

Hertfordshire County AAA Open Meeting
Stevenage 4 May 2015

80 Metres (Under 11 Boys and Girls) w/s -2.0

1	310 Matthew Ibenewanka	WAT	U11B	11.62
2	229 Hugo Creasey	HPX	U11B	13.53
3	302 Oyinlola Stubbs	SBH	U11G	13.64
4	314 Kaiden O'Connor T44	Stev	U11B	16.30
5	313 Ross Ruggles T36	una	U11B	17.36

100 Metres (Race 1) w/s -1.5

1	231 Mark Hanson	E&H	SM	11.17
2	239 Leon Sinclair	SBH	SM	11.49
3	264 Cameron Webb	WSEH	SM	11.73
4	248 Kalam Abdul-Quarnain	SBH	SM	11.92
5	246 Christopher Castro-Neton	SBH	U20M	12.09
6	253 Steven Edwards	HAWCS	SM	12.39
7	249 Chloe McCarthy	ST Alb AC	U20W	12.81
8	250 Emily Wood	St Alb AC	U20W	13.02

100 Metres (Race 2) w/s -1.6

1	256 Emily Stevens	HAWCS	SW	13.20
2	263 Semba Bwalya	Stev	u15B	13.25
3	241 Abi Holman	Harrow	SW	13.31
4	206 Remi Jessop	WAT	U17W	13.39
5	252 Christa Hetherington	HPx	U15G	13.44
6	240 Jacob Glinkowska	HPX	M45	14.63

100 Metres (Race 3) w/s -0.6

1	217 Megan Fielding	HPX	U17W	12.89
2	275 Alex Rolph		W40	14.47
3	269 Abbie Collins	Stev	U15G	15.09
4	270 Alan Carter	E&H	M75	15.83
5	257 Sarah Gaynor	HPx	VW55	16.59
6	255 Colin Fielding	Trent Pk	M75	18.89

100 Metres Disability w/s -0.7

1	215 Matthew Cornish (T35)	Bexley	SM/T35	18.32
2	260 Calvin De Villiers T37	Stev	U13B	18.37
3	261 Thomas Conroy T37	Watford	U13B	18.97

100 Metres Disability w/s -0.8

1	205 Faye Olszowka (T20)	Bex	U17W/T20	14.70
2	259 Jade Horsfall T20	West Suffolk	U17W	15.89
3	258 Winnie Ngwala T20	Stev	U15G	17.16
4	254 Julie Rogers T42	Bedford	U17W	17.58

100 Metres Wheelchair w/s -4.2

1	265 Courtney Daly T54	Stevenage	U13G	29.22
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200 Metres (Race 1) w/s +0.8

1	297 Harry Kyriacou	SBH	U20M	23.38
2	246 Christopher Castro-Neton	SBH	U20M	24.03
3	287 Hannah Williams	HPX	U20W	24.25
4	277 Jessica Tappin	TVH	SW	24.61
5	244 Deborah Willis	Notts	SW	25.68

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200 Metres (Race 2) w/s +2.3

1	292 Ben Lloyd	HPX	U15B	24.56
2	222 Sophie Segun	HPX	U17W	24.86
3	249 Chloe McCarthy	ST Alb AC	U20W	25.12
4	250 Emily Wood	St Alb AC	U20W	25.44
5	263 Semba Bwalya	Stev	u15B	25.62
6	217 Megan Fielding	HPX	U17W	25.81
7	235 Emily Cox	HAWCS	U15G	30.32

200 Metres (Race 3) w/s -2.0

1	253 Steven Edwards	HAWCS	SM	24.78
2	225 Grace Gentry	HAWCS	U15G	26.71
3	288 Bethany Harley	SNH	U17W	27.35
4	206 Remi Jessop	WAT	U17W	28.18
5	291 Georgina Anderson	una	U17W	28.30

200 Metres (Race 4) w/s +0.1

1	271 Haydn Williams	Stev	U15B	29.24
2	290 Demi Tuinema	StA	U13G	29.55
3	293 Archie Cooke	SNH	U13B	33.07
4	226 Sasha Whiley	Chelms	U13G	35.79

200 Metres (Disability) w/s +0.7

1	205 Faye Olszowka (T20)	Bex	U17W/T20	30.06
2	259 Jade Horsfall T20	West Suffolk	U17W	32.35

200 Metres (Disability) w/s -0.7

1	215 Matthew Cornish (T35)	Bexley	SM/T35	37.63
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200 Metres Wheelchair w/s -0.4

1	265 Courtney Daly T54	Stev	u13G	52.97
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300 Metres

1	208 Jessica Hurley	SBH	U17W	42.71
2	182 Scarlett Kent	Shaftesbury Barnet Harriers	U15 Girls	47.95
3	285 Lisa Barber	SNH	U17W	54.12

400 Metres

1	317 Joseph Peppiatt	BAR	U17M	53.91
2	315 Ben McGuinness	D&T	SM	56.14
3	294 Adam Edney T20	SNH	U17M	61.42
4	20 Toby Addison	Stevenage & North Herts AC	T13	65.62

600 Metres (Under 11)

1	229 Hugo Creasey	HPX	U11B	2.07.78
2	302 Oyinlola Stubbs	SBH	U11G	2.22.28

800 Metres

1	230 Jade Horsfall	Bury	U17W	2.57.38
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800 Metres

1	299 Mark Cunningham	SBH	U20M	2.06.95
2	303 Thomas Patrick	SBH	U15B	2.10.47
3	312 Finn Harvey	SBH	U15B	2.17.31
4	282 Sarah Feely	SNH	U20W	2.37.62
5	285 Lisa Barber	SNH	U17W	2.55.87
6	293 Archie Cooke	SNH	U13B	3.08.92

1500 Metres

1	201 Yllka Istrefi	FVS	W35	5.55.83
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5000 Metres

1	201 Yllka Istrefi	FVS	W35	21:27.94
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70 Metres Hurdles w/s -0.5

1	290 Demi Tuinema	StA	U13G	13.17
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75 Metres Hurdles w/s -0.4

1	252 Christa Hetherington	HPx	U15G	11.94
2	223 Olivia Smith	HAWCS	U15G	12.36
3	213 Jessica Whiley	HAWCS	U15G	12.93

80 Metres Hurdles w/s -0.1

1	309 Kit Kerr	SNH	U15B	12.60
2	307 Alice Semark	HPX	U17W	12.87
3	306 Sophie Julian	HPX	U17W	13.00
4	272 Ralph Williams	SNH	U15B	13.73
5	304 Keira Hicks	SNH	U17W	15.17

100 Metre Hurdles w/s -0.4

1	308 Moe Sasegbon	SNH	SW	14.94
2	289 Oscar Jopp	SNH	U17M	15.04
3	298 Alex Patten	una	U17M	16.26

110 Metres Hurdles w/s +0.1

1	311 Matthew Hall	WAT	U20M	15.65
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300 Metres Hurdles

1	200 Zoe Benton	HPX	U17W	44.77
2	243 Imogen Munday	Medway & M	U17W	47.40
3	245 Emily Russell	Harrow	U17W	47.46
4	224 Laura Stewart	ESM	U17W	51.49

400 Metres Hurdles (Race 1)

1	244 Deborah Willis	Notts	SW	63.02
2	211 Suzanne Bentley	StA	U20W	64.39
3	218 Martine Bomb	E&H	SW	66.09
4	242 Harriet Day	Medway & M	U20W	67.31

400 Metres Hurdles (Race 2)

1	251 Patrick Barrett	Enfield & Haringey	SM	54.94
2	203 Robert Green	HPX	U17M	57.51

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3000m Walk

1	232 Roger Lilley	C&C	M55	17:52.99
2	233 Pamela Abbott	E&H	W50	20:36.27

High Jump

1	280 Will Marklew	SNH	U20M	1.85
2	273 Lee Brown	SNH	U17M	1.55
3	213 Jessica Whiley	HAWCS	U15G	1.40
4	240 Jacob Glinkowska	HPX	M45	1.30
5	8 Emmanuel Ogunsakin	Stevenage & North Herts AC	U13 Boys	1.30
6	290 Demi Tuinema	StA	U13G	1.30

Pole Vault

1	247 Michael Stoker	SNH	U17M	3.00
2	268 Erin Breen	HPx	U17W	2.90
3	273 Lee Brown	SNH	U17M	2.90
4	147 Elliot Breen	Herts Phoenix AC	U15 Boys	2.70
5	267 Martha Huggins	SNH	U20W	2.40
6	271 Haydn Williams	Stev	U15B	2.30
7	266 Mark Pinney	SNH	SM	2.30
8	102 Bryce Breen	Herts Phoenix AC	U13 Boys	2.10

Long Jump (Men)

1	280 Will Marklew	SNH	U20M	5.98
2	292 Ben Lloyd	HPX	U15B	5.42
3	272 Ralph Williams	SNH	U15B	3.93

Long Jump (Women)

1	276 Ebony Wake	Birchfield	U20W	5.80
2	277 Jessica Tappin	TVH	SW	5.71
3	262 J'nae Ward	Sale H	U20W	5.42
4	225 Grace Gentry	HAWCS	U15G	5.12
5	223 Olivia Smith	HAWCS	U15G	4.88
6	214 Catherine Brooks	StA	U20W	4.75
7	213 Jessica Whiley	HAWCS	U15G	4.62
8	226 Sasha Whiley	Chelms	U13G	3.43

Shot (Men)

1	316 Euan Metcalfe	SNH	U15B	10.69	4k
2	247 Michael Stoker	SNH	U17M	9.57	5k
3	207 David Neilson (F37)	Chelm	SM/F37	6.56	5k
4	271 Haydn Williams	Stev	U15B	5.58	4k
5	220 George Barnard (F34)	NHDSE	U17M	4.40	3k

Shot (Women)

1	308 Moe Sasegbon	SNH	SW	11.74
2	277 Jessica Tappin	TVH	SW	11.53
3	288 Bethany Harley	SNH	U17W	8.61
4	300 Gianleo Stubbs	SBH	U11B	8.42
5	295 Olivia Steele	HAWCS	U15G	7.97
6	204 Taia Tunstall	WAT	U15G	7.48
7	223 Olivia Smith	HAWCS	U15G	6.57
8	226 Sasha Whiley	Chelms	U13G	5.32
9	296 Ewelina Suchowiecka (F35)	SNH	U17w	3.08

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Discus (Men)

1	247 Michael Stoker	SNH	U17M	28.11
2	207 David Neilson (F37)	Chelm	SM/F37	20.97
3	209 Jason List	SNH	U15B	19.99
4	220 George Barnard (F34)	NHDSE	U17M	11.19

Discus (Women)

1	210 Jessica Emery	WAT	U15G	33.19
2	300 Libby Taylor	SBH	U11B	18.91
3	274 Vivien Brown	SNH	SW	18.23
4	204 Taia Tunstall	WAT	U15G	17.83
5	296 Ewelina Suchowiecka (F34)	SNH	U17w	9.10

Javelin (Men)

1	280 Will Marklew	SNH	U20M	54.84
2	281 Harry Newenham	CONAC	SM	47.83
3	279 Patrick Semark	HPX	U20B	41.13
4	209 Jason List	SNH	U15B	30.47
5	207 David Neilson (F37)	Chelm	SM/F37	20.29
6	272 Ralph Williams	SNH	U15B	13.99

Javelin (Women)

1	284 Alisha Levy	SNH	U17W	35.62
2	283 Siobhan Rapacchi	SNH	U20W	32.70
3	286 Abi Jones	Chiltern	U17W	32.69
4	210 Jessica Emery	WAT	U15G	30.48
5	295 Olivia Steele	HAWCS	U15G	26.41
6	296 Ewelina Suchowiecka (F35)	SNH	U17w	5.46