

**HAARC Championships
Watford - 17 May 2015
Senior Women**

F6 Pole Vault

CBP Louise Shortland SNH 3.50m 2009,2011, 2012

Posn	Num	Name	Club	Perf	Details			
Final					2.30	2.40	2.50	
1	118	Louise Kelly	StA	2.40	o	o	xxx	

Long Jump

CBP Jenny Pacey WSEH 6.06 2010

Posn	Num	Name	Club	Perf	Details						
Final											
1	22	Abigail Holman	Harr	5.44/+0.6	5.36/+0.7	nj	5.30/+1.4	5.28/+1.1	5.41/+2.3	5.44/+0.6	
2	51	Chloe Vernon-Hamilton	SNH	5.25/+2.4	5.01/+1.6	5.23/+2.0	5.25/+2.4	5.08/+1.3	5.22/+3.2	-	
3	23	Ciaran Palfreyman	HPx	5.07/+1.7	4.84/+0.4	4.90/+2.0	5.07/+1.7	4.90/+1.6	-	-	

F15 Triple Jump

CBP Kathryn Streatfield HPx 12.23 2009

Posn	Num	Name	Club	Perf	Details						
Final											
1	91	Amanda Dobin	RAF	9.58/+2.2	9.11/+2.4	9.17/+2.6	9.08/+1.2	9.58/+2.2	8.87/+1.0	-	
2	25	Abigail Griffiths	HPx	9.52/+1.5	9.49/+2.2	9.52/+1.5	9.44/+1.8	9.47/+2.4	9.44/+0.4	9.21/+1.4	

F16 Shot

CBP Shelley McLellan SNH 12.70m 2006

Posn	Num	Name	Club	Perf	Details						
Final											
1	92	Celia Quansah	WSEH	11.44	11.00	11.44	11.27	nt	10.29	10.94	
2	118	Louise Kelly	StA	10.00	9.18	9.39	9.27	9.28	10.00	-	

F4 Discus

CBP Lynda Whiteley Enf 54.12m 1983

Posn	Num	Name	Club	Perf	Details						
Final											
1	91	Amanda Dobin	RAF	20.18	17.75	20.02	nt	-	-	20.18	

F1 Hammer

CBP Nicola Dudman HPx 48.92m 2004

Posn	Num	Name	Club	Perf	Details						
Final											
1	275	Laura Feely	SNH	32.28	32.28	31.30	29.37	29.02	nt	31.54	