

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Senior Men

60m	<i>CBP 2008</i>	<i>Adam Daish</i>	<i>E&H</i>	7.08
	1	302 Mark Collins	EVAC	7.15
	2	301 Lewis Clarke	Dacorum & Tring	7.25
	3	307 Cameron Webb	Stevenage & NH	7.28
	4	306 Craig Shearer	Dacorum & Tring	7.30
	5	305 Matt Pollard	Dacorum & Tring	7.56
Ambulant disabled	T35			
		303 Kristian Fox	Stevenage & NH	9.95
200m	<i>CBP 2011</i>	<i>Antonio Infantino</i>	<i>SBH</i>	22.04
	1	307 Cameron Webb	Stevenage & NH	23.14
	2	306 Craig Shearer	Dacorum & Tring	23.75
	3	301 Lewis Clarke	Dacorum & Tring	24.01
1500m	<i>CBP 2008</i>	<i>Dan Poulton</i>	<i>SNHAC</i>	4.12.78
	1	450 Costa Michael	Barnet & District	4.40.16
Shot	<i>CBP 2011</i>	<i>Shaun Wall</i>	<i>D&T</i>	10.87
	1	445 Raymond McKenna	Watford Harriers	11.73 CBP
	2	433 Robbie Henney	Watford Harriers	11.25

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 20 Men

60m	<i>CBP 2010</i>	<i>Antonio Infantino</i>	<i>SBH</i>	7.11
	1	351 Cameron Glass	Herts Phoenix	7.25
	2	349 Peter De'Ath	Stevenage & NH	7.51
	3	350 Josh Evans	Dacorum & Tring	7.53
	4	354 Liam Sandford	Dacorum & Tring	7.74
	5	348 Joe Bayer	Dacorum & Tring	7.90
	6	355 Jason Tang	Windsor Slough Eton & H	7.94
200m	<i>CBP 2010</i>	<i>Antonio Infantino</i>	<i>SBH</i>	22.60
	1	412 Michael Edwards	Enfield & Haringey	22.68
	2	351 Cameron Glass	Herts Phoenix	23.59
	3	353 Carl Palin	St Albans AC	23.75
	4	470 Jordan Thomas	Windsor Slough Eton & H	23.77
		347 Jake Awe	St Albans AC	dns
400m	<i>CBP 2011</i>	<i>Carl Pailn</i>	<i>St Albans</i>	51.21
	1	412 Michael Edwards	Enfield & Haringey	50.44 CBP
	2	477 Liam Thompson	Barnet & District	50.54
	3	439 Lewis Keeble	Stevenage & NH	50.74
	4	349 Peter De'Ath	Stevenage & NH	52.31
		459 Jonathan Rendell	Dacorum & Tring	dnf
800m	<i>CBP 2011</i>	<i>Benjamin Parry</i>	<i>HPx</i>	1.57.89
	1	427 Oliver Glyn	Dacorum & Tring	2.03.48
1500m	<i>CBP 2011</i>	<i>Khalid Al-Abaidy</i>	<i>WSEH</i>	4.09.81
	1	398 Alex Cloona	Herts Phoenix	4.19.89
60mH	<i>CBP 2008</i>	<i>Zac Saucedo</i>	<i>E&H</i>	8.40
	1	385 Cameron McKie	St Albans AC	8.92
High Jump	<i>CBP 2010</i>	<i>Jason Hamilton</i>	<i>D&T</i>	2.03
	1	395 Tim Buckle	St Albans AC	1.85
	2	456 David Perry	St Albans AC	1.80
	3=	423 Daniel Gardner	Stevenage & NH	1.70
	3=	468 Paul Spicer	Stevenage & NH	1.70
Long Jump	<i>CBP 2007</i>	<i>Ian Simson</i>	<i>D&T</i>	6.41
	1	423 Daniel Gardner	Stevenage & NH	6.40
	2	347 Jake Awe	St Albans AC	6.38
	3	453 Kieran Moss	Windsor Slough Eton & H	6.04
	4	388 Jordan Aikman	Dacorum & Tring	6.02
	5	351 Cameron Glass	Herts Phoenix	5.62
	6	350 Josh Evans	Dacorum & Tring	5.60
	7	352 Ashley Kavanagh-King	St Albans AC	4.10
Triple Jump	<i>CBP 2010</i>	<i>Leo Lundgren</i>	<i>HPx</i>	13.50
	1	348 Joe Bayer	Dacorum & Tring	10.16
	2	350 Josh Evans	Dacorum & Tring	9.88
Shot	<i>CBP 2008</i>	<i>Ashley Ralph</i>	<i>St Albans</i>	13.77
	1	441 Chris Line	Dacorum & Tring	9.92
	2	352 Ashley Kavanagh-King	St Albans AC	8.49
Ambulant Disabled F40		455 Michael Pope	St Albans AC	7.92

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 17 Men

60m	<i>CBP 2007</i>	<i>Antonio Infantino</i>	<i>E&H</i>	<i>7.04</i>
	1	336 Luis De Silva	St Albans AC	7.30
	2	335 Eliot Copperwhite	Dacorum & Tring	7.38
	3	339 Kim Sobotie	Stevenage & NH	7.53
	4	337 Javan Foster	Herts Phoenix	7.55
	5	334 Aaron Collins	Watford Harriers	7.77
	6	338 Lemuel Kayani	St Albans AC	7.88
Ambulant disabled T37		322 Josh Scarborough	Stevenage & NH	9.45
200m	<i>CBP 2007</i>	<i>Antonio Infantino</i>	<i>E&H</i>	<i>22.55</i>
	1	339 Kim Sobotie	Stevenage & NH	22.95
	2	336 Luis De Silva	St Albans AC	23.15
	3	335 Eliot Copperwhite	Dacorum & Tring	23.43
	4	337 Javan Foster	Herts Phoenix	24.80
	5	338 Lemuel Kayani	St Albans AC	25.67
800m	<i>CBP 2011</i>	<i>Liam Dee</i>	<i>HPx</i>	<i>2.03.19</i>
	1	406 Liam Dee	Herts Phoenix	1.58.74 CBP
	2	454 Harvey O'Brart	Watford Harriers	2.04.95
	3	438 Corey Keane	Watford Harriers	2.10.18
1500m	<i>CBP 2010</i>	<i>Edward Shepherd</i>	<i>HPx</i>	<i>4.11.58</i>
	1	461 Ben Rochford	Watford Harriers	4.17.58
	2	407 Nicholas Doyle	Herts Phoenix	4.30.69
60mH	<i>CBP 2011</i>	<i>Luke Yaxley</i>	<i>St Albans</i>	<i>8.69</i>
	1	379 Max Schopp	Stevenage & NH	8.91
	2	377 Matthew Hall	Watford Harriers	8.94
	3	378 Miguel Perera	Haberdashers Askes Sch	9.70
High Jump	<i>CBP 1.93</i>	<i>Jason Hamilton</i>	<i>D&T</i>	<i>1.93</i>
	1	379 Max Schopp	Stevenage & NH	1.65
	2	383 Benjamin Eldridge	St Albans AC	1.55
	3	378 Miguel Perera	Haberdashers Askes Sch	1.50
Pole Vault	<i>CBP 4.20</i>	<i>Daniel Gardner</i>	<i>SNHAC</i>	<i>4.20</i>
	1	472 James Weller	Dacorum & Tring	3.40
	2	379 Max Schopp	Stevenage & NH	2.70
Long Jump	<i>CBP 2010</i>	<i>Courtney Hart</i>	<i>D&T</i>	<i>6.32</i>
	1	377 Matthew Hall	Watford Harriers	5.34
Ambulant disabled F37		322 Josh Scarborough	Stevenage & NH	3.20
Shot				
Ambulant disabled F 37		322 Josh Scarborough	Stevenage & NH	7.94

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 15 Boys

60m	<i>CBP 2008</i>	<i>Robert Gaylor</i>	<i>SBH</i>	<i>7.37</i>	
	Heat 1				
	1	313 Michael Forde	Enfield & Haringey	7.58	Q
	2	320 Max Price	Stevenage & NH	7.71	Q
	3	319 Albie Langdon	Herts Phoenix	8.38	q
	4	324 Dominic Webb	Herts Phoenix	8.42	q
	Heat 2				
	1	317 Junior Klutse	Stevenage & NH	7.70	Q
	2	316 Bradley Hawthorn	Herts Phoenix	8.17	Q
	3	321 Christopher Salmons	Watford Harriers	8.66	
	4	315 Alex Harrison	Herts Phoenix	8.74	
	Final				
	1	313 Michael Forde	Enfield & Haringey	7.35	CBP
	2	320 Max Price	Stevenage & NH	7.62	
	3	317 Junior Klutse	Stevenage & NH	7.63	
	4	316 Bradley Hawthorn	Herts Phoenix	8.12	
	5	324 Dominic Webb	Herts Phoenix	8.47	
	6	319 Albie Langdon	Herts Phoenix	8.50	
Ambulant disabled	T37				
		314 Joe Fundrey	NHDSA	15.00	
Ambulant disabled	T20				
		311 Ben Barber	Stevenage & NH	9.42	
200m	<i>CBP 2011</i>	<i>Kim Sobotie</i>	<i>SNHAC</i>	<i>24.20</i>	
	1	317 Junior Klutse	Stevenage & NH	25.37	
	2	316 Bradley Hawthorn	Herts Phoenix	26.42	
	3	319 Albie Langdon	Herts Phoenix	27.36	
	4	321 Christopher Salmons	Watford Harriers	27.74	
	5	365 Robert Green	Herts Phoenix	29.54	
	6	435 Dean Johal	Watford Harriers	33.43	
800m	<i>CBP 2010</i>	<i>Liam Dee</i>	<i>HPx</i>	<i>2.05.34</i>	
	1	434 Matthew Houghton	unattached	2.25.10	
	2	425 Rory Glass	Herts Phoenix	2.25.82	
	3	426 Louis Glyn	Dacorum & Tring	2.27.56	
	4	435 Dean Johal	Watford Harriers	2.48.06	
1500m	<i>CBP 2008</i>	<i>Edward Shepherd</i>	<i>HPx</i>	<i>4.36.69</i>	
	1	405 Jamie Dee	Herts Phoenix	4.13.51	CBP
	2	437 Dylan Kaye	Haberdashers Askes Schl	4.37.57	
60mH	<i>CBP 2011</i>	<i>Max Schopp</i>	<i>SNHAC</i>	<i>9.02</i>	
	1	324 Dominic Webb	Herts Phoenix	10.30	
	2	365 Robert Green	Herts Phoenix	10.74	
	3	315 Alex Harrison	Herts Phoenix	10.98	
High Jump	<i>CBP 2009</i>	<i>Christian Gaddes</i>	<i>St Albans</i>	<i>1.65</i>	
	1	318 Matthew Lally	Watford Harriers	1.71	CBP
	2	312 William Cartledge	Stevenage & NH	1.60	
Pole Vault	<i>CBP 2008</i>	<i>Daniel Gardner</i>	<i>SNHAC</i>	<i>3.20</i>	
	1	424 Nathan Gardner	Stevenage & NH	3.05	
	2	320 Max Price	Stevenage & NH	2.30	

Long Jump	<i>CBP 2008</i>	<i>Robert Gaylor</i>	<i>SBH</i>	6.23
1	316	Bradley Hawthorn	Herts Phoenix	4.83
2	318	Matthew Lally	Watford Harriers	4.79
3	425	Rory Glass	Herts Phoenix	4.44
4	312	William Cartledge	Stevenage & NH	4.30
5	365	Robert Green	Herts Phoenix	3.76
6	435	Dean Johal	Watford Harriers	3.60
Ambulant Disabled F20				
1	311	Ben Barber	Stevenage & NH	2.89
Triple Jump	<i>CBP 2008</i>	<i>Daniel Gardner</i>	<i>SNHAC</i>	10.67
1	324	Dominic Webb	Herts Phoenix	9.73
Shot Putt	<i>CBP 2008</i>	<i>Chris Line</i>	<i>D&T</i>	10.93
1	317	Junior Klutse	Stevenage & NH	11.33 CBP
Ambulant disabled F37				
1	314	Joe Fundrey	NHDSA	4.77

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Senior Women

60m	<i>CBP 2010</i>	<i>Joanna Richards</i>	<i>St Albans</i>	8.00
	1	310 Joanna Richards	St Albans AC	8.06
	2	308 Abigail Holman	Harrow AC	8.31
	3	309 Clare Marsh	Herts Phoenix	9.89
200m	<i>CBP 2010</i>	<i>Joanna Richards</i>	<i>St Albans</i>	27.55
	1	469 Lucy Spray	Bedford & County	26.84 CBP
	2	310 Joanna Richards	St Albans AC	27.15
400m	<i>CBP 2008</i>	<i>Christina Silva</i>	<i>HPx</i>	58.56
	1	389 Jessica Barber	Stevenage & NH	61.84
		392 Rachel Bentley	Watford Harriers	dnf
60mH	<i>CBP 2009</i>	<i>Natalie Farman</i>	<i>HPx</i>	9.64
	1	363 Christina Silva	Enfield & Haringey	9.54 CBP
Pole Vault	<i>CBP 2011</i>	<i>Louise Shortland</i>	<i>SNHAC</i>	3.60
	1	475 Sue Yeomans	St Albans AC	2.60
	non-scoring	363 Christina Silva	Enfield & Haringey	2.00
Long Jump	<i>CBP 2008</i>	<i>Natalie Farman</i>	<i>HPx</i>	5.04
	1	308 Abigail Holman	Harrow AC	5.26 CBP
Shot Putt	<i>CBP 2008</i>	<i>Laura Jones</i>	<i>HPx</i>	10.30
	1	309 Clare Marsh	Herts Phoenix	5.37

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 20 Women

60m	<i>CBP 2011</i>	<i>Frances Slater</i>	<i>HPx</i>	7.83
	1	361 Danielle Town	Dacorum & Tring	7.91
	2	360 Frances Slater	Herts Phoenix	7.96
	3	358 Jatila Blake	Dacorum & Tring	8.10
	4*	357 Martina Barber	Stevenage & NH	8.83
	5	359 Tosin Gbaja	Barnet & District	9.05

*Ambulant Disabled T20

Ambulant disabled T38		362 Amy Wareing	Stevenage & NH	9.50
------------------------------	--	-----------------	----------------	------

200m	<i>CBP 2009</i>	<i>Laura Wake</i>	<i>HPx</i>	5.00
	1	428 Abigail Griffiths	Herts Phoenix	26.93
	2	358 Jatila Blake	Dacorum & Tring	27.08
	3	457 Shannon Procter	Herts Phoenix	28.00

400m	<i>CBP 2008</i>	<i>Laura Wake</i>	<i>HPx</i>	58.51
	1	467 Chelsea Shurland	St Albans AC	62.57
	2	444 Catherine MacKintosh	St Albans AC	64.55
	3	386 Claire Bentley	unattached	73.30

800m	<i>CBP 2011</i>	<i>Laura Farrar</i>	<i>D&T</i>	2.19.71
	1	420 Laura Farrar	Windsor Slough Eton & H	2.22.19
	2	390 Kate Barber	Shaftesbury Barnet H	2.23.14
	3	397 Harriet Clifford	Shaftesbury Barnet H	2.24.79

1500m	<i>CBP 2011</i>	<i>Laura Farrar</i>	<i>D&T</i>	4.44.58
	1	420 Laura Farrar	Windsor Slough Eton & H	4.59.78
	2	449 Charlotte Michael	Barnet & District	5.39.63

60mH	<i>CBP 8.81</i>	<i>Claire Humphries</i>	<i>HPx</i>	8.81
	1	386 Claire Bentley	unattached	11.25

High Jump	<i>CBP 2010</i>	<i>Moe Sasegbon</i>	<i>SNHAC</i>	1.75
	1	436 Kate Jones	St Albans AC	1.65

Pole Vault	<i>CBP 2011</i>	<i>Anne Rees</i>	<i>SNHAC</i>	3.50
	1	432 Olivia Harry	Herts Phoenix	2.75
	2	471 Claire Ward	Stevenage & NH	2.45
	3	466 Rowen Seglah	St Albans AC	2.45

Long Jump	<i>CBP 2011</i>	<i>Anne Rees</i>	<i>SNHAC</i>	5.16
	1*	357 Martina Barber	Stevenage & NH	3.63
	2	421 Laura Feely	Stevenage & NH	3.51

*Ambulant Disabled F20

Triple Jump	<i>CBP 2011</i>	<i>Abigai Holman</i>	<i>Harrow</i>	11.21
	1	452 Ellie Montgomery	Herts Phoenix	8.87

Shot	<i>CBP 2008</i>	<i>Charlotte Rose</i>	<i>E&H</i>	10.81
	1	451 Sarah Miller	Herts Phoenix	8.62
	2*	357 Martina Barber	Stevenage & NH	7.32
	3	421 Laura Feely	Stevenage & NH	5.22

*Ambulant Disabled F20

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 17 Women

60m	<i>CBP 7.79</i>	<i>Charlotte Wingfield</i>	<i>E&H</i>	7.79
	1	344 Alicia Tymon-McEwan	St Albans AC	8.07
	2	342 Sophie Keeble	Stevenage & NH	8.31
	3	340 Emma Clarke	St Albans AC	8.47
	4	343 Laura Nofer	St Albans AC	8.93
Ambulant disabled T35		345 Maria Verdeille	Stevenage & NH	12.13
Ambulant disabled T38		346 Natalie Williams	Stevenage & NH	10.84
200m	<i>CBP 2007</i>	<i>Laura Wake</i>	<i>HPx</i>	25.75
	1	465 Holly Seglah	St Albans AC	27.32
	2	340 Emma Clarke	St Albans AC	27.42
	3	429 Melanie Grigg	Herts Phoenix	27.44
	4	394 Megan Breen	Herts Phoenix	29.73
400m	<i>CBP 2008</i>	<i>Deborah Willis</i>	<i>HPx</i>	60.68
	1	429 Melanie Grigg	Herts Phoenix	61.31
	2	342 Sophie Keeble	Stevenage & NH	62.50
	3	381 Suzanne Bentley	unattached	62.55
	4	462 Hetty Rudman	Barnet & District	63.70
	5	394 Megan Breen	Herts Phoenix	65.42
800m	<i>CBP 2010</i>	<i>Catherine Mackintosh</i>	<i>St Albans</i>	2.27.67
	1	396 Elena Cervi	Stevenage & NH	2.30.45
	2	422 Sarah Feely	Stevenage & NH	2.35.09
1500m	<i>CBP 2010</i>	<i>Laura Farrar</i>	<i>St Albans</i>	4.58.75
	1	404 Chloe Dearman	Watford Harriers	5.25.41
60mH	<i>CBP 2007</i>	<i>Helen van Kempen</i>	<i>HPx</i>	8.88
	1	344 Alicia Tymon-McEwan	St Albans AC	8.80 CBP
	2	343 Laura Nofer	St Albans AC	9.87
	3	382 Lauren Dewar	St Albans AC	9.93
		381 Suzanne Bentley	unattached	DNS
High Jump	<i>CBP 2010</i>	<i>Alice Rackham</i>	<i>SNHAC</i>	1.60
	1	474 Kate Wright	Stevenage & NH	1.45
	2	430 Jodie Haines	St Albans AC	1.40
Long Jump	<i>CBP 2008</i>	<i>Katie Caulfield</i>	<i>HPx</i>	5.52
	1	440 Yasmin Lakin	Shaftesbury Barnet H	4.97
	2	460 Chloe Rixon	Watford Harriers	4.64
	3	474 Kate Wright	Stevenage & NH	3.96
Ambulant disabled F38		346 Natalie Williams	Stevenage & NH	2.60
Triple Jump	<i>CBP 2010</i>	<i>Shamaala Harewood</i>	<i>Watford</i>	10.96
	1	440 Yasmin Lakin	Shaftesbury Barnet H	11.14 CBP
	2	460 Chloe Rixon	Watford Harriers	9.33
Shot Putt	<i>CBP 2007</i>	<i>Charlotte Rose</i>	<i>E&H</i>	10.17
	1	443 Sophie Macken	St Albans AC	8.14

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 4 MARCH 2012

Under 15 Girls

60m	<i>CBP 2008</i>	<i>Jodie Williams</i>	<i>HPx</i>	7.77	
	Heat 1				
	1	332 Chloe McCarthy	St Albans AC	8.19	Q
	2	325 Olivia Almond	St Albans AC	8.67	Q
	3	331 Bethany Harley	Stevenage & NH	8.80	q
	Heat 2				
	1	329 Olivia Green	Herts Phoenix	8.37	Q
	2	328 Charlotte Dowsell	St Albans AC	8.64	Q
	3	333 Nicole Mountford	St Albans AC	8.81	q
	4	330 Gemma Haines	St Albans AC	8.93	
	Final				
	1	332 Chloe McCarthy	St Albans AC	8.19	
	2	329 Olivia Green	Herts Phoenix	8.45	
	3	328 Charlotte Dowsell	St Albans AC	8.62	
	4	325 Olivia Almond	St Albans AC	8.74	
	5	333 Nicole Mountford	St Albans AC	8.82	
	6	331 Bethany Harley	Stevenage & NH	9.08	
200m	<i>CBP 2009</i>	<i>Charlotte Wingfield</i>	<i>Barnet</i>	26.07	
	Heat 1				
	1	332 Chloe McCarthy	St Albans AC	26.61	Q
	2	331 Bethany Harley	Stevenage & NH	29.13	q
	3	333 Nicole Mountford	St Albans AC	30.12	
	Heat 2				
	1	367 Sally Cowler	Herts Phoenix	27.98	Q
	2	325 Olivia Almond	St Albans AC	29.09	q
	3	328 Charlotte Dowsell	St Albans AC	29.72	q
	4	403 Bethanay Dean	Stevenage & NH	31.69	
	Final				
	1	332 Chloe McCarthy	St Albans AC	26.32	
	2	367 Sally Cowler	Herts Phoenix	27.57	
	3	325 Olivia Almond	St Albans AC	28.87	
	4	328 Charlotte Dowsell	St Albans AC	29.56	
	5	331 Bethany Harley	Stevenage & NH	29.98	
400m	<i>CBP 2008</i>	<i>Alex Gates</i>	<i>SNHAC</i>	62.35	
	1	448 Amber Meakins	Herts Phoenix	67.84	
800m	<i>CBP 2009</i>	<i>Kiera Mooney</i>	<i>CONAC</i>	2.20.16	
	1	458 Tara Procter	Herts Phoenix	2.29.96	
	2	419 Laura Edwards	St Albans AC	2.34.68	
	3	400 Niamh Cloona	Herts Phoenix	2.36.83	
	4	418 Jessica Edwards	St Albans AC	2.39.30	
	5	393 Erin Breen	Herts Phoenix	2.46.94	
	6	403 Bethanay Dean	Stevenage & NH	2.54.97	
	7	391 Lisa Barber	Stevenage & NH	3.16.40	
		368 Melissa Doran	Stevenage & NH	dnf	

60mH	<i>CBP 2010</i>	<i>Natalie Allen</i>	<i>HPx</i>	9.20	
	Heat 1				
	1	367 Sally Cowler	Herts Phoenix	9.52	
	2	327 Hannah Dark	St Albans AC	9.99	
	3	372 Rebecca Pickard	Stevenage & NH	10.17	Q
	4	370 Martha Huggins	Stevenage & NH	10.34	Q
	5	376 Alice Semark	Herts Phoenix	11.19	q
	6	366 Rebecca Beddall	Stevenage & NH	11.82	q
	Heat 2				
	1	369 Jenna Hoyte	Herts Phoenix	9.77	
	2	330 Gemma Haines	St Albans AC	10.41	
	3	374 Jessica Robinson	Windsor Slough Eton & H	10.59	Q
	4	368 Melissa Doran	Stevenage & NH	11.31	Q
	5	373 Sophie Pyle	Stevenage & NH	11.48	
		375 Millie Sandell	Herts Phoenix	dns	
	Final				
	1	367 Sally Cowler	Herts Phoenix	9.68	
	2	369 Jenna Hoyte	Herts Phoenix	9.90	
	3	327 Hannah Dark	St Albans AC	10.02	
4	330 Gemma Haines	St Albans AC	10.23		
5	372 Rebecca Pickard	Stevenage & NH	10.37		
6	370 Martha Huggins	Stevenage & NH	10.43		
High Jump	<i>CBP 2007</i>	<i>Katie Caulfield</i>	<i>Herts HPx</i>	1.60	
	1	369 Jenna Hoyte	Herts Phoenix	1.56	
	2	370 Martha Huggins	Stevenage & NH	1.53	
	3	447 Fiona McQuire	Watford Harriers	1.45	
	4	372 Rebecca Pickard	Stevenage & NH	1.45	
	5	374 Jessica Robinson	Windsor Slough Eton & H	1.40	
	6	331 Bethany Harley	Stevenage & NH	1.40	
	=7	366 Rebecca Beddall	Stevenage & NH	1.35	
	=7	330 Gemma Haines	St Albans AC	1.35	
9	325 Olivia Almond	St Albans AC	1.20		
Pole Vault	<i>CBP</i>	<i>no previous competitors</i>			
	1	370 Martha Huggins	Stevenage & NH	2.30	CBP
	2	393 Erin Breen	Herts Phoenix	2.00	
Long Jump	<i>CBP 2008</i>	<i>Jodie Williams</i>	<i>HPx</i>	5.03	
	1	367 Sally Cowler	Herts Phoenix	4.93	
	2	402 Olive Curran	Barnet & District	4.75	
	3	372 Rebecca Pickard	Stevenage & NH	4.46	
	4	328 Charlotte Dowsell	St Albans AC	3.91	
	5	391 Lisa Barber	Stevenage & NH	3.43	
Triple Jump	<i>CBP 2009</i>	<i>Sacha Dowling</i>	<i>HPx</i>	8.94	
	1	447 Fiona McQuire	Watford Harriers	9.35	CBP
Shot Putt	<i>CBP 2010</i>	<i>Natashia Hadley</i>	<i>HPx</i>	9.74	
	1	369 Jenna Hoyte	Herts Phoenix	8.60	
	2	447 Fiona McQuire	Watford Harriers	7.84	