

**HAARC Championships
Watford - 17 May 2015
Under 20 Women**

F12 High Jump

CBP Moe Sasegbon SNH 1.75 2010

Posn	Num	Name	Club	Perf	Details							
Final					1.30	1.35	1.40	1.45	1.50	1.53		
1	263	Shannon Rapacchi	SNH	1.50	xo	o	o	o	xxo	xxx		
2	269	Rachel Ward	HAWCS	1.40	o	o	xo	xxx				

F6 Pole Vault

CBP Louise Shortland SNH 3.30m 2006

Posn	Num	Name	Club	Perf	Details								
Final					2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20
1	263	Shannon Rapacchi	SNH	3.10				o	-	o	o	o	xxx
2	256	Martha Huggins	SNH	2.80			o	o	xo	xxx			
3	268	Eleanor Thompson	D&T	2.70	o	xxo	xxo	xxo	xxx				

F8 Long Jump

CBP Laura Jones HPx 5.50m 2005

Posn	Num	Name	Club	Perf	Details								
Final													
1	90	Sally Cowler	HPx	5.19/+1.3	5.13/+1.0	4.82/-0.4	5.07/+2.7	4.98/+2.0	5.19/+1.3	4.89/+1.1			
2	251	Catherine Brooks	StA	5.07/+2.0	4.81/+1.6	4.56/+0.8	4.62/+1.7	5.07/+2.0	4.81/+1.0		nj		
3	265	Chloe Rixon	SBH	5.00/+0.7	5.00/+0.7		nj	4.95/+2.4	4.98/+1.9	4.88/+1.7	4.88/+2.6		
4	262	Rebecca Pickard	SNH	4.77/+0.9	4.77/+0.9	4.74/+1.0	4.73/+2.1		w/d				

F15 Triple Jump

CBP Shimaala Harewood WatH 11.89/1.5 2011

Posn	Num	Name	Club	Perf	Details								
Final													
1	261	Kara Peck	HPx	11.20/+1.5	10.37/+2.1	10.86/+1.7	11.20/+1.5	11.11/+2.0	10.95/+2.0	11.02/+2.1			

F16 Shot

CBP Shelley McLellan SNH 11.95m 2001

Posn	Num	Name	Club	Perf	Details								
Final													
1	251	Catherine Brooks	StA	8.80	8.80	8.36	8.19	7.90	7.75	8.13			
2	253	Melissa Doran	SNH	7.26	6.90	7.04	7.26	7.16	nt	nt			

F4 Discus

CBP Renee Hector SNH 38.18m 2012

Posn	Num	Name	Club	Perf	Details								
Final													
1	258	Fiona McQuire	SBH	30.37	28.49	28.78	29.70	29.81	29.48	30.37			
2	250	Claire Baxter	Chilt	20.85	nt	19.64	20.85	18.92	nt	19.25			
3	257	Lilly Lee	StA	19.06	18.05	18.25	16.98	17.84	19.06	18.17			

F1 Hammer

CBP Nicola Dudman Ver 49.20m 2001

Posn	Num	Name	Club	Perf	Details								
Final													
1	267	Alessandra Stevens	SNH	33.23	29.69	nt	nt	33.23	31.25	30.62			
2	255	Caitlin Filby	D&T	28.37	24.96	28.37	nt	nt	23.71	25.81			

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F14 Javelin

CBP Eloise Meakins HPx 43.97m 2012

Posn	Num	Name	Club	Perf	Details					
Final										
1	264	Siobhan Rapacchi	SNH	30.71	29.59	28.24	30.71	29.56	28.63	nt
2	257	Lilly Lee	StA	28.44	nt	26.63	25.68	28.44	28.00	27.10
3	253	Melissa Doran	SNH	21.13	20.45	18.55	nt	21.13	nt	nt
4	262	Rebecca Pickard	SNH	18.85	nt	nt	5.39	nt	17.82	18.85