

## **HERTS COUNTY 3000m CHAMPIONSHIPS**

Jarman Park, Hemel Hempstead

Saturday, 23 June 2012

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### **3000m Championships**

#### **Race 1**

Chris Hilton U20	SNH	9:29.2
Tom Verbena U17	WAT	9:48.4
Jamie Philpott U15	HPX	9:54.2
Jonty Wager-Leigh U15	CHIL	10:02.8
Matt Simpson U17	CHIL	10:11.3
Sam Howell U15	CHIL	10:33.0
Thomas Rayner U15	D&T	10:56.1
Jack Gladman U17	SNH	10:58.6
John Cooper M60	D&T	13:02.2
Malcolm Sargeant M60	D&T	14:21.6

#### **Race 2**

Ellie Baker U15	HPX	11:05.0
Tabitha Weddell U15	StA	11:20.4
Elizabeth Parry U17	HPX	11:25.6
Charlie Duke U15	SNH	11:25.6
Natalie Wickings U20	WAT	11:37.0
Claire Baxter U15	CHIL	11:49.7
Hannah Wardley U17	CHIL	11:55.3
Charlotte Michael U20	BAR	12:25.4
Aisling Hayward U20	HPX	13:37.5