

**CHILTERN HARRIERS AC
PEDNOR 5
MONDAY 5th MAY 2014**

MEN'S RACE

POSN (MEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	1	O'GORMAN, Eddie	Chiltern Harriers AC	Veteran 40	28:15	1 st
2	2	LANGLEY, Ross	Tring RC	Senior	29:06	2 nd
3	3	MILES, Pete		Senior	29:17	3 rd
4	4	ADCOCK, Matt	Watford Harriers	Veteran 40	29:23	1 st V40
5	5	WILLIAMS, Nick	Tring RC	Senior	29:32	
6	6	MELVILLE-SMITH, Alistair	Chiltern Harriers AC	Senior	29:34	
7	7	DIXON, Thomas	Chiltern Harriers AC	Senior	29:41	
8	8	KYTE, Jon	Harrow AC	Senior	29:45	
9	9	POCKLINGTON, Tom		Senior	30:03	
10	10	STEWART, Allan	Chiltern Harriers AC	Senior	30:03	
11	11	SIKORA, Simon	Marlow Striders	Senior	30:17	
12	12	TAYLOR, Jonathan	Chiltern Harriers AC	Senior	30:18	
13	13	FOSTER, Graham	St Albans Striders	Veteran 50	30:24	1 st V50
14	14	MILES, Andy	Hillingdon AC	Veteran 50	30:55	
15	15	RUTTLEY, Paul	Watford Harriers	Veteran 40	31:21	
16	16	NEEDLEMAN, Ian	Dacorum & Tring	Veteran 50	31:28	
17	17	BRAYBROOK, Colin	St Albans Striders	Veteran 50	31:31	
18	18	SCHIFFER-HARTE, Ben	Burnham Joggers	Senior	31:32	
19	19	ROSE, Chris	Burnham Joggers	Veteran 50	31:42	
20	20	SULLIVAN, Nigel	Burnham Joggers	Veteran 40	31:45	
21	21	DIXON, Dave	Watford Joggers	Veteran 40	31:50	
22	22	BRADLEY, Mikk	Watford Harriers	Veteran 50	32:03	
23	24	THOMAS, Hywel	Chiltern Harriers AC	Veteran 40	32:20	
24	25	TAYLOR, Colin	Watford Joggers	Veteran 50	32:24	
25	26	KING, Cliff	Trail Runners Association	Veteran 40	32:27	
26	28	FULLER, Bob		Veteran 50	32:37	
27	30	WALKER, Peter	Burnham Joggers	Veteran 40	32:41	
28	32	GADDIE, Robert	Ashmei RC	Veteran 40	32:48	
29	33	DIXON, Scott	Hillingdon AC	Veteran 40	32:55	
30	34	O'GRADY, John		Veteran 40	32:57	
31	35	GOODWIN, Scott	Watford Joggers	Senior	33:05	
32	36	JAMES, Brian	Watford Joggers	Veteran 60	33:11	1 st V60
33	37	WORSFOLD, Mike	Chiltern Harriers AC	Veteran 40	33:14	
34	38	NEWMAN, David	Hillingdon AC	Veteran 50	33:34	
35	39	HICKMAN, Andrew		Veteran 40	33:35	
36	40	TREMAINE, Robin	Watford Joggers	Veteran 50	33:37	
37	41	VALLIS, Keith	Overton Harriers & AC	Veteran 40	33:42	
38	44	VOCKINS, Richard		Senior	33:58	
39	46	LARK, Trevor	Tring RC	Veteran 50	34:11	
40	47	KELLY, Tim	Vale Of Aylesbury	Veteran 60	34:25	
41	49	MAYOH, Graham	Watford Harriers	Veteran 40	34:32	
42	50	BLOOM, Richard	Herts Phoenix	Veteran 60	34:53	
43	51	PALMER, Richard		Senior	34:56	
44	52	ANGUS, Andrew	Watford Harriers	Veteran 50	34:59	
45	53	FIRMAN, Chris	Burnham Joggers	Veteran 40	35:07	
46	55	ROBERTS, Alan	Vale Of Aylesbury	Veteran 50	35:12	
47	56	WHITAKER, Grant	Chiltern Harriers AC	Veteran 50	35:13	
48	57	BRYAN, Jerry	Barnet & District AC	Veteran 50	35:16	
49	58	PACKHAM, Anthony	Shaftesbury Barnet Harriers	Veteran 60	35:20	
50	59	WELDON, Ciaran	Watford Harriers	Veteran 40	35:23	
51	60	ILLING, Paul	Watford Harriers	Veteran 40	35:25	
52	62	WATSON, Giles		Veteran 50	35:29	
53	63	BICKLEY, Phil	Burnham Joggers	Veteran 40	35:31	
54	64	MCCORMACK, Ade	Chiltern Harriers AC	Veteran 50	35:33	
55	65	EWIN, Colin	Garden City Runners	Veteran 60	35:34	
56	66	WILD, David		Veteran 40	35:37	
57	67	KLIKIS, Pani	Chiltern Harriers AC	Veteran 50	35:46	
58	68	PASSEY, Duncan		Senior	35:46	
59	69	BULL, Howard	St Albans Striders	Senior	35:47	
60	70	TALBOT, Rob	Burnham Joggers	Senior	35:50	
61	71	GREENHALGH, Alan		Veteran 50	35:54	
62	72	MAINWARING, Rupert	Gade Valley Harriers	Senior	35:57	
63	73	MARSHALL, David		Veteran 40	36:06	
64	74	STEWART, Andrew	Chiltern Harriers AC	Veteran 50	36:07	

POSN (MEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
65	76	COOPER, Neil	Chiltern Harriers AC	Veteran 50	36:36	
66	80	HALL, Steve	Chiltern Harriers AC	Veteran 40	36:50	
67	81	PARRY, Alister	Garden City Runners	Veteran 40	36:52	
68	82	BORRILL, Stuart	Watford Joggers	Veteran 40	36:53	
69	84	BELCHAMBER, Roy	Ashmei RC	Veteran 40	37:01	
70	85	FOSKETT, Richard	Herts Phoenix	Veteran 50	37:06	
71	86	BOURNE, Antony	Marlow Striders	Veteran 40	37:08	
72	87	MALDEN, Ted		Veteran 50	37:16	
73	88	HOPE, John	St Albans Striders	Veteran 60	37:37	
74	89	NORCOTT, Lee	Burnham Joggers	Senior	37:40	
75	90	MANNION, Des	Handy Cross Runners	Veteran 40	37:44	
76	91	HEDGE, Terry	Watford Harriers	Veteran 50	37:46	
77	93	ROSE, Nigel	Marlow Striders	Veteran 60	37:59	
78	94	MARTIN, Glen	Chiltern Harriers AC	Veteran 40	38:08	
79	98	MELDRUM, Samuel	Chiltern Harriers AC	Veteran 40	38:35	
80	99	WELLAND, Elliot	Ashmei RC	Senior	38:39	
81	100	BROOKE, Stuart	Ashmei RC	Veteran 40	38:43	
82	101	IRWIN, John	Burnham Joggers	Veteran 60	38:44	
83	102	PRICE, Simon		Senior	38:46	
84	103	PALMER, Richard		Senior	38:48	
85	106	BROWN, Jim	Fairlands Valley Spartans	Veteran 60	38:59	
86	109	FERGUSON, Bruce		Veteran 50	39:20	
87	110	BURCHETT, Dominic	Burnham Joggers	Junior	39:22	1 st Junior
88	111	BOYDEN-WILSON, Steve	Chiltern Harriers AC	Veteran 50	39:24	
89	112	HATTON, Michael		Veteran 50	39:27	
90	114	TAYLOR, Keith	Watford Joggers	Veteran 50	39:34	
91	118	KENNETT, Roland	Triathlon England	Veteran 50	40:06	
92	120	SMITH, John		Veteran 70	40:11	
93	122	DYER, Paul		Veteran 40	40:21	
94	124	SHEPHERD, John		Veteran 40	40:23	
95	125	FRY, Mark	Chiltern Harriers AC	Veteran 50	40:28	
96	126	YEARLEY, Paul		Veteran 50	40:34	
97	128	IRWIN, Olivir	Burnham Joggers	Senior	41:01	
98	129	TREVETTE, Brian		Veteran 60	41:07	
99	130	WETTERS, Justin		Veteran 40	41:14	
100	131	BLESSON, Greg		Veteran 40	41:38	
101	133	SLADE, Nick	Watford Joggers	Veteran 40	41:46	
102	136	PEACE, Thomas		Veteran 40	42:05	
103	137	LLOYD, Richard	Chiltern Harriers AC	Veteran 40	42:21	
104	139	RICHARDSON, Paul		Veteran 50	42:53	
105	140	DUNCAN-ANDERSON, Rob	The Brewery Shop	Senior	42:59	
106	141	FAHY, Declan	Chiltern Harriers AC	Veteran 50	43:04	
107	144	BONNICK, Ian	Watford Joggers	Veteran 50	43:49	
108	150	VAN DER SLUIJS, Peter		Veteran 40	44:08	
109	156	MCINTYRE, Rob		Veteran 50	44:54	
110	157	DUNCAN-ANDERSON, Jason		Senior	45:24	
111	159	WESSON, David		Veteran 50	45:38	
112	161	KING, Kevin		Veteran 40	46:15	
113	162	CHAPMAN, Ian	The Brewery Shop	Veteran 50	46:31	
114	163	TAYLOR, Peter	Chiltern Harriers AC	Veteran 40	46:42	
115	165	WRIGHT, Peter	Buryfields	Veteran 40	47:02	
116	166	BRAWN, Trevor	Chiltern Harriers AC	Veteran 60	47:12	
117	167	MCQUAID, Douglas	Watford Joggers	Veteran 50	47:15	
118	170	LORD, Andrew	Watford Joggers	Veteran 50	48:00	
119	171	COOPER, Neil		Veteran 50	48:02	
120	174	GILBERT, Andrew	Burnham Joggers	Veteran 40	48:32	
121	176	SINGH, Sukjit	Burnham Joggers	Veteran 50	50:11	
122	181	TRAVERS, Mark	St Albans Striders	Veteran 50	51:25	
123	188	GILBERT, Barry	Wadhurst Runners	Veteran 60	52:50	
124	194	DOYLE, Noel		Senior	54:06	
125	197	HOYLE, Raymond	Watford Harriers	Veteran 70	69:58	

WOMEN'S RACE

POSN (WOMEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	23	YOUNG, Ali	Chiltern Harriers AC	Veteran 35	32:13	1 st
2	27	REYNOLDS, Sandra	Chiltern Harriers AC	Veteran 35	32:35	2 nd
3	29	MACK, Eva	Hillingdon AC	Senior	32:39	3 rd
4	31	GRAY, Jess	Watford Joggers	Senior	32:46	
5	42	AUSTIN, Julia	Vale Of Aylesbury	Veteran 45	33:45	1 st V45
6	43	HALFORD, Angela	Watford Harriers	Veteran 35	33:54	1 st V35
7	45	PARRY, Lizzie	Herts Phoenix	Junior	34:04	1 st Junior
8	48	QUANTRILL, Sarah	Chiltern Harriers AC	Veteran 35	34:30	
9	54	BURGESS, Verna	Tring RC	Veteran 45	35:11	
10	61	NEEDLEMAN, Sarah	Chiltern Harriers AC	Junior	35:26	
11	75	JONES, Carol	Ealing, Southall & Middlesex	Veteran 55	36:17	1 st V55
12	77	SAMMES, Rachel	Burnham Joggers	Veteran 35	36:40	
13	78	CONN, Joanna	Serpentine Running Club	Veteran 35	36:43	
14	79	NI CHIOBHAIN, Lean	Chiltern Harriers AC	Senior	36:46	
15	83	PICKARD, Kate	Watford Joggers	Veteran 35	37:00	
16	92	ATTRIDGE, Michelle		Senior	37:54	
17	95	JULIN, Barbro	Marlow Striders	Veteran 45	38:26	
18	96	HAND, Jennie	Chiltern Harriers AC	Senior	38:26	
19	97	BOWLES, Ann	Marlow Striders	Veteran 55	38:34	
20	104	RALPH, Barbara	Chiltern Harriers AC	Veteran 55	38:53	
21	105	CONWAY, Fiona		Veteran 45	38:56	
22	107	THOMAS, Patricia	Ealing, Southall & Middlesex	Veteran 45	39:10	
23	108	FERGUSON, Katie	Tring RC	Senior	39:17	
24	113	BOLDEN, Melanie		Veteran 45	39:32	
25	115	LERNER, Joan		Veteran 35	39:44	
26	116	DAVIDSON, Sharon	Purple Patch Runners	Veteran 35	39:47	
27	117	HOPE, Deborah	Marlow Striders	Veteran 45	40:05	
28	119	BONNICK, Clare	Watford Joggers	Veteran 45	40:10	
29	121	LOACH, Kate	Chiltern Harriers AC	Veteran 45	40:20	
30	123	SHARMAN, Sarah	Watford Joggers	Veteran 45	40:21	
31	127	STEVENS, Christina		Senior	40:41	
32	132	OWEN, Jill	Watford Harriers	Veteran 45	41:45	
33	134	PASSEY, Tessa		Veteran 35	41:53	
34	135	SPENCER, Melanie	Hillingdon AC	Veteran 35	42:05	
35	138	REDINGTON, Alison		Veteran 35	42:26	
36	142	WELCH, Jane	Watford Joggers	Veteran 55	43:06	
37	143	GOLDHAGEN, Daisy	Tring RC	Junior	43:11	
38	145	COURT, Cathy	Tring RC	Veteran 45	43:56	
39	146	CURTIS, Tessa	Chiltern Harriers AC	Veteran 45	43:56	
40	147	DAVIDSON, Ann		Veteran 55	43:57	
41	148	FERGUSON, Sue	Tring RC	Veteran 45	44:05	
42	149	QUINN, Marcia	Watford Joggers	Veteran 45	44:07	
43	151	ARMSTRONG, Jacqueline	Watford Joggers	Veteran 45	44:25	
44	152	DOBSON, Kathryn	Thames Valley Harriers	Senior	44:41	
45	153	TOOKEY, Clare	Gade Valley Harriers	Veteran 35	44:42	
46	154	HOLFORD, Nora	Kidlington RC	Veteran 45	44:45	
47	155	RUSSELL, Kylie		Senior	44:50	
48	158	MCQUAID, Linda	Watford Joggers	Veteran 55	45:33	
49	160	KEMPSON, Miriam		Veteran 45	46:13	
50	164	HOGG, Kate	Buryfields	Veteran 35	47:01	
51	168	WILSON, Joanne		Veteran 35	47:31	
52	169	EDWARDS, Donya		Veteran 45	48:00	
53	172	DEFOE, Susan	Watford Joggers	Veteran 45	48:07	
54	173	COLTMAN, Sarah	Watford Joggers	Veteran 35	48:25	
55	175	ATTWOOD, Elspeth		Veteran 55	48:48	
56	177	YEANLEY, Carole		Veteran 45	51:11	
57	178	WALDER-DAVIS, Susanna		Veteran 35	51:12	
58	179	YALDEN, Sarah		Veteran 35	51:14	
59	180	CALDER, Fiona	Chiltern Harriers AC	Senior	51:19	
60	182	LORD, Mary	Burnham Joggers	Veteran 45	51:49	
61	183	RANKIN, Amanda	Stopsley Striders	Veteran 45	51:56	
62	184	BENNET, Jennifer		Veteran 45	52:24	
63	185	EDWARDS, Angela	Watford Joggers	Veteran 45	52:29	
64	186	FULLYLOVE, Roz	Watford Joggers	Veteran 45	52:36	
65	187	THOMAS, Mari	Ashmei RC	Senior	52:47	
66	189	KNEVITT, Nichola	Handy Cross Runners	Senior	52:51	
67	190	GLYN, Alex		Senior	52:53	
68	191	SHEPHERD, Debbie		Veteran 45	53:01	
69	192	ROWLANDS, Louisa		Veteran 35	53:01	

POSN (WOMEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
70	193	BISHOP, Fiona	Woking AC	Veteran 45	53:49	
71	195	POTTS, Laura		Senior	54:07	
72	196	HARLEY, Sarah		Senior	55:09	

FULL TEAM RESULTS

	MENS TEAM	PTS	SCORERS	POS		WOMENS TEAM	PTS	SCORERS	POS
1	Chiltern Harriers	24	E O'Gorman	1	1	Chiltern Harriers	11	A Young	1
			A Melville-Smith	6				S Reynolds	2
			D Thomas	7				S Quantrell	8
			A Stewart	10					
2	Watford Harriers	82	M Adcock	4	2	Watford Joggers	47	J Gray	4
			P Ruttley	15				K Pickard	15
			M Bradley	22				C Bonnick	28
			G Mayoh	41					
3	Burnham Joggers	84	B Schiffer-Harte	18	3	Marlow Striders	63	B Julin	17
			C Rose	19				A Bowles	19
			N Sullivan	20				D Hope	27
			P Walker	27					
4	Watford Joggers	108	D Dixon	21	4	Tring Running Club	69	V Burgess	9
			C Taylor	24				K Ferguson	23
			S Goodwin	31				D Goldhagen	37
			B James	32					
5	St Albans Striders	162	G Foster	13					
			C Braybrook	17					
			H Bull	59					
			J Hope	73					
6	Ashmei RC	258	R Gaddie	28					
			R Belchamber	69					
			E Welland	80					
			S Brooke	81					

HERTFORDSHIRE CHAMPIONSHIP MEN'S RACE

POSN (MEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	2	LANGLEY, Ross	Tring RC	Senior	29:06	1 st
2	4	ADCOCK, Matt	Watford Harriers	Veteran 40	29:23	2 nd & 1 st V40
3	5	WILLIAMS, Nick	Tring RC	Senior	29:32	3 rd
4	13	FOSTER, Graham	St Albans Striders	Veteran 50	30:24	1 st V50
5	15	RUTTLEY, Paul	Watford Harriers	Veteran 40	31:21	2 nd V40
6	16	NEEDLEMAN, Ian	Dacorum & Tring	Veteran 50	31:28	2 nd V50
7	17	BRAYBROOK, Colin	St Albans Striders	Veteran 50	31:31	3 rd V50
8	21	DIXON, Dave	Watford Joggers	Veteran 40	31:50	3 rd V40
9	25	TAYLOR, Colin	Watford Joggers	Veteran 50	32:24	
10	32	GADDIE, Robert	Ashmei RC	Veteran 40	32:48	
11	36	JAMES, Brian	Watford Joggers	Veteran 60	33:11	1 st V60
12	40	TREMAINE, Robin	Watford Joggers	Veteran 50	33:37	
13	49	MAYOH, Graham	Watford Harriers	Veteran 40	34:32	
14	50	BLOOM, Richard	Herts Phoenix	Veteran 60	34:53	2 nd V60
15	57	BRYAN, Jerry	Barnet & District AC	Veteran 50	35:16	
16	59	WELDON, Ciaran	Watford Harriers	Veteran 40	35:23	
17	60	ILLING, Paul	Watford Harriers	Veteran 40	35:25	
18	65	EWIN, Colin	Garden City Runners	Veteran 60	35:34	3 rd V60
19	69	BULL, Howard	St Albans Striders	Senior	35:47	
20	81	PARRY, Alister	Garden City Runners	Veteran 40	36:52	
21	82	BORRILL, Stuart	Watford Joggers	Veteran 40	36:53	
22	85	FOSKETT, Richard	Herts Phoenix	Veteran 50	37:06	
23	88	HOPE, John	St Albans Striders	Veteran 60	37:37	
24	91	HEDGE, Terry	Watford Harriers	Veteran 50	37:46	
25	106	BROWN, Jim	Fairlands Valley Spartans	Veteran 60	38:59	
26	114	TAYLOR, Keith	Watford Joggers	Veteran 50	39:34	
27	126	YEARLEY, Paul		Veteran 50	40:34	
28	133	SLADE, Nick	Watford Joggers	Veteran 40	41:46	
29	144	BONNICK, Ian	Watford Joggers	Veteran 50	43:49	
30	167	MCQUAID, Douglas	Watford Joggers	Veteran 50	47:15	
31	170	LORD, Andrew	Watford Joggers	Veteran 50	48:00	

HERTFORDSHIRE CHAMPIONSHIP WOMEN'S RACE

POSN (WOMEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	31	GRAY, Jess	Watford Joggers	Senior	32:46	1 st
2	43	HALFORD, Angela	Watford Harriers	Veteran 35	33:54	2 nd & 1 st V35
3	45	PARRY, Lizzie	Herts Phoenix	Junior	34:04	3 rd
4	61	NEEDLEMAN, Sarah	Chiltern Harriers AC	Junior	35:26	
5	83	PICKARD, Kate	Watford Joggers	Veteran 35	37:00	2 nd V35
6	119	BONNICK, Clare	Watford Joggers	Veteran 45	40:10	1 st V45
7	123	SHARMAN, Sarah	Watford Joggers	Veteran 45	40:21	2 nd V45
8	132	OWEN, Jill	Watford Harriers	Veteran 45	41:45	3 rd V45
9	135	SPENCER, Melanie	Hillingdon AC	Veteran 35	42:05	3 rd V35
10	142	WELCH, Jane	Watford Joggers	Veteran 55	43:06	1 st V55
11	149	QUINN, Marcia	Watford Joggers	Veteran 45	44:07	
12	158	MCQUAID, Linda	Watford Joggers	Veteran 55	45:33	2 nd V55
13	172	DEFOE, Susan	Watford Joggers	Veteran 45	48:07	
14	173	COLTMAN, Sarah	Watford Joggers	Veteran 35	48:25	
15	177	NEEDLEMAN, Sarah	Chiltern Harriers AC	Junior	51:11	
16	185	EDWARDS, Angela	Watford Joggers	Veteran 45	52:29	
17	186	FULLYLOVE, Roz	Watford Joggers	Veteran 45	52:36	
18	190	GLYN, Alex		Senior	52:53	

HERTFORDSHIRE CHAMPIONSHIP TEAM RESULTS

	COMBINED SENIOR & VETERAN MENS TEAM	PTS	SCORERS	POS
1	Watford Harriers	36	M Adcock	2
			P Ruttley	5
			G Mayoh	13
			C Weldon	16
2	Watford Joggers	40	D Dixon	8
			C Taylor	9
			B James	11
			R Tremaine	12
3	St Albans Striders	53	G Foster	4
			C Braybrook	7
			H Bull	19
			J Hope	23

	VETERAN MENS TEAM	PTS	SCORERS	POS
1	Watford Harriers	29	M Adcock	1
			P Ruttley	3
			G Mayoh	11
			C Weldon	14
2	Watford Joggers	32	D Dixon	6
			C Taylor	7
			B James	9
			R Tremaine	10
3	Watford Joggers	92	S Borrill	18
			K Taylor	23
			N Slade	25
			I Bonnick	26

	COMBINED SENIOR & VETERAN WOMENS TEAM	PTS	SCORERS	POS
1	Watford Joggers	12	J Gray	1
			K Pickard	5
			C Bonnick	6
2	Watford Joggers	28	S Sharman	7
			J Welch	10
			M Quinn	11
3	Watford Joggers	39	L McQuaid	12
			S Defoe	13
			S Coltman	14

	VETERAN WOMENS TEAM	PTS	SCORERS	POS
1	Watford Joggers	9	K Pickard	2
			C Bonnick	3
			S Sharman	4
2	Watford Joggers	24	J Welch	7
			M Quinn	8
			L McQuaid	9
3	Watford Joggers	33	S Defoe	10
			S Coltman	11
			A Edwards	12