bradley		Barnet & District
33	268	39.27	Alison Putko		Watford Harriers
34	271	39.30	Clare Bonnick		Watford Joggers
35	244	39.35	Lucy Martin		St Albans Striders
36	186	39.51	Kate Crossland		Dacorum & Tring
37	214	39.55	Elizabeth Doyle		Herts Phoenix
38	265	39.56	Robyn Delivett		Watford Harriers
39	203	40.15	Maddie Pritchard		Fairlands Valley Spartans
40	210	40.19	Virginia Bird		Garden City Runners
41	241	40.29	Gillian Jubb		St Albans Striders
42	193	40.34	Tina Le		Dacorum & Tring
43	264	40.49	Christine Dearman		Watford Harriers
44	200	40.50	Nicola Haberland		Fairlands Valley Spartans
45	183	40.57	Charlotte Ashton		Dacorum & Tring
46	198	41.13	Claire Cox		Fairlands Valley Spartans
47	174	41.19	Kirsty Johnstone		Barnet & District
48	242	42.30	Alexandra Leech		St Albans Striders
49	192	42.44	Kerry Hoar		Dacorum & Tring
50	211	42.47	Charlotte Chapman		Garden City Runners
51	250	42.49	Lucy Stern		St Albans Striders
52	240	42.52	Carole Jack		St Albans Striders
53	253	43.16	Tina Tremane		St Albans Striders
54	197	43.37	Sophie Cowan		Fairlands Valley Spartans

## Hertfordshire County Cross Country Championships

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### Senior Women - 8000m

55	204	44.37	Peta Wilson	Fairlands Valley Spartans
56	239	44.54	Donna Irwin	St Albans Striders
57	270	44.59	Jane Turnley	Watford Harriers
58	171	45.01	Clare Boutle	Barnet & District
59	201	45.44	Sue Hamer	Fairlands Valley Spartans
60	232	46.06	Clair Drage	St Albans Striders
61	237	46.07	Charlotte Holloway	St Albans Striders
62	258	47.53	Kirsty Barnett	Tring RC
63	272	48.08	Natalie Smith	Watford Joggers
64	196	48.57	Rebecca White	Dacorum & Tring
65	248	49.00	Caroline Skyrme	St Albans Striders
66	199	49.36	Sharon Crowley	Fairlands Valley Spartans
67	261	50.07	Carol MacDonald	Tring RC
68	231	51.19	Katie Chilton	St Albans Striders
69	191	52.59	Samantha Hawkrigde	Dacorum & Tring
70	245	53.53	Jenna Pickering	St Albans Striders

### Teams

1	Barnet & District	6;14;17;22	59
2	St Albans Striders 'A'	10;12;19;24	65
3	Watford Harriers	8;13;15;33	69
4	St Albans Striders 'B'	25;26;31;35	117
5	Garden City Runners	11;30;40;50	131
6	Dacorum & Tring	27;28;36;42	133
7	Fairlands Valley Spartans 'A'	9;39;44;46	138
8	St Albans Striders 'C'	41;48;51;52	192
9	St Albans Striders 'D'	53;56;60;61	230
10	Fairlands Valley Spartans 'B'	54;55;59;66	234