

**Middlesex & Herts Young Athletes Road Relays – Sunday 16 September, 2007 – Hayes, Middlesex  
Hertfordshire Results**

**Under 11 Girls Race**

8 Lydia Herridge (Barnet)	6-30	1 <sup>st</sup> Herts
9 Hetty Rudman (Barnet)	6-32	2 <sup>nd</sup> Herts
11. Gaia Casciello (Barnet)	7-20	3 <sup>rd</sup> Herts

**Under 11 Boys Race**

3. Arthur Atkinson (Barnet)	5-55	1 <sup>st</sup> Herts
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**Under 13 Girls 3 x 3000 Metres relay**

1. SBH (Rebecca Graham 12-28, Nikita Shah 13-30, Karis Mimms 11-52)	37-50
2. Barnet & District (Kirsty Conway 12-56, Beth Carter 12-47, Charlotte Wingfield 13-31)	39-14

Fastest lap – Karis Mimms (SBH) – 11-52

**Under 13 Boys 3 x 3000 Metres Relay**

No Herts teams

**Under 15 Girls 3 x 3000 Metres Relay**

1. SBH (Ciara Stewart 11-21, Laura Graham 11-22, Sophie Connor 10-41)	33-24
2. Stevenage & North Herts (Hannah Dewhurst 12-33, Sarah Pike 12-56, Claire Ward 12-33)	38-02
3. Stevenage & North Herts 'B' (Bethany Hills 13-34, Charlotte Baird 14-34, Danielle Naylor 14-27)	42-35

Also SBH 'B' (Laura Proffitt 12-45, Rianna Gurveyz 13-26)

Fastest lap – Sophie Connor (SBH) 10-41

**Under 15 Boys 3 x 3000 Metres Relay**

1. SBH (Daniel Abrey 11-07, Joe McCormick 11-22, Elliott Grossman 11-33)	34-02
2. Barnet & District (Jack Morris 12-11, Harry Holland 12-42, Michael Roscoe 12-34)	37-27

Fastest Lap – Daniel Abrey (SBH) 11-07

**Under 17 Women 3 x 3000 Metres Relay**

Incomplete team SBH (Sophie Proffitt 11-38, Hannah Johnson 13-30)

Fastest lap – Sophie Proffitt (SBH) 11-38

**Under 17 men 3 x3000 metres Relay**

1. SBH (Oliver Ilott 10-18, Niall Fleming 9-43, Evan McKenzie 9-45)	29-46
2. Stevenage & North Herts (Callum McKechnie 10-54, Josh Moss 11-33)	32-11

Also SBH 'B' (Ben Johnston 10-28, Stuart Harris 11-09)

Fastest lap – Niall Fleming (SBH) 9-43