

Hertfordshire County Veterans Cross Country Championships
Cassiobury Park, Watford
20 March 2011

Veteran Men (40-59) (5.3 miles)

Position	No	Time	Name	Club	Age group
1	2355	35.25	Paul Greaves	Herts Phoenix	M40
2	2348	35.59	Guy Woollett	Gade Valley Harriers	M40
3	2572	36.07	Jeremy Weightman	unattached	M40
4	2352	36.25	Andy Holt	Garden City Runners	M40
5	2018	36.38	Andrew Cunningham	Barnet & District	M40
6	2356	36.58	Karl Cable	Royston Runners	M40
7	2699	37.14	Dave Desborough	Garden City Runners	M50
8	2077	38.02	Costa Michael	Barnet & District	M40
9	2575	38.13	Matt Adcock	Watford Harriers	M40
10	2520	38.25	Colin Braybrook	St Albans Striders	M40
11	2358	38.43	Richard Harrison	Royston Runners	M40
12	2266	39.30	Vince Ellerby	Gade Valley Harriers	M40
13	2365	39.46	Colin Taylor	Watford Joggers	M50
14	2346	40.08	Andy Norton	Gade Valley Harriers	M40
15	2513	40.17	Godfrey Tofts	Royston Runners	M40
16	2353	40.20	Neville Porteous	Garden City Runners	M40
17	2270	40.31	Tom North	Gade Valley Harriers	M40
18	2349	40.42	Sean Bowen	Garden City Runners	M40
19	2784	41.33	Peter Williams	Herts Phoenix	M50
20	2516	41.47	Alex Windebank	Royston Runners	M40
21	2698	42.02	Patrick Bird	Garden City Runners	M50
22	2688	42.04	Graham Mayoh	Watford Harriers	M40
23	2787	42.08	Paul Green	Royston Runners	M50
24	2785	42.12	Stuart Bryant	N Herts RR	M50
25	2776	42.16	Dave Edwards	Garden City Runners	M50
26	2360	42.31	Mike Orton	Watford Harriers	M50
27	2078	42.40	Andy Tant	Broxbourne Runners	M40
28	2782	42.46	Peter Fitzpatrick	Herts Phoenix	M50
29	2359	42.55	Paul Martin	Royston Runners	M40
30	2899	43.04	Tim Cory	Watford Harriers	M50
31	2210	43.10	Steve Smithson	Fairlands Valley Spartans	M40
32	2697	43.12	Bernie Barnaby	Garden City Runners	M50
33	2361	43.39	Derek Walker	Watford Harriers	M50
34	2786	44.03	Chris Priestley	N Herts RR	M50
35	2780	44.11	Steve Williams	Garden City Runners	M50
36	2715	44.24	Michael Donovan	St Albans Striders	M50
37	2690	44.32	John Haynes	Bishops Stortford RC	M50
38	2354	44.46	Steve Trice	Garden City Runners	M40
39	2689	45.04	Paul Emery	Watford Joggers	M40
40	2519	45.35	Ray Powell	Shaftesbury BH	M40
41	2357	45.57	Malcolm Hall	Royston Runners	M40
42	2362	46.03	Vince Wilson	Watford Harriers	M50
43	2898	46.15	Andy Angus	Watford Harriers	M50
44	2366	46.50	Tim Woolridge	Watford Joggers	M50
45	2694	47.58	Ian Larman	Fairlands Valley Spartans	M50
46	2106	48.25	Paul Pickard	Fairlands Valley Spartans	M40
47	2080	48.31	Barry King	Fairlands Valley Spartans	M40
48	2998	48.36	Steve Daniel	Watford Harriers	M50
49	2351	48.43	Perry Gear	Garden City Runners	M40
50	2847	48.47	Patrick Higgins	St Albans Striders	M50
51	2777	49.56	Garry Grey	Garden City Runners	M50
52	2781	51.19	Mick Wise	Garden City Runners	M50
53	2696	52.09	Anthony White	Fairlands Valley Spartans	M50
54	2783	55.43	Mervyn Gilham	Herts Phoenix	M50

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Teams - M40

1	Gade Valley Harriers	2;12;14;17	45
2	Royston Runners	6;11;15;20	52
3	Garden City Runners	4;16;18;38	76
4	Herts Phoenix	1;19;28;54	102

Teams - M50

1	Garden City Runners	7;21;25;32	85
2	Watford Harriers	26;30;33;42	131