

# Hertfordshire County AAA U13 Championships

Stevenage 4 May 2015

## Under 13 Boys

### 100 Metres Heat 1 (w/s -0.8)

1	5 Daniel Kessi	Stevenage & North Herts AC	13.54 Q
2	10 Finlay Wightman	Dacorum & Tring AC	14.85 Q
3	9 Jos Ross-Brown	Barnet & District AC	15.40 q
4	7 Finn O'Connor	Stevenage & North Herts AC	15.63
5	2 Lounis Guemache	Stevenage & North Herts AC	16.70

### 100 Metres Heat 2 (w/s -1.6)

1	4 Theodore Holtom	St Albans AC	14.35 Q
2	3 Thomas Hiew	Barnet & District AC	14.84 Q
3	8 Emmanuel Ogunsakin	Stevenage & North Herts AC	14.90 q
4	1 Boaz Ekunyan	Stevenage & North Herts AC	15.11 q
5	6 Kieron Lee	Barnet & District AC	15.44 q

### 100 Metres (w/s -0.8) Final

1	5 Daniel Kessi	Stevenage & North Herts AC	13.23
2	4 Theodore Holtom	St Albans AC	14.03
3	8 Emmanuel Ogunsakin	Stevenage & North Herts AC	14.28
4	10 Finlay Wightman	Dacorum & Tring AC	14.43
5	9 Jos Ross-Brown	Barnet & District AC	14.88
6	6 Kieron Lee	Barnet & District AC	14.93
7	3 Thomas Hiew	Barnet & District AC	14.94
8	1 Boaz Ekunyan	Stevenage & North Herts AC	15.00

## 200 Metres

### Heat 1 (w/s -3.1)

1	51 Ethan McGrory	St Albans AC	27.38 Q
2	4 Theodore Holtom	St Albans AC	29.15 Q
3	54 Daniel Stace	Dacorum & Tring AC	30.91 q
4	1 Boaz Ekunyan	Stevenage & North Herts AC	31.07 q
5	7 Finn O'Connor	Stevenage & North Herts AC	DNS

### Heat 2 (w/s +0.2)

1	50 Jacob Greaves	St Albans AC	28.42 Q
2	8 Emmanuel Ogunsakin	Stevenage & North Herts AC	29.25 Q
3	10 Finlay Wightman	Dacorum & Tring AC	29.57 q
4	55 Theo Thompson	Stevenage & North Herts AC	30.45 q
5	52 Ben Sloan	Harlow AC	32.05

### Final (w/s -1.4)

1	51 Ethan McGrory	St Albans AC	27.45
2	4 Theodore Holtom	St Albans AC	28.79
3	50 Jacob Greaves	St Albans AC	29.33
4	8 Emmanuel Ogunsakin	Stevenage & North Herts AC	30.05
5	10 Finlay Wightman	Dacorum & Tring AC	30.55
6	55 Theo Thompson	Stevenage & North Herts AC	30.90
7	54 Daniel Stace	Dacorum & Tring AC	31.29
8	1 Boaz Ekunyan	Stevenage & North Herts AC	DNS

**Hertfordshire County AAA U13 Championships****Stevenage 4 May 2015****800 metres**

1	109 Adam Jolly	Dacorum & Tring AC	2.24.39
2	102 Bryce Breen	Herts Phoenix AC	2.31.08
3	104 Daniel Gill	Herts Phoenix AC	2.34.58
4	52 Ben Sloan	Harlow AC	2.35.08
5	114 Luca Stubbs	Shaftesbury Barnet Harriers	2.36.33
6	113 Robert Quigley	St Albans AC	2.44.57
7	105 Anthony Gregori	Barnet & District AC	2.45.48
8	6 Kieron Lee	Barnet & District AC	2.46.17
9	55 Theo Thompson	Stevenage & North Herts AC	2.47.88
10	2 Lounis Guemache	Stevenage & North Herts AC	2.47.95
11	101 Thomas Ashton	Dacorum & Tring AC	2.47.95
12	53 Sam Sloan	Harlow AC	2.49.23
13	111 Ben Payne	Dacorum & Tring AC	2.53.69

**75 Metres Hurdles**

w/s -0.4

1	51 Ethan McGrory	St Albans AC	13.47
2	5 Daniel Kessi	Stevenage & North Herts AC	13.70

**Long Jump**

1	5 Daniel Kessi	Stevenage & North Herts AC	4.39
2	10 Finlay Wightman	Dacorum & Tring AC	4.01
3	54 Daniel Stace	Dacorum & Tring AC	4.00
4	55 Theo Thompson	Stevenage & North Herts AC	3.84
5	3 Thomas Hiew	Barnet & District AC	3.62
6	6 Kieron Lee	Barnet & District AC	3.46
7	9 Jos Ross-Brown	Barnet & District AC	3.35
8	113 Robert Quigley	St Albans AC	3.28

**Shot**

1	115 Kai Tunstall	Watford Harriers	8.51
2	112 Jacob Phillips	Dacorum & Tring AC	6.62

**Discus**

1	115 Kai Tunstall	Watford Harriers	19.79
2	112 Jacob Phillips	Dacorum & Tring AC	14.49
3	102 Bryce Breen	Herts Phoenix AC	14.07
4	53 Sam Sloan	Harlow AC	11.20

**Javelin**

1	3 Thomas Hiew	Barnet & District AC	16.13
2	53 Sam Sloan	Harlow AC	11.05
3	52 Ben Sloan	Harlow AC	10.80
4	112 Jacob Phillips	Dacorum & Tring AC	4.49

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Stevenage 4 May 2015

## Under 13 Girls

### 100 Metres

#### Heat 1 w/s-0.6

1	43 Lauren Simpson	Herts Phoenix AC	14.01 Q
2	35 Asisa Kadiri	Stevenage & North Herts AC	14.35 Q
3	42 Soraya Rigby	Stevenage & North Herts AC	14.63 q
4	28 Zoe Carroll	Dacorum & Tring AC	14.64 q
5	38 Mary Olatunji	Herts Phoenix AC	14.70
6	40 Isobel Parker	Barnet & District AC	15.31
7	36 Mei-Rose Laleye	Stevenage & North Herts AC	16.25

#### Heat 2 w/s -1.0

1	32 Milly Gall	Dacorum & Tring AC	14.10 Q
2	46 Lisa-Uzokwe Uzokwe	Stevenage & North Herts AC	14.53 Q
3	33 Julianna Glinkowska	Herts Phoenix AC	14.84
4	45 Beatrix Towers	St Albans AC	15.16
5	37 Jessica Moore	Barnet & District AC	15.70
6	29 Bluebell Cooke	Stevenage & North Herts AC	DNS

#### Heat 3 w/s -1.1

1	34 Marli Jessop	Watford Harriers	14.47 Q
2	30 Daisy Creasey	Herts Phoenix AC	14.69 Q
3	39 Ibukun Oluleye	Stevenage & North Herts AC	15.03
4	31 Evelyn Fonteyne	Barnet & District AC	15.58
5	44 Megan Sullivan	Dacorum & Tring AC	15.61
6	41 Abbie Poole	Watford Harriers	15.72

#### Final (w/s +0.2)

1	43 Lauren Simpson	Herts Phoenix AC	13.80
2	32 Milly Gall	Dacorum & Tring AC	13.82
3	34 Marli Jessop	Watford Harriers	13.96
4	46 Lisa-Uzokwe Uzokwe	Stevenage & North Herts AC	14.04
5	35 Asisa Kadiri	Stevenage & North Herts AC	14.27
6	30 Daisy Creasey	Herts Phoenix AC	14.30
7	28 Zoe Carroll	Dacorum & Tring AC	14.66
8	42 Soraya Rigby	Stevenage & North Herts AC	14.67

### 200 Metres

#### Heat 1 (w/s -1.9)

1	43 Lauren Simpson	Herts Phoenix AC	28.49 Q
2	32 Milly Gall	Dacorum & Tring AC	29.30 Q
3	38 Mary Olatunji	Herts Phoenix AC	30.15 q
4	45 Beatrix Towers	St Albans AC	31.20
	60 Clare Hudson	Stevenage & North Herts AC	DNS

#### Heat 2 (w/s -1.3)

1	46 Lisa-Uzokwe Uzokwe	Stevenage & North Herts AC	29.72 Q
2	35 Asisa Kadiri	Stevenage & North Herts AC	29.96 Q
3	61 Katie Weaver	St Albans AC	30.58 q
4	58 Emeline Brown	St Albans AC	30.96
5	29 Bluebell Cooke	Stevenage & North Herts AC	31.09
6	31 Evelyn Fonteyne	Barnet & District AC	31.29

**Hertfordshire County AAA U13 Championships****Stevenage 4 May 2015****Heat 3 (w/s -1.8)**

1	39 Ibukun Oluleye	Stevenage & North Herts AC	30.04
2	30 Daisy Creasey	Herts Phoenix AC	30.12
3	28 Zoe Carroll	Dacorum & Tring AC	30.63
4	57 Sydney Allen	Shaftesbury Barnet Harriers	31.00
5	59 Sylvie Foster	St Albans AC	31.40
6	40 Isobel Parker	Barnet & District AC	31.90

**Final (w/s +0.7)**

1	43 Lauren Simpson	Herts Phoenix AC	28.25
2	32 Milly Gall	Dacorum & Tring AC	29.01
3	38 Mary Olatunji	Herts Phoenix AC	29.77
4	46 Lisa-Uzokwe Uzokwe	Stevenage & North Herts AC	29.92
5	39 Ibukun Oluleye	Stevenage & North Herts AC	29.97
6	61 Katie Weaver	St Albans AC	30.55
7	35 Asisa Kadiri	Stevenage & North Herts AC	30.59
8	30 Daisy Creasey	Herts Phoenix AC	31.07

**800 Metres**

1	124 Lucy Taylor	Stevenage & North Herts AC	2.39.26
2	57 Sydney Allen	Shaftesbury Barnet Harriers	2.41.87
3	118 Grace Ingles	Watford Harriers	2.42.53
4	37 Jessica Moore	Barnet & District AC	2.43.05
5	29 Bluebell Cooke	Stevenage & North Herts AC	2.45.42
6	125 Meadow Thomas	Chiltern Harriers AC	2.50.28
7	45 Beatrix Towers	St Albans AC	2.55.62
8	120 Elena Roncarati	Barnet & District AC	2.56.53
9	119 Olivia Moore	Dacorum & Tring AC	3.00.53

**70 metres Hurdles**

w/s -0.5

1	34 Marli Jessop	Watford Harriers	12.38
2	125 Meadow Thomas	Chiltern Harriers AC	13.21
3	30 Daisy Creasey	Herts Phoenix AC	13.77
4	61 Katie Weaver	St Albans AC	13.92
5	44 Megan Sullivan	Dacorum & Tring AC	14.71
6	124 Lucy Taylor	Stevenage & North Herts AC	15.14
7	58 Emeline Brown	St Albans AC	15.65

**High Jump**

1	33 Julianna Glinkowska	Herts Phoenix AC	1.10
2	58 Emeline Brown	St Albans AC	1.00

**Hertfordshire County AAA U13 Championships****Stevenage 4 May 2015****Long Jump**

1	43 Lauren Simpson	Herts Phoenix AC	4.71
2	34 Marli Jessop	Watford Harriers	4.30
3	32 Milly Gall	Dacorum & Tring AC	4.24
4	31 Evelyn Fonteyne	Barnet & District AC	3.95
5	38 Mary Olatunji	Herts Phoenix AC	3.87
6	41 Abbie Poole	Watford Harriers	3.79
7	61 Katie Weaver	St Albans AC	3.79
8	42 Soraya Rigby	Stevenage & North Herts AC	3.76
9	121 Scarlett Royle	Watford Harriers	3.58
10	40 Isobel Parker	Barnet & District AC	3.57
11	124 Lucy Taylor	Stevenage & North Herts AC	3.53
12	37 Jessica Moore	Barnet & District AC	3.48
13	57 Sydney Allen	Shaftesbury Barnet Harriers	3.45
14	59 Sylvie Foster	St Albans AC	3.36
15	120 Elena Roncarati	Barnet & District AC	3.27

**Shot**

1	122 Elle Stone	Stevenage & North Herts AC	7.80
2	42 Soraya Rigby	Stevenage & North Herts AC	6.33
3	116 Gabriella Dawodo	Stevenage & North Herts AC	4.70

**Discus**

1	116 Gabriella Dawodo	Stevenage & North Herts AC	20.99
2	122 Elle Stone	Stevenage & North Herts AC	19.91

**Javelin**

1	121 Scarlett Royle	Watford Harriers	17.69
2	122 Elle Stone	Stevenage & North Herts AC	16.47
3	116 Gabriella Dawodo	Stevenage & North Herts AC	11.82
4	120 Elena Roncarati	Barnet & District AC	8.43