

## 2015 HERTS COUNTY OUTDOOR RANKING LIST

### U13 BOYS

#### 100m

12.76	Josh Horleston	HPX	13/9	Derby
13.17/13.05w	Daniel Kessi	SNH	27/9	Peterborough
13.2	Ben Freckleton	HPX	2/8	Woodford
13.3	Liam Mvula	WAT	2/8	Luton
13.4	Michael Armstrong	D&T	6/9	Thurrock
13.4	Ethan McGrory	StA	14/6	Basildon
13.5	Joe Renton	WAT	2/8	Luton
13.7	Theodore Holtom	StA	2/8	Luton
13.72	Deryn Fowler	WAT	19/4	Birmingham
13.8	Jacob Greaves	StA	2/8	Luton
13.8	Matthew Igbineweka	WAT	2/8	Luton
13.9/13.64w	Luca Cardines	SNH	12/7	Stevenage
14.0	Ben Winter	HPX	6/6	Hemel H
14.2	Adam Styczinski	HPX	18/7	Hemel H
14.2	Fin Wightman	D&T	13/9	Hemel H
14.2	Thomas Hiew	BAR	14/6	Peterborough
14.28/-0.8	Emmanuel Ogunsakin	SNH	4/5	Stevenage
14.3	Atahan Diamond	SNH	14/6	Basildon
14.4	Stefano Geymonat	HPX	14/6	Ware
14.4	Laurenz Dike	SNH	14/6	Basildon
14.6	Dominic Merrell	SNH	12/7	Stevenage
14.7	Bryce Breen	HPX	2/5	Twickenham
14.7	Callum Stern	HPX	2/8	Woodford
14.8	Rhys Griffiths	HPX	14/6	Ware
14.8	Daniel Stace	D&T	14/6	Ware
14.88/-0.8	Jos Ross-Brown	BAR	4/5	Stevenage
14.9	Callum Blair-Park	HPX	19/4	Cambridge
14.9	Max Batty	HPX	14/6	Ware
14.93/-0.8	Kieron Lee	BAR	4/5	Stevenage
15.00/-0.8	Boaz Ekunyan	SNH	4/5	Stevenage
15.10	Theo Thompson	SNH	28/3	Watford
15.2	Hayden Baker	HPX	14/6	Ware
15.2	Ben Cracknell	HPX	12/7	Stevenage
15.2	Ollie Wilkinson	D&T	13/9	Hemel H
15.3	Nathan Whichelow	HPX	14/6	Ware
15.5	Andrew McCann	HPX	10/5	Watford
15.5	Reece van Genderen	HPX	14/6	Ware
15.6	Archie Cooke	SNH	10/6	Watford
15.6	Alex Pickard	SNH	12/7	Stevenage
15.63/-0.8	Finn O'Connor	SNH	4/5	Stevenage
15.7	Louis Heppenstal	HPX	14/6	Ware
15.8	William Hughes	HPX	3/4	WGC
15.8	Robert Quigley	StA	12/7	Sandy
15.8	Jack Robertson	WAT	12/7	Hemel H
15.9	Ben Cracknell	HPX	3/4	WGC
15.9	Thomas Agland	HPX	14/6	Ware
15.9	Vincenzo Cacciatore	HPX	14/6	Ware
16.0	Ben Cotterell	SNH	14/6	Basildon
16.1	Thomas Stokes	HPX	14/6	Ware
16.2	Jack Kissane	WAT	7/6	Watford
16.6	Adam Blair-Park	HPX	14/6	Ware
16.6	George Grubb	HPX	12/7	Stevenage
16.7	Matthew Jolley	HPX	2/8	Woodford
16.7	Fraser Porter	SNH	14/6	Basildon
16.70/-0.8	Lounis Guemache	SNH	4/5	Stevenage
16.8	Oliver Dunn	WAT	7/6	Watford
17.1	Harry Mitchell	D&T	6/9	Thurrock
17.7	Thomas Conroy T37	SNH	27/6	Warwick

**200m**

26.8	Ethan McGrory	StA	2/8	Luton
27.14	Josh Horleston	HPX	13/9	Derby
27.3	Michael Armstrong	D&T	13/9	Hemel H
27.6	Ben Freckleton	HPX	18/7	Hemel H
28.0	Theodore Holtom	StA	2/8	Luton
28.1	Joe Renton	WAT	12/7	Hemel H
28.19/0.4	Ollie Owen	SNH	12/9	Stevenage
28.3	Jacob Greaves	StA	2/8	Luton
28.4	Daniel Kessi	SNH	19/4	Ipswich
28.6	Jack Robertson	WAT	2/8	Luton
28.81	Luca Cardines	SNH	6/9	Bedford
28.99	Feran Ogunsakin	SNH	24/6	Birmingham
29.1	Bryce Breen	HPX	10/5	Watford
29.25/0.2	Emmanuel Ogunsakin	SNH	4/5	Stevenage
29.57/0.2	Fin Wightman	D&T	4/5	Stevenage
29.5	Deryn Fowler	WAT	10/5	Watford
29.6	Joel Evans	SNH	6/6	Hemel H
29.8	Joel James	D&T	10/5	Watford
29.9	Rhys Griffiths	HPX	2/8	Woodford
30.29/0.4	Theo Thompson	SNH	12/9	Stevenage
30.4	Daniel Stace	D&T	14/6	Ware
30.4	Liam Mvula	WAT	10/5	Watford
30.5	Adam Jolly	D&T	12/7	Hemel H
30.52/-1.9	Laurenz Dike	SNH	2/8	Hendon
30.8	Tom Hughes	HPX	10/5	Watford
30.8	Morgan Hume	StA	10/5	Watford
31.0	Euan Woodliffe	HPX	10/5	Watford
31.07/-3.1	Boaz Ekunyan	SNH	4/5	Stevenage
31.17/-1.7	Dominic Merrell	SNH	2/8	Hendon
31.2	Callum Stern	HPX	19/4	Cambridge
31.6	Ben Cracknell	HPX	12/7	Stevenage
31.6	Alahan Diamond	SNH	19/4	Ipswich
31.9	Hayden Baker	HPX	14/6	Ware
32.0	Alex Pickard	SNH	14/6	Basildon
32.05/0.2	Ben Sloan	Harlow	4/5	Stevenage
32.1	Freddie Truman-Williams	D&T	10/5	Watford
32.2	Andrew McCann	HPX	10/5	Watford
32.3	Daniel Gill	HPX	12/7	Stevenage
32.3	Sam Cooper	HPX	2/8	Woodford
32.4	Luca Stubbs	SBH	19/4	Grays
32.5	Nathan Whichelow	HPX	14/6	Ware
32.5	Isaac Barker	D&T	14/6	Ware
32.5	Robert Quigley	StA	10/5	Watford
32.5	Archie Cooke	SNH	12/7	Stevenage
32.69	Dominic Burger	D&T	2/8	Hendon
32.8	Daniel Bentham	LUT	21/6	Luton
32.9	Ben Crooks	HPX	10/6	Watford
33.1	Reece van Genderen	HPX	12/7	Stevenage
33.2	Ben Cotterell	SNH	12/7	Stevenage
33.8	Thomas Agland	HPX	14/6	Ware
33.8	Sam Sloan	Harl	12/7	Hemel H
34.14/0.6	Jake Day	SNH	12/9	Stevenage
34.2	Joe Snowball	HPX	3/4	WGC
34.6	Alex Neate	HPX	12/7	Stevenage
34.9	Adam Blair-Park	HPX	14/6	Ware
35.6	George Grubb	HPX	2/5	Twickenham
35.8	Ben Payne	D&T	19/4	Cambridge
36.5	Callum Clarke	HPX	14/6	Ware
37.5	Harry Mitchell	D&T	6/9	Thurrock

**800m**

2:23.5	Michael Armstrong	D&T	6/9	Thurrock
2:24.39	Adam Jolly	D&T	4/5	Stevenage
2:27.8	Jack Dickinson	StA	12/7	Sandy
2:28.19	Thomas Hughes	HPX	12/8	Watford
2:29.13	Callum Nicholson	HPX	26/7	Kingston
2:29.71	William Hughes	HPX	12/8	Watford
2:30.6	Ben Sloan	Harlow	10/5	Chelmsford
2:31.08	Bryce Breen	HPX	4/5	Stevenage
2:33.5	Daniel Gill	HPX	12/7	Stevenage
2:34.9	Euan Woodliffe	HPX	14/6	Ware
2:35.4	Ollie Owen	SNH	19/7	Hemel H
2:35.65	Luca Stubbs	SBH	27/6	Hendon
2:36.1	Emmanuel Ogunsakin	SNH	10/5	Peterborough
2:36.2	Robert Quigley	StA	10/6	Watford
2:37.2	Daniel Bentham	LUT	12/7	Stevenage
2:39.1	Stefan Geymonat	HPX	12/7	Stevenage
2:39.9	Brandon Reid	HPX	12/7	Stevenage
2:39.9	Jamie Bailey	D&T	10/6	Watford
2:40.4	Sam Cooper	HPX	12/7	Stevenage
2:41.6	Thomas Cadenhead	WAT	2/8	Luton
2:41.90	Morgan Hume	StA	12/8	Watford
2:42.9	Edward Sanders	HPX	14/6	Ware
2:44.0	Daniel Stace	D&T	10/5	Watford
2:44.7	Tom Hughes	HPX	3/4	WGC
2:45.48	Anthony Gregori	BAR	4/5	Stevenage
2:45.7	Ben Cracknell	HPX	12/7	Stevenage
2:46.17	Kieron Lee	BAR	4/5	Stevenage
2:46.3	Ben Cotterell	SNH	14/6	Basildon
2:46.6	Tom J Hughes	HPX	10/5	Watford
2:46.98	Theo Thompson	SNH	2/8	Hendon
2:47.3	Andrew McCann	HPX	12/7	Stevenage
2:47.3	Max Eland	HPX	12/7	Stevenage
2:47.3	Lewis Clark	WAT	10/5	Watford
2:47.4	Sam Cooper	HPX	2/8	Woodford
2:47.5	Glen Harrison	SNH	19/7	Hemel H
2:47.95	Thomas Ashton	D&T	4/5	Stevenage
2:47.95	Lounis Guemache	SNH	4/5	Stevenage
2:49.23	Sam Sloan	Harlow	4/5	Stevenage
2:49.5	Oliver Crake	SNH	12/7	Stevenage
2:49.8	Ben Payne	D&T	10/5	Watford
2:51.3	Finn Leuzzi	HPX	14/6	Ware
2:51.3	Edward Sanders	HPX	2/8	Woodford
2:51.6	Ollie Wilkinson	D&T	19/7	Hemel H
2:53.3	Ciaran Kilbane	WAT	10/6	Watford
2:55.4	Joe Snowball	HPX	3/4	WGC
2:55.49	Elliot Kitchener	D&T	2/8	Hendon
2:56.0	Reece van Genderen	HPX	10/5	Watford
2:57.8	George Grubb	HPX	12/7	Stevenage
2:58.3	Thomas Bloom	HPX	10/5	Watford
2:58.8	Finn Leuzzi	HPX	2/8	Woodford
3:00.26	Daniel Kessi	SNH	12/9	Stevenage
3:01.4	Sam Beasley	WAT	7/6	Watford
3:02.36	Laurenz Dike	SNH	12/9	Stevenage
3:03.1	Rhys Griffiths	HPX	2/8	Woodford
3:05.42	Adam Starkey	SNH	2/8	Hendon
3:05.7	George Grubb	HPX	2/5	Twickenham
3:05.89	Archie Cooke	SNH	12/9	Stevenage
3:06.0	Oliver Dunn	WAT	7/6	Watford
3:07.6	Matthew Jolley	HPX	12/7	Stevenage
3:10.3	Samuel Grayson	SNH	10/6	Watford
3:15.9	Joseph Taylor-Campbell	HPX	3/4	WGC
3:17.5	Harry Mitchell	D&T	10/5	Watford
3:19.7	Thomas Stokes	HPX	12/7	Stevenage

3:23.2	Charlie Grayson	SNH	10/6	Watford
3:27.2	Callum Clarke	HPX	3/4	WGC

### 1500m

4:52.86	William Hughes	HPX	26/7	Kingston
4:56.7	Callum Nicholson	HPX	2/8	Woodford
4:57.31	Adam Jolly	D&T	17/5	Watford
4:58.1	Luca Stubbs	SBH	6/9	Grays
5:03.18	Bryce Breen	HPX	17/5	Watford
5:05.4	Jamie Bailey	D&T	12/7	Hemel H
5:05.4	Robert Quigley	StA	14//6	Basildon
5:06.7	Thomas Cooper	StA	2/8	Luton
5:09.17	Louis Hunt	Harrow	17/5	Watford
5:09.6	Freddie Truman-Williams	D&T	12/7	Hemel H
5:11.9	Ben Sloan	Harl	19/4	Cambridge
5:13.3	Daniel Gill	HPX	18/7	Hemel H
5:16.31	Daniel Bentham	LUT	29/7	Watford
5:21.25	Harry Hatton	SNH	6/9	Bedford
5:22.6	Isaac Evans	HPX	12/7	Stevenage
5:23.3	Ben Crooks	HPX	2/8	Woodford
5:23.8	Max Eland	HPX	14/6	Ware
5:25.2	Callum Blair-Park	HPX	14/6	Ware
5:30.00	Oliver Crake	SNH	6/9	Bedford
5:30.2	Thomas Ashton	D&T	19/4	Cambridge
5:33.83	Lounis Guemache	SNH	17/5	Watford
5:35.5	Sam Sloan	Harl	10/5	Chelmsford
5:40.7	Brandon Reid	HPX	6/6	Hemel H
5:48.4	Lewis Clark	WAT	12/7	Hemel H
5:51.0	Morgan Hume	StA	2/8	Luton
5:52.0	Joshua Hurst	WAT	10/5	Watford
5:56.7	Harry Nation	SNH	12/7	Stevenage
6:01.46	Atahan Diamond	SNH	2/8	Hendon
6:23.7	Ciaran Kilbane	WAT	10/5	Watford
6:26.9	Sebastian Brooke	SNH	14/6	Basildon
6:37.2	Toby Cracknell	HPX	2/5	Twickenham
6:46.2	Adam Starkey	SNH	12/7	Stevenage
6:55.0	Charlie Grayson	SNH	12/7	Stevenage
7:00.6	Samuel Grayson	SNH	12/7	Stevenage

### 75H

12.8	Daniel Kessi	SNH	6/6	Hemel H
13.0	Ethan McGrory	StA	14.6	Basildon
13.5	Callum Stern	HPX	18/7	Hemel H
13.5	Ollie Owen	SNH	19/7	Hemel H
13.7	Adam Styczinski	HPX	18/7	Hemel H
13.9	Joel Evans	SNH	12/9	Stevenage
14.0	Ollie Wilkinson	D&T	19/7	Hemel H
14.0	Fin Wightman	D&T	19/7	Hemel H
14.1	Lucas Blackwell	HPX	6/6	Hemel H
14.1	Glenn Harrison	SNH	12/9	Stevenage
14.5	Joshua Horleston	HPX	21/6	Winchester
14.8	Glenn Harrison	SNH	19/7	Hemel H
15.0	Atahan Diamond	SNH	14/6	Basildon
15.4	Daniel Stace	D&T	19/7	Hemel H
15.4	Luca Stubbs	SBH	19/7	Hemel H
15.5	Theodore Holtom	StA	19/4	Bedford
15.9	Vincenzo Cacciatore	HPX	14/6	Ware
16.0	Dominic Merrell	SNH	12/7	Stevenage
16.1	Euan Woodliffe	HPX	10/6	Watford
16.1	Joshua Conway	D&T	12/7	Hemel H
16.4	Adam Jolly	D&T	19/7	Hemel H
16.6	Thomas Cadenhead	WAT	2/8	Luton
16.6	Emmanuel Ogunsakin	SNH	14/6	Basildon

16.7	Laurenz Dike	SNH	12/7	Stevenage
16.8	Nathan Whichelow	HPX	14/6	Ware
18.1	Thomas Ashton	D&T	19/7	Hemel H

## HJ

1.45	Glenn Harrison	SNH	19/7	Hemel H
1.43	Joe Renton	WAT	2/8	Luton
1.40	Ollie Owen	SNH	6/9	Bedford
1.33	Fin Wightman	D&T	19/7	Hemel H
1.32	Ethan McGrory	StA	19/4	Bedford
1.30	Adam Styczinski	HPX	18/7	Hemel H
1.30	Emmanuel Ogunsakin	SNH	4/5	Stevenage
1.25	Louis Heppenstall	HPX	12/7	Stevenage
1.25	Max Eland	HPX	12/7	Stevenage
1.25	Brandon Reid	HPX	12/7	Stevenage
1.25	Ollie Wilkinson	D&T	12/7	Hemel H
1.25	Ben Sloan	Harl	10/5	Chelmsford
1.24	Daniel Stace	D&T	19/7	Hemel H
1.20	Theo Thompson	SNH	2/8	Hendon
1.18	Luca Stubbs	SBH	19/7	Hemel H
1.15	Thomas Stokes	HPX	10/5	Watford
1.15	William Hughes	HPX	2/8	Woodford
1.15	Elliot Kitchener	D&T	2/8	Hendon
1.15	Jacob Burgess	SNH	19/4	Ipswich
1.15	Laurenz Dike	SNH	14/6	Basildon
1.12	Adam Jolly	D&T	19/7	Hemel H
1.10	Callum Stern	HPX	2/5	Twickenham
1.10	Dominic Burger	D&T	19/4	Cambridge
1.10	George Hurley	D&T	12/7	Hemel H
1.10	Lewis Clark	WAT	10/5	Watford
1.00	Thomas Ashton	D&T	19/7	Hemel H

## PV

2.30	Bryce Breen	HPX	14/6	Ware
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## LJ

4.84/0.8	Josh Horleston	HPX	26/7	Kingston
4.77	Michael Armstrong	D&T	6/9	Thurrock
4.64	Dominic Burger	D&T	2/8	Hendon
4.60	Daniel Kessi	SNH	10/5	Peterborough
4.53	Ethan McGrory	StA	2/8	Luton
4.47	Ollie Owen	SNH	19/7	Hemel H
4.35	Luke Wilson	WAT	12/7	Hemel H
4.28	Stephano Geyomat	HPX	18/7	Hemel H
4.17	Fin Wightman	D&T	13/9	Hemel H
4.14	Lucas Blackwell	HPX	6/6	Hemel H
4.13	Glenn Harrison	SNH	19/7	Hemel H
4.13	Jack Dickinson	StA	14/6	Basildon
4.12	Freddie Truman-Williams	D&T	2/8	Hendon
4.11	Daniel Stace	D&T	19/7	Hemel H
4.09	Ollie Wilkinson	D&T	13/9	Hemel H
4.07	Callum Blair-Park	HPX	19/4	Cambridge
4.05	Callum Stern	HPX	2/8	Woodford
4.05	Atahan Diamond	SNH	10/6	Watford
4.02	Joel Evans	SNH	6/6	Hemel H
4.00	Adam Jolly	D&T	19/7	Hemel H
3.96	Theo Thompson	SNH	12/9	Stevenage
3.89	Thomas Hiew	BAR	19/4	Grays
3.84	Laurenz Dike	SNH	12/9	Stevenage
3.80	Bryce Breen	HPX	10/6	Watford
3.73	William Hughes	HPX	18/7	Hemel H
3.73	Matthew Igbineweka	WAT	28/3	Watford
3.68	Isaac Barker	D&T	14/6	Ware

3.67	Jack Robertson	WAT	2/8	Luton
3.64	Brandon Reid	HPX	2/5	Twickenham
3.61	Charles Wagman	WAT	12/4	Watford
3.61	Oliver Crake	SNH	12/9	Stevenage
3.60	Reece van Genderen	HPX	12/7	Stevenage
3.59	Luca Cardines	SNH	2/8	Hendon
3.50	Thomas Ashton	D&T	10/6	Watford
3.49	Luca Stubbs	SBH	19/7	Hemel H
3.47	Ben Payne	D&T	12/7	Hemel H
3.46	Kieron Lee	BAR	4/5	Stevenage
3.45	Robert Quigley	StA	14/6	Basildon
3.45	Sam Beasley	WAT	7/6	Watford
3.45	Liam Mvula	WAT	12/7	Hemel H
3.44	Emmanuel Ogunsakin	SNH	19/4	Ipswich
3.42	Ciaran Kilbane	WAT	7/6	Watford
3.39	Jack Kissane	WAT	7/6	Watford
3.38	Boaz Ekunyan	SNH	12/7	Stevenage
3.37	Lewis Clark	WAT	12/7	Hemel H
3.35	Jos Ross-Brown	BAR	4/5	Stevenage
3.31	Oliver Dunn	WAT	7/6	Watford
3.27	Finn Leuzzi	HPX	14/6	Ware
3.25	Nathan Whichelow	HPX	12/7	Stevenage
3.24	Alex Pickard	SNH	2/8	Hendon
3.16	Thomas Hughes	HPX	14/6	Ware
3.11	Archie Cooke	SNH	12/9	Stevenage
2.98	Vincenzi Cacciatore	HPX	2/5	Twickenham
2.97	George Beasley	WAT	7/6	Watford
2.94	Joe Snowball	HPX	3/4	WGC
2.77	Thomas Stokes	HPX	10/5	Watford
2.49	Thomas Conroy/F37	SNH	9/5	Chelmsford
2.43	Callum Clarke	HPX	3/4	WGC

### SP 3.25k

10.03	Liam Mvula	WAT	2/8	Luton
8.90	Kai Tunstall	WAT	27/6	Cambridge
7.89	Glenn Harrison	SNH	6/9	Bedford
7.78	Connor McShannon	D&T	13/9	Hemel H
6.94	Ollie Owen	SNH	19/7	Hemel H
6.66	Reuben Holden	SNH	2/8	Hendon
6.62	Jacob Phillips	D&T	4/5	Stevenage
6.39	Edward Sanders	HPX	2/8	Woodford
6.36	Adam Jolly	D&T	12/7	Hemel H
6.31	Thomas Hughes	HPX	18/7	Hemel H
6.09	Fin Wightman	D&T	19/7	Hemel H
6.08	Joe Buck	WAT	14/6	Ware
6.01	Ollie Wilkinson	D&T	6/9	Thurrock
5.94	Matthew Igbineweka	WAT	12/8	Watford
5.68	Jacob Greaves	StA	19/4	Bedford
5.39	Finn Leuzzi	HPX	2/8	Woodford
5.34	Fraser Porter	SNH	14/6	Basildon
5.26	Atahan Diamond	SNH	2/8	Hendon
4.71	Robert Quigley	StA	14/6	Basildon
4.70	Luca Stubbs	SBH	19/7	Hemel H
4.45	Louis Heppenstall	HPX	12/7	Stevenage
4.43	Bryce Breen	HPX	2/5	Twickenham
4.13	Charles Wagman	WAT	12/4	Watford
4.04	Callum Stern	HPX	10/5	Watford
3.82	Jos Ross-Brown	BAR	Watford	
3.81	Daniel Gill	HPX	10/5	Watford
3.69	Daniel Stace	D&T	19/7	Hemel H
3.65	Thomas Ashton	D&T	19/7	Hemel H
3.57	Archie Cooke	SNH	12/9	Stevenage
3.47	Thomas Stokes	HPX	12/7	Stevenage

**DT 1k**

29.53	Kai Tunstall	WAT	29/7	Watford
24.33	Reuben Holden	SNH	6/9	Bedford
19.72	Laurenz Dike	SNH	12/9	Stevenage
18.03	George Hurley	D&T	12/7	Hemel H
16.85	Connor McShannon	D&T	13/9	Hemel H
16.66	Daniel Kessi	SNH	27/9	Peterborough
16.31	Thomas Hughes	HPX	10/5	Watford
14.86	Jacob Phillips	D&T	10/5	Watford
14.51	Fraser Porter	SNH	14/6	Basildon
14.30	Bryce Breen	HPX	2/8	Woodford
13.88	Sam Sloan	Harlow	10/5	Chelmsford
13.77	Theodore Holtom	StA	14/6	Basildon
13.22	William Hughes	HPX	19/4	Cambridge
12.43	Freddie Truman-Williams	D&T	6/9	Thurrock
12.06	Jacob Greaves	StA	19/4	Bedford
11.94	Ben Payne	D&T	19/4	Cambridge
11.53	Joe Buck	WAT	2/8	Luton
11.02	Ben Cotterell	SNH	6/9	Bedford
11.01	Oliver Crake	SNH	12/9	Stevenage
10.80	Thomas Ashton	D&T	19/4	Cambridge
10.64	Morgan Hume	StA	10/5	Watford
9.85	Dominic Merrell	SNH	2/8	Hendon
9.53	Jamie Bailey	D&T	6/9	Thurrock
7.83	Andrew McCann	HPX	12/7	Stevenage

**JT 400**

32.09	Thomas Cadenhead	WAT	6/6	Hemel H
25.93	Thomas Hughes	HPX	14/6	Ware
25.28	Ciaran Kilbane	WAT	8/6	Eton
22.97	Kai Tunstall	WAT	6/6	Hemel H
22.07	Reuben Holden	SNH	2/8	Hendon
21.77	Connor McShannon	D&T	13/9	Hemel H
21.11	Tom J Hughes	HPX	3/4	WGC
20.03	Thomas Hiew	BAR	14/6	Peterborough
18.81	Thomas Ashton	D&T	13/9	Hemel H
18.77	Ben Sloan	Harlow	10/5	Chelmsford
18.27	Glenn Harrison	SNH	2/8	Hendon
17.01	Adam Styczinski	HPX	12/7	Stevenage
16.61	Ethan McGrory	StA	19/4	Bedford
16.57	Callum Stern	HPX	19/4	Cambridge
16.44	Joe Buck	WAT	14/6	Ware
15.72	Louis Heppenstall	HPX	14/6	Ware
15.66	Jacob Phillips	D&T	10/5	Watford
15.32	Bryce Breen	HPX	2/8	Woodford
15.23	Ben Cotterell	SNH	12/7	Stevenage
14.83	Jacob Burgess	SNH	19/4	Ipswich
14.53	Sam Sloan	Harlow	14/6	Ware
13.50	Daniel Gill	HPX	12/7	Stevenage
13.13	Ben Cracknell	HPX	3/4	WGC
12.45	Ben Crooks	HPX	10/6	Watford
12.24	Charlie Grayson	SNH	10/6	Watford
11.17	Brandon Reid	HPX	10/5	Watford
11.00	George Hurley	D&T	12/7	Hemel H
10.57	Alec Neate	HPX	12/7	Stevenage
10.55	Theo Thompson	SNH	12/9	Stevenage
9.83	William Hughes	HPX	10/6	Watford
9.19	Isaac Evans	HPX	14/6	Ware
9.05	Harry Mitchell	D&T	10/6	Watford
9.03	Callum Clarke	HPX	3/4	WGC
7.41	Jamie Bailey	D&T	2/8	Hendon
6.68	Jake Day	SNH	12/9	Stevenage
4.86	Alex Pickard	SNH	10/6	Watford

1.75	Isaac Barker	D&T	14/6	Ware
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**Pentathlon**

1579	Ollie Owen	SNH	19/7	Hemel H
1370	Glenn Harrison	SNH	19/7	Hemel H
1288	Fin Wightman	D&T	19/7	Hemel H
1154	Adam Jolly	D&T	19/7	Hemel H
1038	Ollie Wilkinson	D&T	19/7	Hemel H
1007	Luca Stubbs	SBH	19/7	Hemel H
841	Daniel Stace	D&T	19/7	Hemel H
553	Thomas Ashton	D&T	19/7	Hemel H

**4x100**

59.01	Stevenage & NH	4/5	Stevenage
61.15	Barnet & District	4/5	Stevenage