HERTS COUNTY OUTDOOR RANKINGS 2016

U20 MEN

100m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 10.64/1.5 | Dom Ashwell | U20M | SBH | 30/7 | Bedford |
| 10.68/3.3 | Eden Davis | U20M | HPX | 18/6 | Bedford |
| 10.74 | Eden Davis | U20M | HPX | 30/7 | Bedford |
| 10.99 | Charlee Yearwood | U20M | SNH | 29/5 | Stevenage |
| 11.13/1.6 | Luke Smith | U20M | HPX | 25/5 | LV |
| 11.6 | Nathan Burke | U20M | HPX | 18/6 | WGC |
| 11.80 | Bradley Salih | U20M | WAT | 7/9 | Watford |
| 12.0 | Nathan Gardner | U20M | SNH | 25/6 | LV |
| 12.05 | James Pearce | U20M | WAT | 7/9 | Watford |
| 12.1 | Samuel Jones | U20M | STA | 21/5 | St Albans |
| 12.30 | Joshua Kingsland | U20M | SNH | 9/4 | LV |
| 12.36 | Tobechukwu Obi | U20M | D&T | 4/5 | Watford |
| 12.4 | Oliver Benveniste | U20M | D&T | 11/9 | Hemel H |
| 12.7 | Alex Harrison | U20M | HPX | 24/7 | Walton |
| 12.94 | William Cartledge | U20M | SNH | 11/9 | Stevenage |
| 13.54 | Ben Barber | U20M | SNH | 29/5 | Stevenage |
| 13.65 | Adam Edney | U20M | SNH | 2/5 | Stevenage |
| 14.18/-1.2 | Beck Grover | U20M | HPX | 20/8 | Bromley |
| 16.2 | Joshua Robinson | U20M | SNH | 3/7 | Coventry |

200m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 21.63 | Charlee Yearwood | U20M | SNH | 19/6 | Bedford |
| 21.9 | Eden Davis | U20M | HPX | 29/5 | Mile End |
| 22.0 | Luke Smith | U20M | HPX | 29/5 | Mile End |
| 23.81 | Bradley Salih | U20M | WAT | 7/9 | Watford |
| 23.88 | Samuel Jones | U20M | STA | 20/8 | LV |
| 24.4 | Owen Dearman | U20M | WAT | 9/7 | Watford |
| 24.91 | Nathan Gardner | U20M | SNH | 11/9 | Stevenage |
| 24.98 | Oliver Benveniste | U20M | D&T | 20/4 | Watford |
| 25.6 | Alex Harrison | U20M | HPX | 24/7 | Walton |
| 26.2 | Adam Edney | U20M | SNH | 11/9 | Stevenage |
| 27.62 | Tobechukwu Obi | U20M | D&T | 20/4 | Watford |
| 27.8 | Sebastian Wadlow | U20M | D&T | 11/9 | Hemel H |
| 28.08 | Ben Barber | U20M | SNH | 29/5 | Stevenage |

400m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 51.21 | Samuel Jones | U20M | STA | 9/7 | LV |
| 51.5 | Eden Davis | U20M | HPX | 22/5 | Erith |
| 53.4 | Beck Grover | U20M | HPX | 16/4 | Ipswich |
| 53.89 | Robert Green | U20M | HPX | 26/6 | P Hill |
| 54.6 | Joseph Peppiatt | U20M | BAR | 17/4 | LV |
| 55.5 | Nathan Gardner | U20M | SNH | 25/6 | LV |
| 55.71 | Owen Dearman | U20M | WAT | 18/6 | Woodford |
| 55.94 | Edward Anders | U20M | STA | 13/7 | Watford |
| 56.3 | James Beddall | U20M | SNH | 9/7 | Luton |
| 56.6 | Alex Harrison | U20M | HPX | 22/5 | Erith |
| 59.20 | Adam Edney | U20M | SNH | 11/9 | Stevenage |
| 62.35 | Jack Gladman | U20M | SNH | 11/9 | Stevenage |
| 69.55 | Ben Barber | U20M | SNH | 11/9 | Stevenage |

800m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1:54.53 | Samuel Jones | U20M | STA | 7/9 | Watford |
| 1:54.80 | Beck Grover | U20M | HPX | 7/5 | Corby |
| 1:59.12 | Jamie Dee | U20M | SBH | 18/5 | Watford |
| 1:59.94 | Ben Pattison | U20M | STA | 6/4 | Watford |
| 2:00.02 | Thomas Butler | U20M | BAR | 10/8 | Watford |
| 2:01.05 | Cameron Laleye | U20M | HPX | 30/4 | Bedford |
| 2:04.0 | Jamie Philpott | U20M | HPX | 9/7 | Ashford |
| 2:04.80 | James Beddall | U20M | SNH | 11/9 | Stevenage |
| 2:05.03 | Oscar Bell | U20M | HAWCS | 2/5 | Stevenage |
| 2:05.26 | Edward Anders | U20M | STA | 15/6 | Watford |
| 2:06.64 | Oliver Formby | U20M | BAR | 15/6 | Watford |
| 2:06.84 | Joseph Peppiatt | U20M | BAR | 15/6 | Watford |
| 2:07.4 | Rhys Rowlands | U20M | D&T | 18/6 | WGC |
| 2:10.5 | Ben Clarke | U20M | STA | 18/6 | Mile End |
| 2:11.19 | Bradley Salih | U20M | WAT | 10/8 | Watford |
| 2:19.99 | Jack Gladman | U20M | SNH | 15/6 | Watford |
| 2:49.60 | William Cartledge | U20M | SNH | 11/9 | Stevenage |

1500m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 3:54.60 | Jamie Dee | U20M | SBH | 28/5 | Watford |
| 4:00.34 | Thomas Butler | U20M | BAR | 24/8 | Watford |
| 4:06.84 | Beck Grover | U20M | HPX | 2/5 | Stevenage |
| 4:13.35 | Jamie Philpott | U20M | HPX | 20/8 | Bromley |
| 4:17.24 | Oliver Formby | U20M | BAR | 27/7 | Watford |
| 4:18.20 | Ben Clarke | U20M | STA | 2/5 | Stevenage |
| 4:23.6 | Thomas Rayner | U20M | WAT | 9/7 | Watford |
| 4:28.26 | Ben Pattison | U20M | STA | 21/8 | Oxford |
| 4:31.47 | Rhys Rowlands | U20M | D&T | 4/5 | Watford |
| 4:33.22 | Edward Anders | U20M | STA | 27/7 | Watford |
| 4:35.9 | James Beddall | U20M | SNH | 1/5 | Harrow |
| 4:43.9 | Hugh Thomas | U20M | STA | 21/5 | St Albans |
| 4:45.7 | Jack Gladman | U20M | SNH | 18/6 | WGC |
| 5:24.1 | Nathan Gardner | U20M | SNH | 26/6 | LV |
| 6:30.4 | Sebastian Wadlow | U20M | D&T | 26/6 | Hemel H |
| 8:24.8 | Jamie Dee | U20M | SBH | 3/6 | Cambridge |

1 Mile

4:39.30 Ryan Faulkner SM HPX 29/8 Reading

3000m

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 8:43.12 | Thomas Butler | U20M | BAR | 7/9 | Watford |
| 8:50.59 | George Cook | U20M | HPX | 27/7 | Watford |
| 8:58.70 | Jamie Philpott | U20M | HPX | 7/9 | Watford |
| 9:38.7 | Ben Clarke | U20M | STA | 21/5 | St Albans |
| 9:53.07 | Edward Anders | U20M | STA | 6/4 | Watford |
| 10:27.38 | Jack Gladman | U20M | SNH | 11/9 | Stevenage |

5000m

16:56.8 Ben Clarke U20M STA 18/6 St Albans

17:49.48 Edwards Anders U20M StA 16/4 St Albans

20:22.04 Jack Gladman U20M SNH 15/5 Watford

110m Hurdles

15.62 Ayomide Byrom U20M STA 10/9 Peterborough

16.9 Nathan Gardner U20M SNH 26/6 LV

20.2 James Weller U20M D&T 16/4 Hemel H

22.6 Alex Harrison U20M HPX 24/7 Walton

400m Hurdles 91.4

56.26 Robert Green U20M 19/6 Bedford

64.20 Ayomide Byrom U20M STA 9/7 LV

66.4 Owen Dearman U20M WAT 16/4 Grays

2000m Steeplechase

6:57.41 Ben Clarke U20M STA 16/4 St Albans

6:59.22 Oliver Formby U20M BAR 24/7 Eton

7:10.6 Rhys Rowlands U20M D&T 18/6 WGC

3000m Steeplechase

11:11.47 Ben Clarke U20M STA 9/7 LV

11:21.20 Rhys Rowlands U20M D&T 9/7 Croydon

High Jump

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1.90 | Ope Ajanaku | U20M | HAWCS | 11/6 | Grangemouth |
| 1.90 | Owen Dearman | U20M | WAT | 11/9 | Watford |
| 1.80 | Nathan Gardner | U20M | SNH | 1/5 | Harrow |
| 1.80 | William Cartledge | U20M | SNH | 24/9 | Sandy |
| 1.59 | Alex Harrison | U20M | HPX | 1/5 | Dartford |
| 1.33 | Beck Grover | U20M | HPX | 9/7 | Ashford |

Pole Vault

4.60 Nathan Gardner U20M SNH 4/6 Sportcity

3.75 James Weller U20M D&T 30/4 Bedford

2.60 Owen Dearman U20M WAT 20/8 Watford

Long Jump

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 6.61 | James Lonngren-Sampaio | U20M | HPX | 10/9 | Peterborough |
| 6.47 | Nathan Gardner | U20M | SNH | 1/5 | Harrow |
| 6.08 | Nathan Burke | U20M | HPX | 18/6 | WGC |
| 5.97 | Alex Harrison | U20M | HPX | 24/7 | Walton |
| 4.53 | Sebastian Wadlow | U20M | D&T | 26/6 | Hemel H |
| 4.25 | Rhys Rowlands | U20M | D&T | 21/5 | Cambridge |
| 4.01 | Owen Dearman | U20M | WAT | 16/4 | Grays |
| 3.63 | Ben Barber | U20M | SNH | 11/9 | Stevenage |
| 3.60 | Jack Gladman | U20M | SNH | 11/9 | Stevenage |

Triple Jump

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 13.49/1.6 | Nathan Burke | U20M | HPX | 11/6 | LV |
| 13.47 | James Lonngren-Sampaio | U20M | HPX | 1/5 | Dartford |
| 13.07 | Nathan Gardner | U20M | SNH | 10/9 | Peterborough |
| 10.69 | Alex Harrison | U20M | HPX | 29/5 | Mile End |

Shot 6k

9.84 Noah Malancinas U20M D&T 21/8 Oxford

8.57 Nathan Gardner U20M SNH 25/6 LV

7.59 William Cartledge U20M SNH 11/9 Stevenage

6.48 Sebastian Wadlow U20M D&T 11/9 Hemel H

Shot 7.26k

6.32 Robert Green U20M HPX 24/7 Walton

Discus 1.75k

32.75 Asa Freeman U20M WAT 21/8 Oxford

26.35 Sebastian Wadlow U20M D&T 15/5 Watford

20.06 Nathan Gardner U20M SNH 29/5 Stevenage

Discus 2k

15.78 Robert Green U20M HPX 24/7 Walton

Hammer 6k

64.42 George Marvell U20M SNH 15/5 Watford

17.40 Sebastian Wadlow U20M D&T 11/9 Hemel H

Javelin 800g

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 39.94 | Noah Malancinas | U20M | D&T | 21/8 | Oxford |
| 38.03 | James Lonngren-Sampiao | U20M | HPX | 1/5 | Dartford |
| 27.96 | Nathan Gardner | U20M | SNH | 26/6 | LV |
| 25.67 | James Beddall | U20M | SNH | 29/5 | Stevenage |
| 25.37 | Sebastian Wadlow | U20M | D&T | 11/9 | Hemel H |
| 13.01 | Rhys Rowlands | U20M | D&T | 10/7 | Basingstoke |

Pentathlon

1858 Sebastian Wadlow U20M D&T 26/6 Hemel H

Decathlon

5080 Nathan Gardner U20M 26/6 LV