

Hertfordshire County Veterans Cross Country Championships

Royston

16 March 2014

Men V40-59

Position	No	Time	Name	Club	Age group
1	706	33.18	Neil Miller	Bedford & County	M40
2	762	34.14	Mathew Adcock	Watford Harriers	M40
3	704	34.26	Richard McCormack	Barnet & District	M50
4	751	34.51	Graham Smith	St Albans Striders	M40
5	703	35.19	Adrian Mason	Barnet & District	M50
6	732	35.40	Andy Holt	Garden City Runners	M50
7	742	35.56	Paul Makowski	Royston Runners	M40
8	752	35.59	Colin Braybrook	St Albans Striders	M50
9	723	36.03	Bill Hawes	Gade Valley	M40
10	720	36.06	Steven Boyd	Gade Valley	M40
11	726	36.13	Guy Woollett	Gade Valley	M40
12	745	36.23	Karl Cable	Royston Runners	M50
13	739	37.17	Richard Harrison	Royston Runners	M40
14	736	37.42	Paul Greaves	Herts Phoenix	M40
15	743	37.49	Rick Ebberson	Royston Runners	M40
16	725	38.14	Dylan Wendleken	Gade Valley	M40
17	709	38.16	Chris Dunham	Bishop Stortford	M40
18	741	38.17	Graham Hill	Royston Runners	M40
19	702	38.19	Andrew Kelleher	Barnet & District	M50
20	701	38.39	Andrew Cunningham	Barnet & District	M50
21	705	38.46	Alan Morris	Barnet & District	M50
22	740	38.47	Vince Long	Royston Runners	M40
23	746	39.05	Godfrey Tofts	Royston Runners	M50
24	770	39.11	Robin Tremain	Watford Joggers	M50
25	712	39.17	Jonathon Haynes	Bishop Stortford	M50
26	724	39.22	Jon Roberts	Gade Valley	M40
27	734	39.23	Alan Routledge	Garden City Runners	M50
28	748	39.24	Paul Martin	Royston Runners	M50
29	769	39.31	Colin Taylor	Watford Joggers	M50
30	756	39.33	Jeremy Weightman	St Albans Striders	M50
31	765	39.42	Stewart Dearman	Watford Harriers	M50
32	749	39.46	Craig Dowie	St Albans Striders	M40
33	759	39.53	Michael Burgess	Tring	M50
34	760	40.11	Kevin Harding	Tring	M50
35	738	40.30	Simon Doyle	Herts Phoenix	M50
36	718	41.02	John Harris	Fairlands Valley Spartans	M50
37	730	41.04	Richard Somerset	Garden City Runners	M40
38	775	41.52	Stewart Bryant	North Herts Road Runners	M50
39	747	42.01	Paul Green	Royston Runners	M50
40	744	42.25	David Jordan	Royston Runners	M50
41	711	42.36	Chris Green	Bishop Stortford	M40
42	710	42.37	David Gray	Bishop Stortford	M40
43	772	42.39	James Gambe	Watford Joggers	M50
44	771	42.42	Marcus Edwards	Watford Joggers	M50

45	773	43.02	Paul Emery	Watford Joggers	M50
46	758	43.18	Rick Ansell	Tring	M50
47	735	43.20	Patrick Bird	Garden City Runners	M50
48	707	43.21	Mark Burkett	Bishop Stortford	M40
49	737	44.26	Richard Foskett	Herts Phoenix	M50
50	750	45.41	Andrew Hull	St Albans Striders	M40
51	713	45.30	Scott Pollack	Bishop Stortford	M50
52	753	45.56	Michael Donovan	St Albans Striders	M50
53	714	46.33	Andrew Nugent	Broxbourne	M40
54	729	46.38	Craig Stephenson	Garden City Runners	M40
55	761	46.43	Geoff Head	Tring	M50
56	757	47.08	Anthony Carolan	Stevenage & NH	M50
57	767	47.21	Rustum Khedrar	Watford Joggers	M40
58	719	48.48	Craig Bacon	Fairlands Valley Spartans	M40
59	763	49.06	Paul Illing	Watford Harriers	M40
60	721	49.46	Russell Bailey	Gade Valley	M40
61	774	50.12	Keith Taylor	Watford Joggers	M50
62	733	51.09	Dave Edwards	Garden City Runners	M50
63	768	52.01	Scott Mitchell	Watford Joggers	M40
64	766	59.21	Martin Grimsdale	Watford Harriers	M50
65	717	61.34	Mark Freeman	Fairlands Valley Spartans	M50

Teams - M40

1	Gade Valley	9;10;11;16	46
2	Royston Runners	7;13;15;18	53
3	St Albans Striders	4;8;30;32	74
4	Bishop Stortford	17;25;41;42	125
5	Watford Harriers	2;31;59;64	156

Teams - M50

1	Barnet & District	3;5;19;20	47
2	Royston Runners	12;23;28;39	102
3	Watford Joggers	24;29;43;44	140
4	Garden City Runners	6;27;47;62	142
5	Tring	33;34;46;55	168

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Men V60+

Position No	Time	Name	Club	Age Group
1	605 22.40	Des Michael	Barnet & District	M60
2	624 24.08	Brian James	Watford Joggers	M60
3	614 24.12	Peter Fitzpatrick	Herts Phoenix	M60
4	615 25.22	Richard Bloom	Herts Phoenix	M60
5	618 26.11	Geoff Russell	Royston Runners	M60
6	622 26.43	John Hope	St Albans Striders	M60
7	606 26.52	Ian McClymont	Bishops Stortford	M60
8	619 27.47	Joe Brown	Royston Runners	M60
9	608 28.07	John Cooper	Dacorum & Tring	M60
10	620 29.00	Alan Watson	Royston Runners	M60
11	616 29.17	Jim Davis	Herts Phoenix	M60
12	609 29.54	John Davis	Garden City Runners	M60
13	627 30.42	Tony Reynolds	Watford Harriers	M70
14	610 31.12	Mick Wise	Garden City Runners	M60
15	611 31.33	Trace Allen	Garden City Runners	M60
16	626 32.43	Ian Sutcliffe	North Herts Road Runners	M60
17	625 32.56	Mark Nichols	Watford Joggers	M60
18	628 35.45	Dennis Draper	Garden City Runners	M70
19	607 36.55	John Nugent	Broxbourne	M70

Teams

1	Herts Phoenix	3;4;11	18
2	Royston Runners	5;8;10	23
3	Garden City Runners	12;14;15	41

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Women 35+

Position	No	Time	Name	Club	Age Gp
1	645	22.28	Karen Murphy	Barnet & District	W45
2	644	22.28	Joanne Kent	Barnet & District	W45
3	668	22.41	Wendy Walsh	St Albans Striders	W35
4	678	23.10	Caroline Whittaker	Watford Harriers	W45
5	676	23.17	Angela Halford	Watford Harriers	W35
6	677	23.33	Moira Craft	Watford Harriers	W35
7	670	25.07	Zoe Lowe	St Albans Striders	W45
8	666	25.31	Gill Jubb	St Albans Striders	W35
9	642	25.41	Karen Bradley	Barnet & District	W45
10	655	25.57	Catherine Harris	Garden City Runners	W45
11	661	26.23	Tina Le	Royston Runners	W35
12	673	26.38	Deidre Heydecker	St Albans Striders	W55
13	671	26.49	Mandy Attree	St Albans Striders	W45
14	683	26.56	Joanne Summers	North Herts Road Runners	W45
15	674	27.09	Liz Walls	St Albans Striders	W55
16	653	27.14	Julie Simmons	Fairlands Valley Spartans	W55
17	672	27.22	Lucy Stern	St Albans Striders	W45
18	665	27.26	Caroline Crouchman	Royston Runners	W45
19	654	27.32	Virginia Bird	Garden City Runners	W45
20	656	27.41	Yvonne Jones	Garden City Runners	W45
21	643	27.56	Kirsty Johnstone	Barnet & District	W45
22	662	28.35	Janet Tofts	Royston Runners	W55
23	650	28.57	Peta Wilson	Fairlands Valley Spartans	W45
24	667	29.06	Petra Grosse	St Albans Striders	W35
25	682	29.45	Joanne Harbon	North Herts Road Runners	W45
26	659	30.08	Justine Thorpe	Herts Phoenix	W35
27	640	30.22	Stephanie English	Unattached	W35
28	663	31.16	Cheryl Boswell	Royston Runners	W55
29	641	31.22	Claire Boutle	Barnet & District	W45
30	669	31.55	Caroline Ransom	St Albans Striders	W35
31	680	32.12	Marcia Quinn	Watford Joggers	W45
32	660	32.25	Sandra Berti	Herts Phoenix	W55
33	684	33.54	Yuko Gordon	North Herts Road Runners	W55
34	657	34.02	Bernadette Byrne	Garden City Runners	W55
35	652	34.05	Lorraine Thomas	Fairlands Valley Spartans	W45
36	647	34.40	Mellissa Hudd	Broxbourne	W35
37	681	34.44	Linda McQuaid	Watford Joggers	W55
38	651	35.44	Sharon Crowley	Fairlands Valley Spartans	W55
39	658	36.13	Eleanor Draper	Garden City Runners	W65
40	679	36.48	Christine Dearman	Watford Harriers	W45
41	686	48.33	Monica Cullin	North Herts Road Runners	W65

Teams

1

St Albans Striders

3;7;8;12

30

2	Barnet & District	1;2;9;21	33
3	Watford Harriers	4;5;6;40	55
4	St Albans Striders 'B'	13;15;17;24	69
5	Royston Runners	11;18;22;28	79
6	Garden City Runners	10;19;20;34	83
7	Fairlands Valley Spartans	16;23;35;38	112
8	North Herts Road Runners	14;25;33;41	113