

2015 HERTS COUNTY OUTDOOR RANKING LIST

UNDER 20 WOMEN

100 Metres

12.29/1.6	Chloe McCarthy	StA
13.23	Kara Peck	HPx
13.28/0.3	Sarena Clarke	SBH
13.3	Lauren Rule	SNH
13.5	Catherine Brooks	StA
13.7	Hannah Dark	StA
13.8	Rebecca Pickard	SNH
14.4	Kirsty Bateman-Foley	SNH
14.4	Melissa Doren	SNH
14.66	Sarah Feely	SNH
15.3	Louise Hall	Wat

200 Metres

24.25	Hannah Williams	HPx
25.29/0.9	Chloe McCarthy	StA
26.0	Lauren Rul	SNH
26.26/-1.2	Suzanne Bentley	StA
26.45	Ellie Bandy	HPx
26.8	Sophie Keeble	SNH
27.15	Sally Cowler	HPx
27.22	Rebecca Pickard	SNH
27.48/0.9	Sarena Clarke	SBH
27.5	Catherine Brooks	StA
27.55	Elena Cervi	SNH
28.19	Kara Peck	HPx
28.9	Robyn Khan	D&T
29.3	Hannah Dark	StA
29.6	Lucy Jones	D&T
29.61	Sarah Feely	SNH
29.8	Kirsty Bateman-Foley	SNH
29.8	Chloe Dearman	Wat
30.42	Shannon Rapacchi	SNH

400 Metres

53.24	Hannah Williams	HPx
56.1	Lauren Rule	SNH
58.23	Ellie Bandy	HPx
58.83	Suzanne Bentley	StA
59.6	Chloe McCarthy	StA
59.84	Sophie Keeble	SNH
62.3	Elena Cervi	SNH
62.5	Pippa Bailey	StA
63.9	Naomi Baker	StA
63.99	Rebecca Pickard	SNH
64.76	Sarah Feely	SNH
65.16	Robyn Khan	D&T
65.79	Lucy Jones	D&T
66.43	Florence Stansall-seiler	HPx
66.6	Chloe Dearman	Wat
66.62	Sally Cowler	HPx
69.8	Laura Edwards	StA
82.07	Elizabeth Doyle	HPx

800 Metres

2:17.0	Emily Ruane	HPx
2:19.1	Pippa Bailey	StA
2:24.1	Lauren Rule	SNH
2:27.1	Rachel Parlour	StA

2:29.1	Naomi Baker	StA
2:30.42	Rebecca Pickard	SNH
2:30.93	Chloe Dearman	Wat
2:32.0	Lizzie Parry	HPx
2:32.2	Sarah Feely	SNH
2:33.07	Isabel Found	HPx
2:33.52	Alicia Found	HPx
2:44.65	Sakky Cowler	HPx
3:05.2	Melissa Doran	SNH

1500 Metres

4:49.59	Natalie Connor	SBH
4:50.3	Florence Stansall-Seiler	HPx
4:55.8	Rachel Parlour	StA
5:06.6	Chloe Dearman	Wat
5:14.56	Charlotte Johnston	Bar
5:17.66	Lizzie Parry	HPx
5:22.85	Isabel Found	HPx
5:33.75	Sarah Feely	SNH
6:02.42	Phoebe Love	HPx
6:21.7	Laura Edwards	StA

3000 Metres

10:48.2	Rachel Parlour	StA
11:42.4	Chloe Dearman	Wat
11:59.6	Lizzie Parry	HPx
12:08.74	Eloise Meakins	HPx

5000 Metres

20:47.17	Chloe Dearman	Wat
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100 Metres Hurdles

16.00	Suzanne Bentley	StA
16.5	Hannah Dark	StA
17.06	Rebecca Pickard	SNH
17.35	Sally Cowler	HPx
18.19	Shannon Rapaachi	SNH
18.33	Melissa Doran	SNH
23.5	Lauren Evans	D&T

400 Metres Hurdles

62.64	Suzanne Bentley	StA
70.8	Rebecca Pickard	SNH
71.64	Rebecca Hurley	SBH
80.21	Melissa Doran	SNH

1500 Metres Steeplechase

5:11.22	Florence Stansall-Seiler	HPx
5:47.03	Rachel Parlour	StA
6:03.9	Sarah Grover	D&T

2000 Metres Steeplechase

8:11.9	Sarah Grover	D&T
9:40.49	Ella Lloyd	HPx
9:46.1	Sophie Morris	D&T

4 x 100 Metres Relay

52.26	Herts Phoenix	
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4 x 400 Metres Relay

4:15.9	Herts Phoenix	
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High Jump

1.59	Rebecca Pickaard	SNH
1.57	Sally Cowler	HPx
1.50	Shannon Rapaachi	SNH
1.40	Alice Townend	StA
1.40	Rachel Ward	HAWCS
1.35	Martha Huggins	SNH
1.30	Lauren Evans	D&T
1.05	Chloe Dearman	Wat

Pole Vault

3.15	Shannon Rapaachi	SNH
3.05	Martha Huggins	SNH
3.00	Ellie Thompson	D&T
2.35	Lauren Evans	D&T

Long Jump

5.21	Sally Cowler	HPx
5.18	Rebecca Pickard	SNH
5.07/2.0	Catherine Brooks	StA
5.00/0.7	Chloe Rixon	SBH
4.52	Lucy Jones	D&T
4.19	Martha Huggions	SNH
3.94	Sarah Feely	SNH
3.66	Kirsty Bateman-Foley	SNH
3.29	Laura Edwards	StA
3.19	Siobhan Rapaachi	SNH

Triple Jump

11.20/1.5	Kara Peck	HPx
10.04	Catherine Brooks	StA
9.71	Lucy Jones	D&T
9.62	Shannon Rapaachi	SNH
9.29	Martha Huggins	SNH
8.83	Lauren Evans	D&T
7.64	Alessandra Stevens	SNH

Shot

9.25	Catherine Brooks	StA
9.20	Alice Townend	StA
8.38	Robyn Khan	D&T
8.03	Rebecca Pickard	SNH
7.81	Sally Cowler	HPx
7.26	Melissa Doran	SNH
7.15	Siobhan Rapaachi	SNH
6.83	Caitlin Filby	D&T
6.64	Megan Breen	HPx
6.37	Kirsty Bateman-Foley	SNH
6.22	Sophie Keeble	SNH
5.97	Kara Peck	HPx
5.76	Hannah Dark	StA
5.73	Sarah Feely	SNH

Discus

30.37	Fiona McQuire	SBH
27.65	Alice Townend	StA
26.01	Caitlin Filby	D&T
24.60	Lilly Lee	StA
22.33	Siobhan Rapaachi	SNH
20.85	Claire Baxter	Chil
19.09	Eleanor Moss	HPx
17.81	Megan Breen	HPx
17.77	Kirsty Bateman-Foley	SNH
17.21	Chloe Dearman	Wat

17.10	Heather Kerby F44	Wat
13.96	Hannah Dark	StA
13.89	Melissa Doran	SNH

Hammer

35.64	Alessandra Stevens	SNH
30.83	Caitlin Filby	D&T
23.44	Megan Breen	HPx
22.58	Alice Townend	StA
21.00	Chloe Dearman	Wat
20.25	Robyn Khan	D&T
19.93	Melissa Doran	SNH
9.32	Kara Peck	HPx

Javelin

36.54	Kirsty Bateman-Foley	SNH
33.19	Siobhan Rapaachi	SNH
31.67	Lilly Lee	StA
31.33	Eleanor Moss	HPx
26.81	Sally Cowler	HPx
21.13	Melissa Doran	SNH
21.07	Rebecca Pickard	SNH
14.18	Alice Townend	StA
11.43	Megan Breen	HPx
7.90	Laura Edwards	StA

Heptathlon

3966	Rebecca Pickard	SNH
3925	Sally Cowler	HPx
2914	M Barber	SNH